

Rituximab (Mabthera) στην θεραπεία της Ρευματοειδούς Αρθρίτιδας

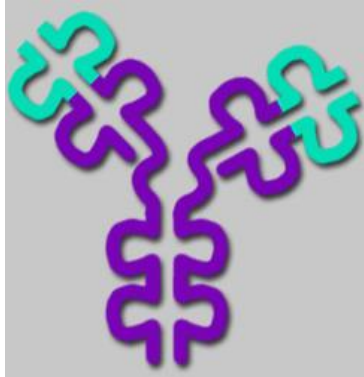
Βιδαλάκη Βαρβάρα
Ρευματολόγος

τ.αναπλ.Διευθύντρια
ΠΓΝΑ Γ.Γεννηματάς
Λαζαράκη 25 Γλυφάδα

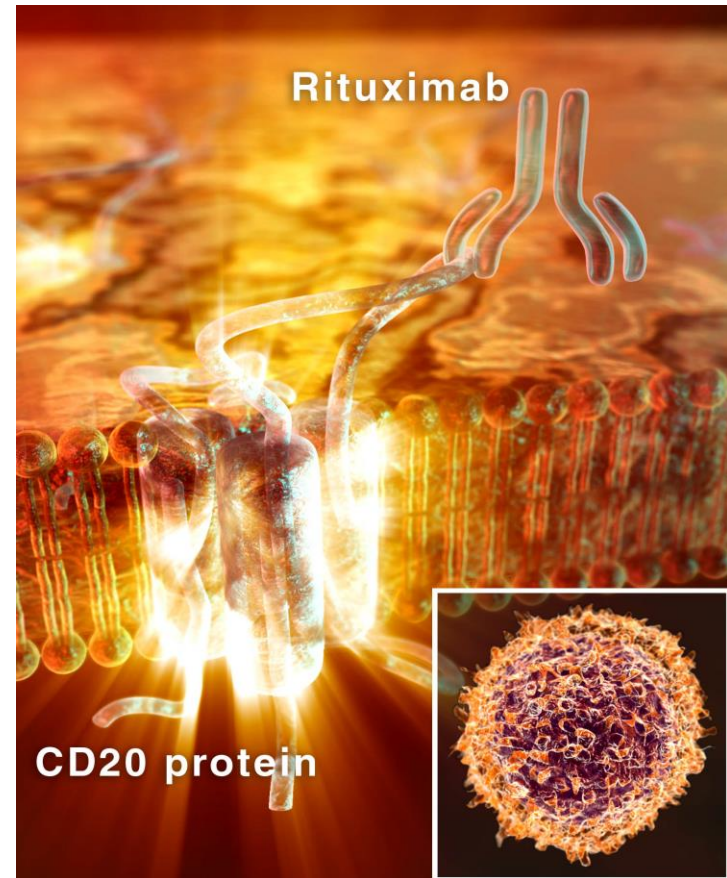
Rituximab: ένα πρωτοποριακό μόριο

Rituximab

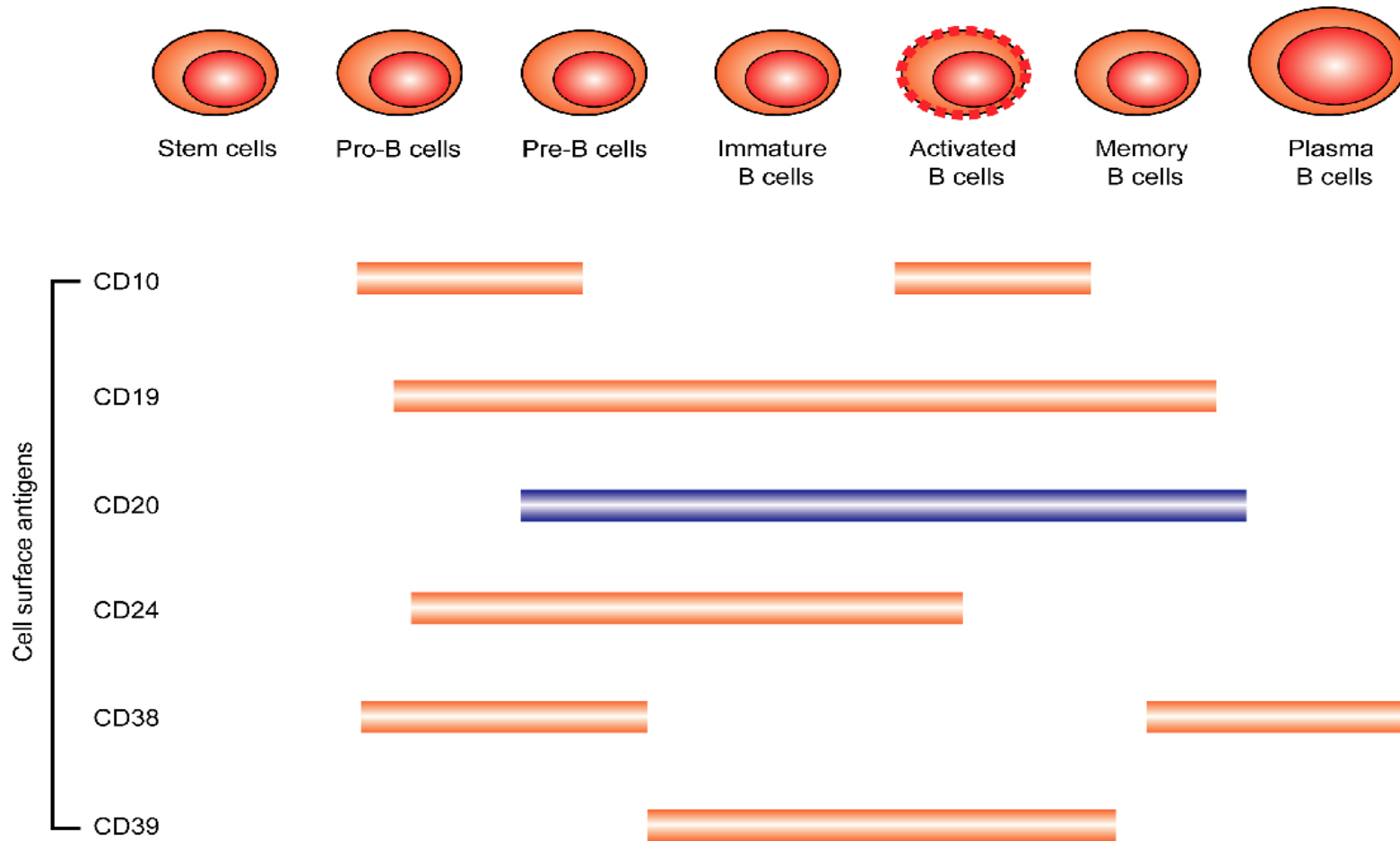
Ένα χιμαιρικό μονοκλωνικό
αντίσωμα έναντι του CD20
υποδοχέα των
B-λεμφοκυττάρων



CD20 είναι μια φωσφορυλιωμένη πρωτεΐνη
(33–37 kDa) στην επιφάνεια των B-λεμφοκυττάρων
Εκφράζεται σε συγκεκριμένους πληθυσμούς



Οντογένεση των β-λεμφοκυττάρων



Rituximab

Δεσμεύεται στο CD20 και καταστρέφει τα B κύτταρα
με τρεις μηχανισμούς:

- **Εξαρτώμενη από το συμπλήρωμα κυτταροτοξικότητα (CDC)**
- **Αντισωματο- εξαρτώμενη κυτταροτοξικότητα (ADCC) και**
 - **Επαγωγή της Απόπτωσης**

Panayi et al Rheumatology 2005; 44 (suppl 2) ; ii18-ii20

Eisenberg et al Clin.Immunol 2005 117 ; 207-213

Rituximab

Το 2006 το **Rituximab** μαζί με μεθοτρεξάτη
πήρε ένδειξη για την θεραπεία
της μέτριας έως σοβαρής ενεργού RA σε ενήλικες ασθενείς
οι οποίοι είχαν ανεπαρκή απάντηση
σε ένα ή περισσότερους αντι-TNF παράγοντες.

Η δόση του είναι
δύο εγχύσεις των 1000 mg
χορηγούμενες την 1^η και την 15^η ημέρα.

A Randomised Evaluation of Long-term Efficacy of rituximab in RA (REFLEX)

ARTHRITIS & RHEUMATISM
Vol. 54, No. 9, September 2006, pp 2793–2806
DOI 10.1002/art.22025
© 2006, American College of Rheumatology

Dr Stanley Cohen
University of Texas Southwestern Medical School, Dallas



Rituximab for Rheumatoid Arthritis Refractory to Anti-Tumor Necrosis Factor Therapy

Results of a Multicenter, Randomized, Double-Blind, Placebo-Controlled,
Phase III Trial Evaluating Primary Efficacy and Safety at Twenty-Four Weeks

Stanley B. Cohen,¹ Paul Emery,² Maria W. G
Mark C. Genovese,⁶ Edward C. Keystone,⁷
Matthew W. Cravets,¹⁰ Eva W. Hessey,¹
for the REFLEX

520 ασθενείς/ TNF-IR

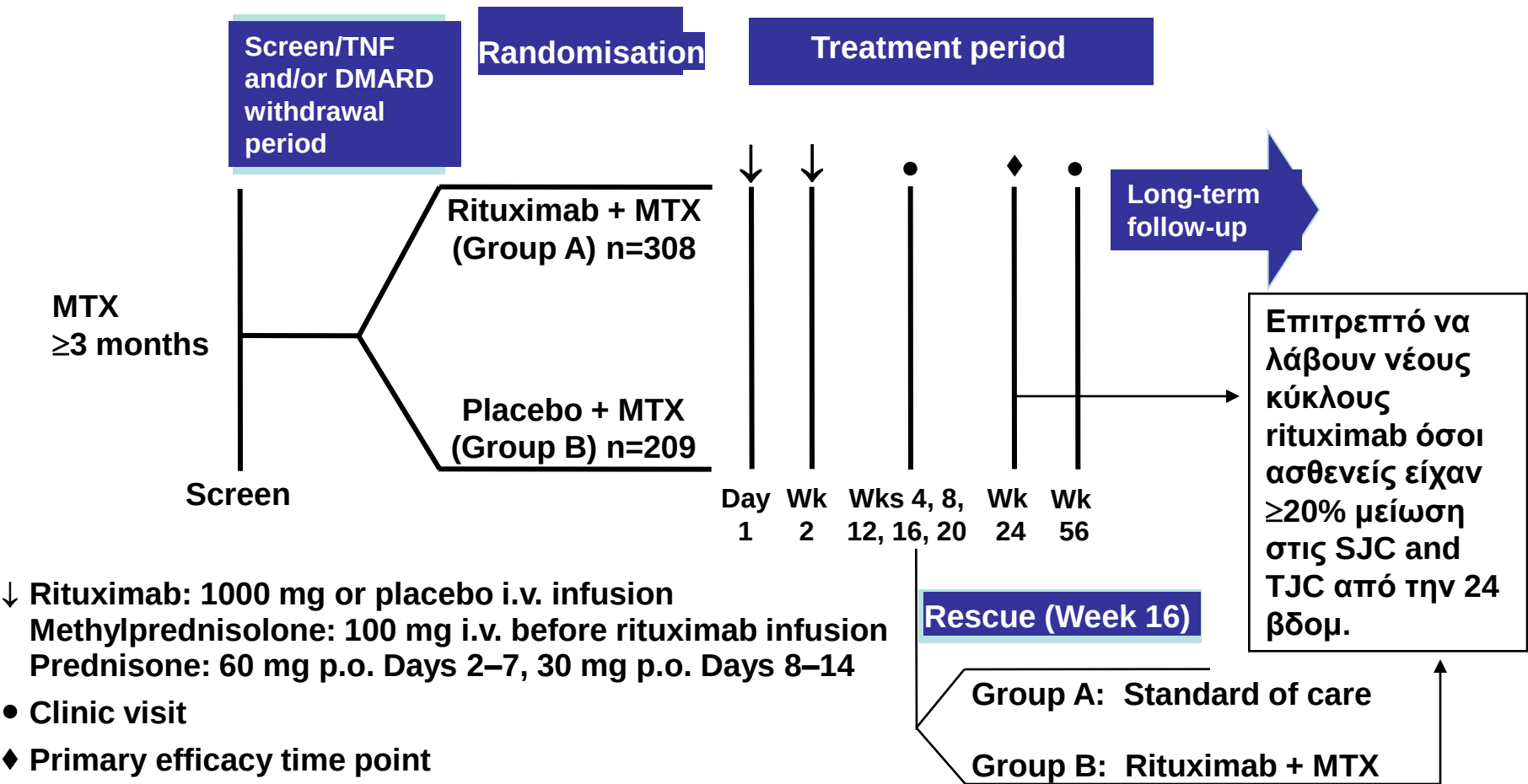
Βαρεία PA- DAS28=6,9

Πρωτογενής στόχος: ACR20 την 24 βδομ.

Δευτερογενής στόχος:

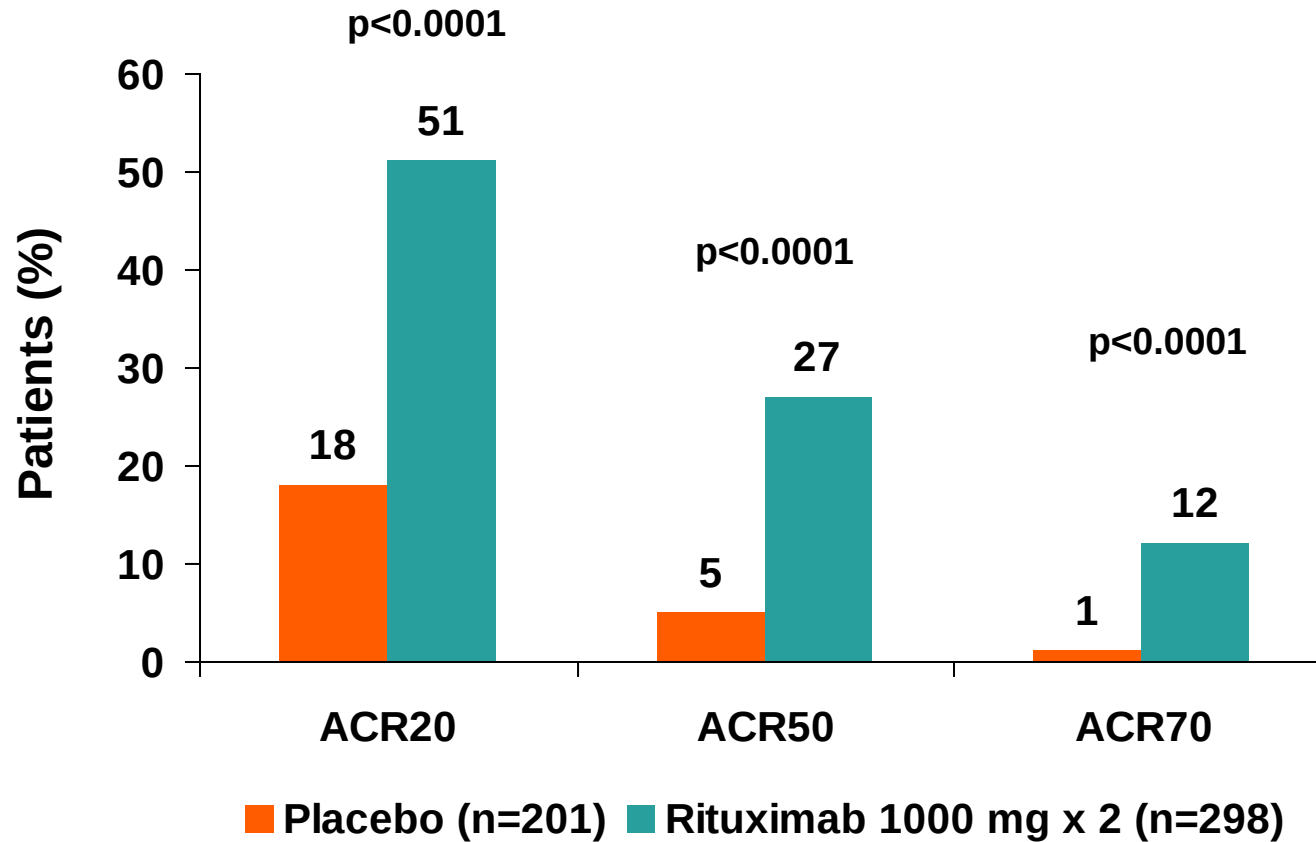
**P.R.O=HAQ-DI, SF36, FACIT-F,
ACR50, ACR70,EULAR, DAS 28**

REFLEX : Ασθενείς με PA και αντι-TNF IR



Μελέτη REFLEX

Περισσότεροι ασθενείς στο Rituximab παρουσίασαν βελτίωση κατά ACR την εβδ 24





¹Metroplex Clinical Research Center, Dallas, Texas, USA

²University of Toronto, Toronto, Canada

³Stanford University, Palo Alto, California, USA

⁴Leeds General Infirmary, Leeds, UK

⁵Synarc, San Francisco, California, USA

⁶AMC/University of Amsterdam, Amsterdam, The Netherlands

⁷Biogen Idec, Inc, San Diego, California, USA

⁸Roche Products Ltd, Welwyn Garden City, UK

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Accepted 19 November 2009

Continued inhibition of structural damage over 2 years in patients with rheumatoid arthritis treated with rituximab in combination with methotrexate

Stanley B Cohen,¹ Edward Keystone,² Mark C Genovese,³ Paul Emery,⁴ Charles Peterfy,⁵ Paul Peter Tak,⁶ Matt Cravets,⁷ Tim Shaw,⁸ David Hagerty⁷

ABSTRACT

Background Rituximab inhibited structural damage at 1 year in patients with rheumatoid arthritis (RA) who had had a previous inadequate response to tumour necrosis factor (TNF) inhibitors.

Objective To assess structural damage progression through 2 years.

Methods Intention-to-treat patients with one post-baseline radiograph (rituximab n=281; placebo n=187) received background methotrexate (MTX) and were randomised to rituximab (2×1000 mg infusions, 2 weeks apart) or placebo; patients were eligible for rituximab re-treatment every 6 months. By week 104, 82% of the placebo population had received ≥1 dose of rituximab. Radiographic end points included the change in total

REFLEX have been described previously.⁹ Briefly, patients were included if they had active RA despite treatment with methotrexate (MTX) ≥10 mg/week and had experienced an inadequate response (lack of efficacy or intolerance) to at least one TNF inhibitor.

The study was performed in accordance with the Declaration of Helsinki. All participating sites received approval from their governing institutional review board (or equivalent) and all patients provided written informed consent.

Study protocol

REFLEX was a randomised, double-blind, placebo-controlled, phase III study with an option for further treatment courses under a separate extension

Η πρώτη & μοναδική βιολογική θεραπεία με ακτινολογικά δεδομένα σε ασθενείς με αποτυχία σε αντι-TNF

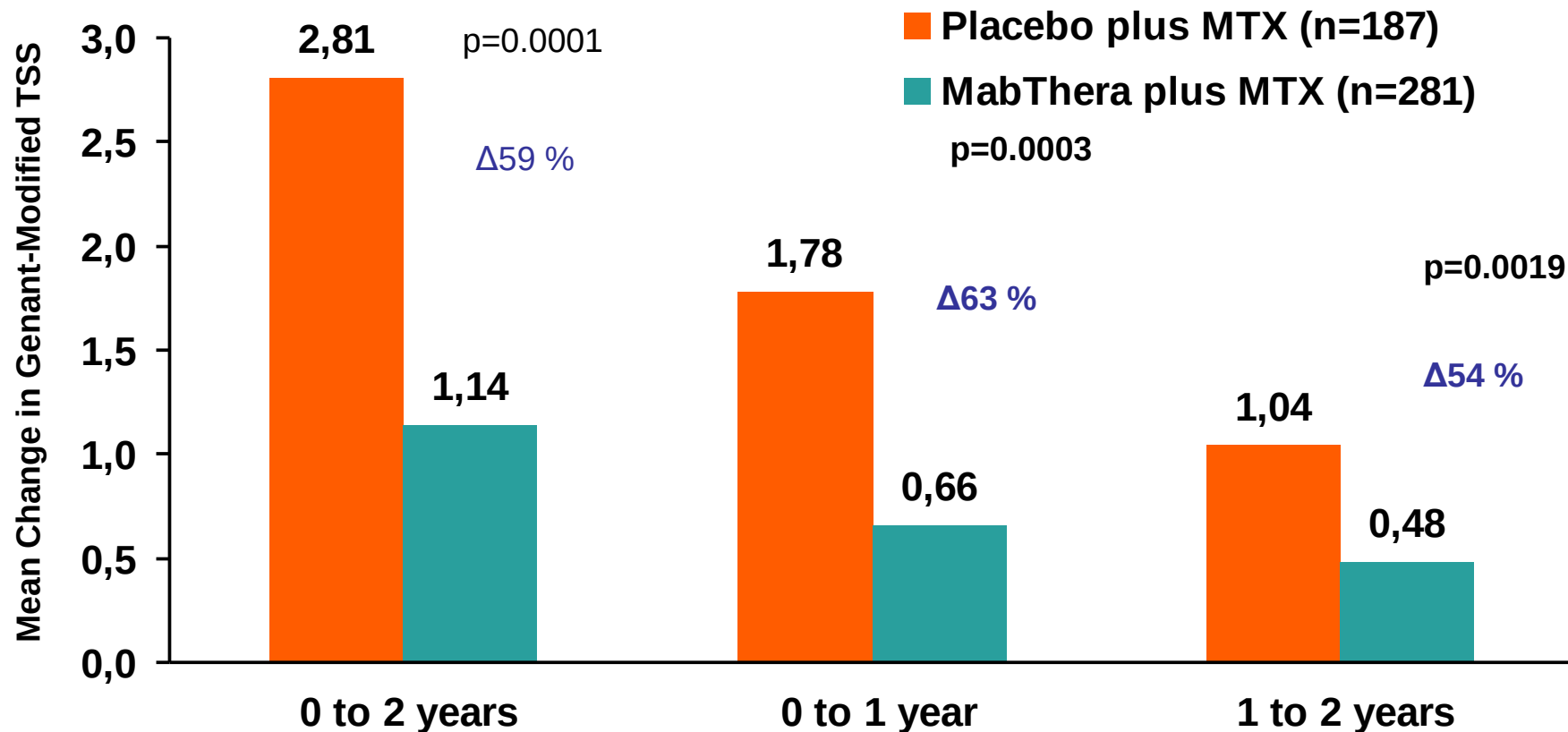
87% who had no progression of joint damage at 1 year remained non-progressive at 2 years.

Conclusions Rituximab plus MTX demonstrated

corticosteroid treatment, consisting of intravenous methylprednisolone 100 mg before each infusion and oral prednisone during the 2-week treatment

REFLEX:

Αναστολή εξέλιξης ακτινολογικών βλαβών

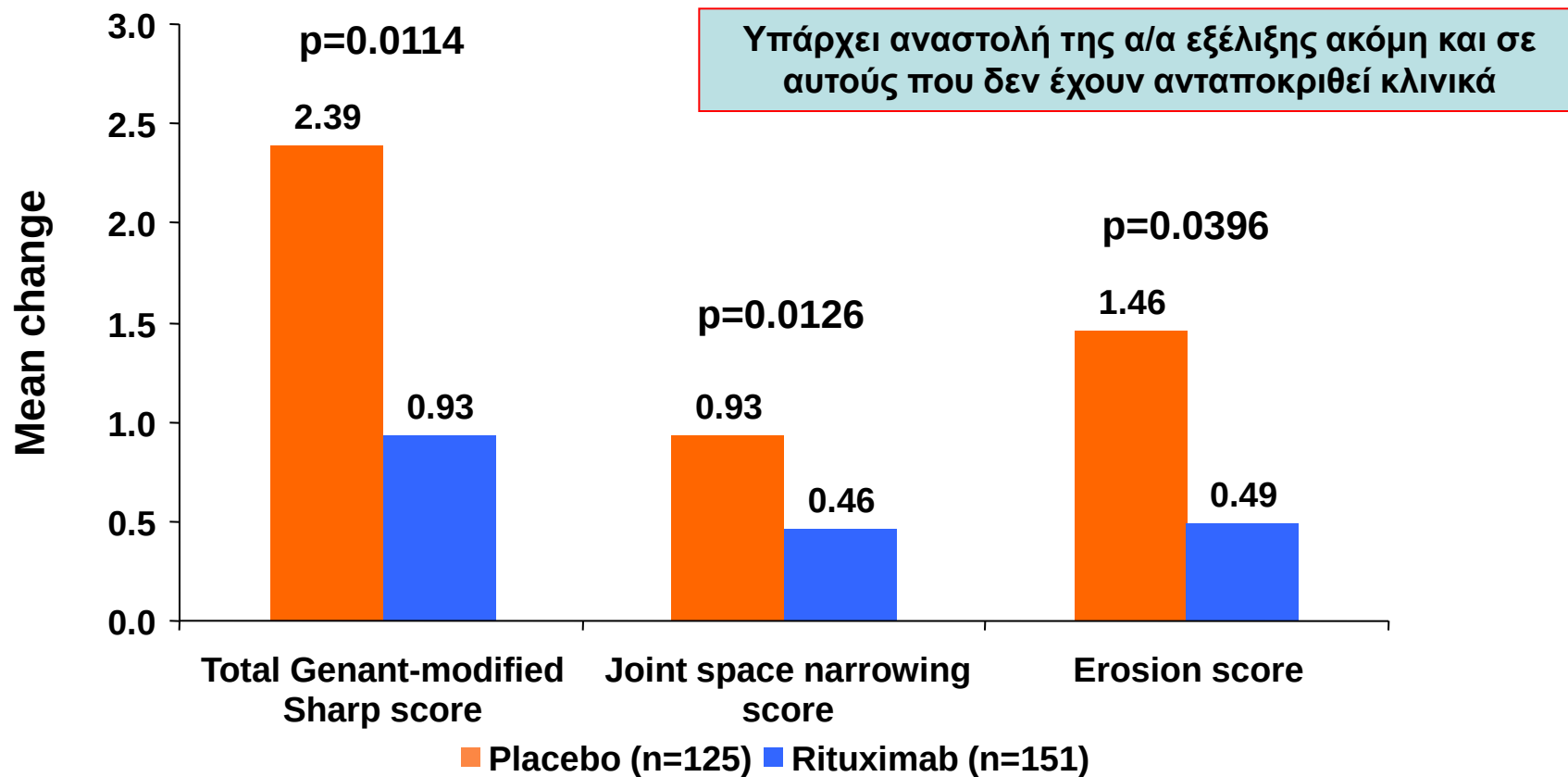


MTX=methotrexate; TSS=Total Sharp Score

Primary analysis: radiographs outside time window included, linear extrapolation from Week 24 or 56 for missing values

REFLEX study: σημαντική αναστολή ανεξάρτητα κλινικής ανταπόκρισης

Στους μη ανταποκριθέντες κατά ACR20 την εβδ. 24



Observed data were used to define ACR20 response

(Keystone et al, 2007)

***Χορηγείται
σε επαναλαμβανόμενους κύκλους***



Safety and Efficacy of Additional Courses of Rituximab in Patients With Active Rheumatoid Arthritis

An Open-Label Extension Analysis

Edward Keystone,¹ Roy Fleischmann,² Paul Emery,³ Daniel E. Furst,⁴
Ronald van Vollenhoven,⁵ Joan Bathon,⁶ Maxime Dougados,⁷ Andrew Baldassare,⁸
Gianfranco Ferraccioli,⁹ Andrew Chubick,¹⁰ James Udell,¹¹ Matthew W. Cravets,¹²
Sunil Agarwal,¹³ Simon Cooper,¹⁴ and Fabio Magrini¹⁴

Objective. To determine the safety and efficacy of additional courses of rituximab in patients with rheumatoid arthritis (RA).

ClinicalTrials.gov identifier: NCT00074438/NCT00468377.

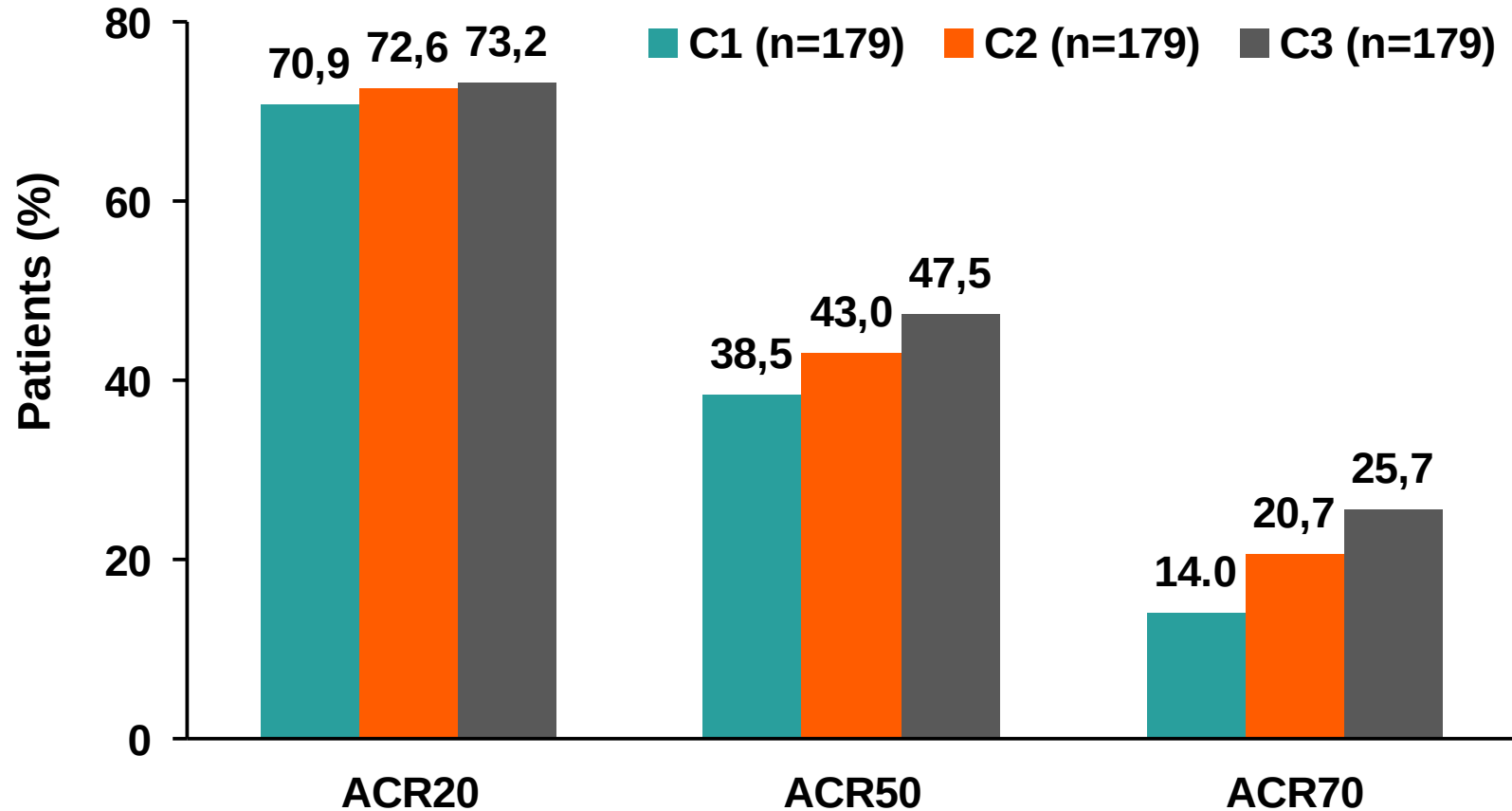
Supported by Hoffman-LaRoche, Biogen Idec, Inc., and Genentech, Inc.

¹Edward Keystone, MD, FRCP: Mount Sinai Hospital, and University of Toronto, Toronto, Ontario, Canada; ²Roy Fleischmann, MD: University of Texas Southwestern Medical Center, Dallas; ³Paul Emery, MD, FRCP: Leeds Teaching Hospital Trust, Leeds, UK; ⁴Daniel E. Furst, MD: University of California, Los Angeles; ⁵Ronald van Vollenhoven, MD, PhD: Karolinska Hospital and Institute, Stockholm, Sweden; ⁶Joan Bathon, MD: Johns Hopkins School of Medicine, Baltimore, Maryland; ⁷Maxime Dougados, MD: René Descartes University, Paris, France; ⁸Andrew Baldassare, MD: Arthritis Consultants, and St. Louis University, St. Louis, Missouri; ⁹Gianfranco Ferraccioli, MD: Catholic University, Rome, Italy; ¹⁰Andrew Chubick, MD: Baylor University Medical Center, Dallas, Texas; ¹¹James Udell, MD: Arthri-

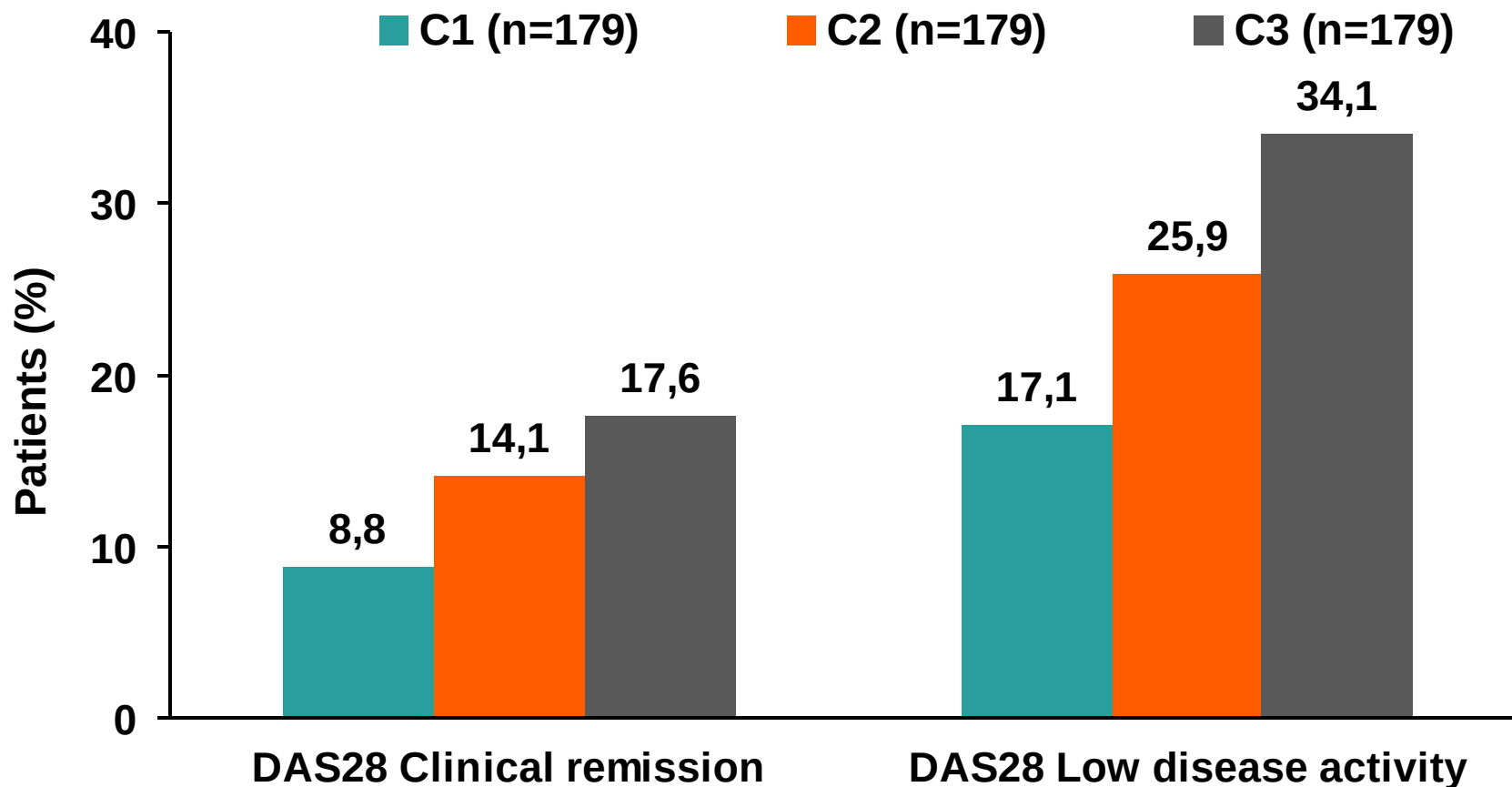
Methods. An open-label extension analysis of RA patients previously treated with rituximab was conducted. Patients who had participated in any of 3 double-blind trials were eligible for additional courses (2 infusions of 1,000 mg given 2 weeks apart) if they exhibited a swollen joint count and tender joint count of ≥ 8 with ≥ 16 weeks elapsing after the previous course. Safety was assessed in patients receiving all or a portion of a rituximab course. Efficacy was assessed 24 weeks after each course, using the American College of Rheumatology 20% criteria for improvement (ACR20), ACR50, ACR70, European League Against Rheumatism (EULAR) response criteria, Disease Activity Score in 28 joints, the disability index of the Health Assessment Questionnaire, and Short Form 36 scores, stratified according to prior tumor necrosis factor (TNF) inhibi-

REFLEX TNF-IR: ACR κύκλοι 1-3

Ασθενείς που θεραπεύονται με επαναλαμβανόμενους κύκλους Rituximab
παρουσιάζουν διατηρήσιμη και καλύτερη αποτελεσματικότητα



REFLEX TNF-IR: DAS28 χαμηλή δραστηριότητα & ύφεση κύκλοι 1-3
Ασθενείς που θεραπεύονται με επαναλαμβανόμενους κύκλους Rituximab
παρουσιάζουν καλύτερη και διατηρήσιμη αποτελεσματικότητα



Clinical remission: DAS28 <2.6
Low disease activity: DAS28 ≤3.2

Efficacy and Safety of Retreatment in Patients with Rheumatoid Arthritis with Previous Inadequate Response to Tumor Necrosis Factor Inhibitors: Results from the SUNRISE Trial



PHILIP J. MEASE, STANLEY COHEN, NORMAN B. GAYLIS, ANDREW CHUBICK, ALAN T. KAEHL, MARIA GREENWALD, SUNIL AGARWAL, MING YIN, and ARIELLA KELMAN

ABSTRACT. Objective. To assess the efficacy and safety of 1 versus 2 courses of rituximab over 48 weeks in patients with rheumatoid arthritis (RA).

Methods. Adult patients taking methotrexate with a previous inadequate response to ≥ 1 tumor necrosis factor inhibitor received 1 course of open-label rituximab (2×1000 mg IV) at baseline. From Week 24, patients were randomized to receive an additional course of retreatment with rituximab or placebo. Efficacy responses at Week 48 relative to baseline were assessed.

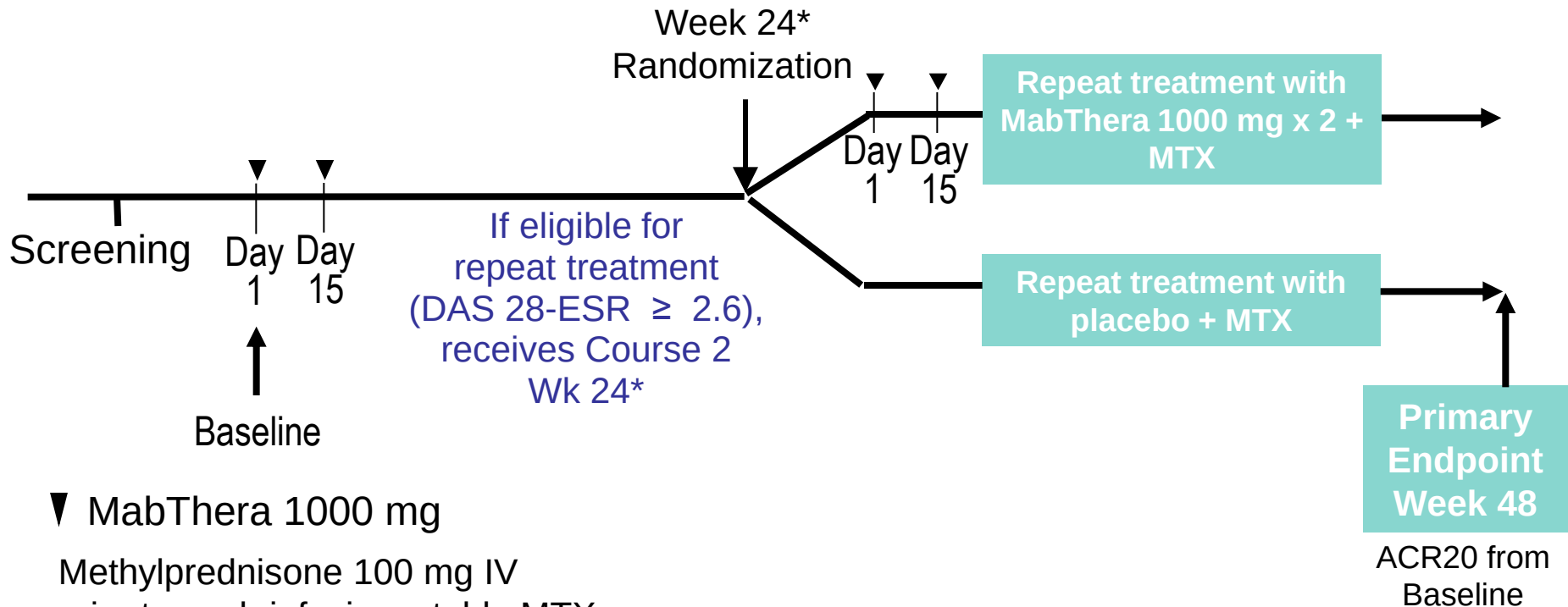
Results. Of 559 patients who received the open-label first course of rituximab, 475 patients were randomized to a second course (rituximab retreatment: $n = 318$, placebo retreatment: $n = 157$). Relative to baseline, patients who took rituximab during retreatment had significantly improved efficacy at Week 48 compared to patients who took a placebo during retreatment [American College of Rheumatology (ACR20) criteria, 54% vs 45%, $p = 0.02$; change in Disease Activity Score-28 mean -1.9 vs -1.5 , $p = 0.006$]. Differences in efficacy between groups were first observed following Weeks 28-32. Worsening of most components of the ACR core set occurred in the placebo-retreated patients with relative maintenance of these measures in rituximab-retreated patients. Randomized patients who had achieved week 24 ACR responses following the first course had greater odds of losing response if retreated with placebo (odds ratios for ACR20, ACR50, ACR70: 2.09, 2.03, and 4.09, respectively). Following retreatment, the proportion of patients experiencing any adverse events (AE), serious AE, infections, and serious infections were comparable between the rituximab and placebo retreatment groups.

Conclusion. Two courses of rituximab about 6 months apart resulted in improved and sustained efficacy at 1 year, compared with 1 course, with a similar safety profile. (First Release March 1 2010; J Rheumatol 2010;37:917-27; doi:10.3899/jrheum.090442)

Key Indexing Terms:

RITUXIMAB RHEUMATOID ARTHRITIS METHOTREXATE RETREATMENT

SUNRISE: σχεδιασμός

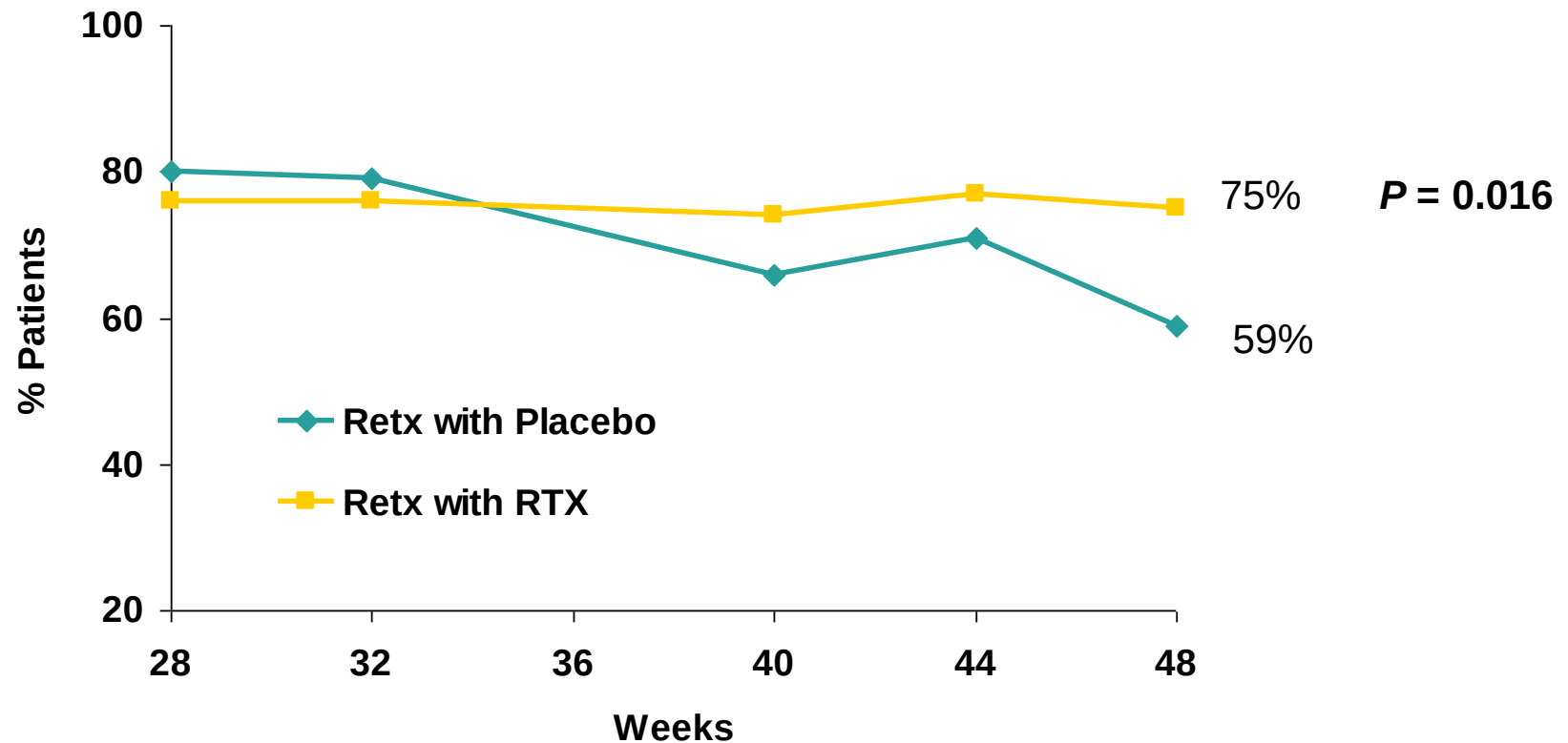


▼ MabThera 1000 mg
Methylprednisone 100 mg IV
prior to each infusion; stable MTX
all patients

***Randomization/repeat treatment allowed up to Week 40
with primary endpoint at Week 48**

SUNRISE:
Μεγαλύτερο ποσοστό ασθενών
διατήρησε την ACR20 απάντηση κατά την διάρκεια του χρόνου
στην ομάδα που πήρε δεύτερο κύκλο.

ITT ACR20 Responder Subset at Week 24, n=218



P-value based on adjusted mean for baseline rheumatoid factor status
and $\geq 20\%$ Improvement in both SJC and TJC at Week 24

FRI0196 EFFICACY OF RITUXIMAB RETREATMENT IN CLINICAL PRACTICE: DATA FROM THE CERERRA COLLABORATION **EULAR 2010**

K. Chatzidionysiou^{1,*}, R. F. van Vollenhoven¹, E. Nasonov², G. Lukina², M. L. Hetland³, U. Tarp³, C. Gabay⁴, P. L. C. M. van Riel⁵, D. C. Nordström⁶, J. Gomez-Reino⁷, K. Pavelka⁸, M. Tomsic⁹, E. Lie¹⁰, T. K. Kvien¹⁰

¹Karolinska Institute, Stockholm, Sweden, ²Inst of Rheumatology, Moscow, Russian Federation, ³DANBIO, Hvidovre/Glostrup Univ Hosp, Copenhagen, Denmark, ⁴Univ Hosp, Geneva, Switzerland, ⁵Radboud Univ, Nijmegen, Netherlands, ⁶ROB-FIN Univ Hosp, Helsinki, Finland, ⁷Univ De Santiago, Coruna, Spain, ⁸Charles Univ, Prague, Czech Republic, ⁹Univ Med Center, Ljubljana, Slovenia, ¹⁰Diakonhjemmet, Oslo, Norway

CERRERA Trial

10 Ευρωπαϊκά Registries-2048 ασθενείς με ΡΑ που άρχισαν Rituximab.

Στοιχεία των ασθενών στους 3,6,9,12 μήνες

**Ασθενείς που έλαβαν και νέο κύκλο στην διάρκεια των 12 μηνών
πέτυχαν σημαντικά καλύτερο DAS28**

στους 12 μήνες από ότι στους 6μήνες.

	DAS28 improvement at 6 months(n=810)			DAS28 improvement at 12 months (retreated patients only) (n=124)		
	Positive	Negative	p	Positive	Negative	p
RF	2.0±1.5	1.7±1.5	0.02	2.3±1.4	1.8±1.2	NS
ACPA	2.1±1.4	1.5±1.5	0.006	2.6±1.3	2.1±1.3	NS
DOUBLE	2.1±1.4	1.4±1.5	0.009	2.8±1.2	1.3±0.7	0.004

SUNRISE μελέτη: Δεδομένα ασφάλειας

Table 3. Summary of safety events during randomized retreatment period. Data are number of patients (%).

Safety Events	Retreatment with Placebo (n = 155)	Retreatment with Rituximab (n = 320)
Adverse events	119 (77)	226 (71)
Serious adverse events	11 (7)	22 (7)
Infections	59 (38)	120 (38)
Serious infections	3 (2)	7 (2)
Adverse events leading to withdrawal	7 (4)	7 (2)
Deaths*	1 (0.6)	1 (0.3)

* One additional death in rituximab retreatment group after the Week 48 cutoff date.

Το προφίλ ασφάλειας δεν επηρεάζεται από την επανάληψη στο 6μηνο.

***Πότε να χορηγήσουμε
τον επόμενο κύκλο;***

Retreatment with rituximab based on a **treatment to target** approach provides better disease control

treatment to target

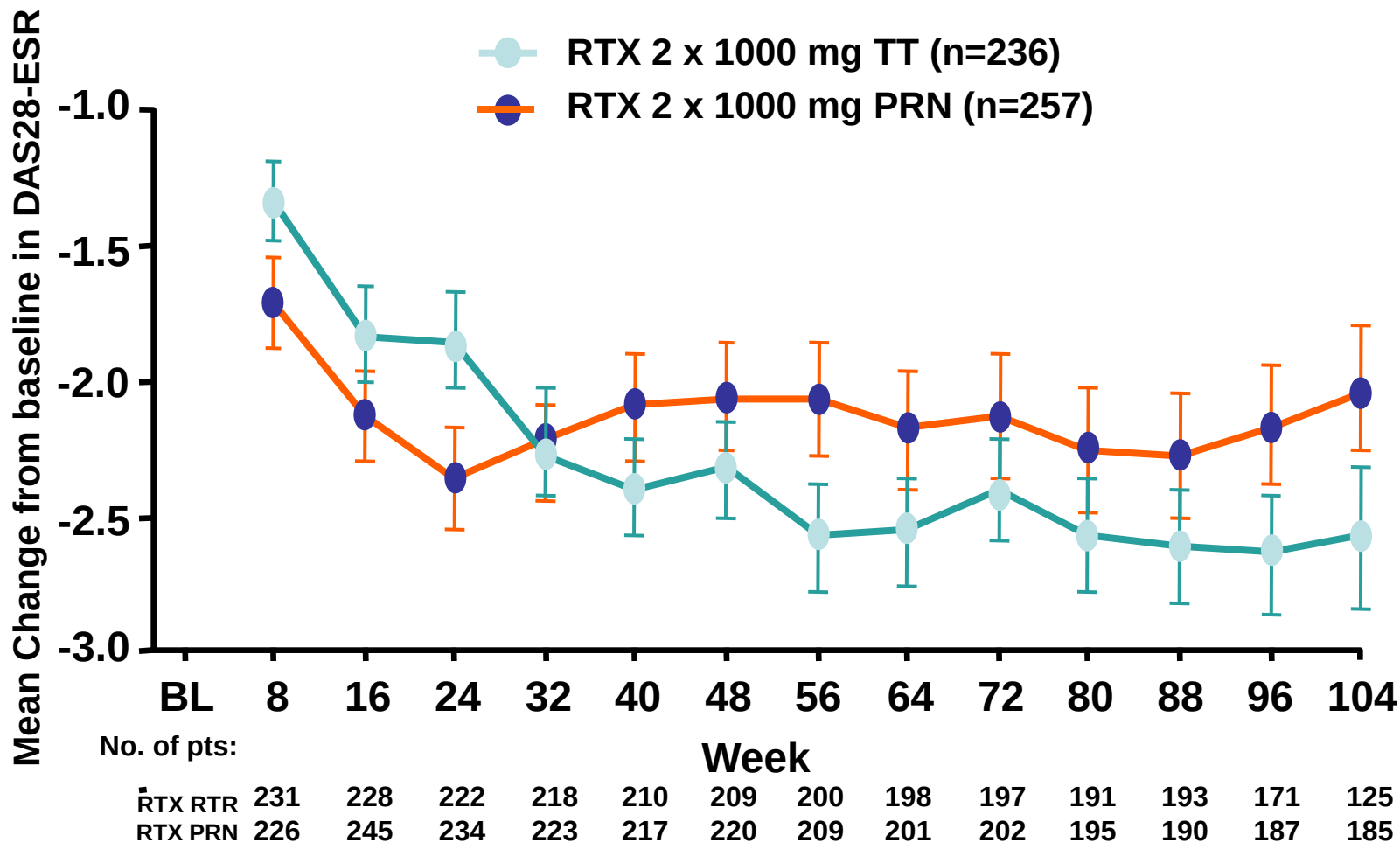
Ο ασθενής ελέγχεται την 24 βδομάδα μετά τον κύκλο θεραπείας
και λαμβάνει νέο κύκλο
εάν δεν είναι σε ύφεση (DAS28>12,6)

P Emery, J Mease, A Kupperman, SK Curtis, S Manzi, Laxner, N
Gaylis, S Williams, H Tyrrell, M Reynard

treatment as needed

Ο ασθενής λαμβάνει κύκλο θεραπείας
μετά την 16 βδομάδα κατά την κρίση του θεράποντος ιατρού και
εφόσον έχει πάνω από 8 ευαίσθητες και 8 επώδυνες αρθρώσεις.

Στην θεραπεία με MabThera 2 x 1000 mg
 η στρατηγική 'Treatment to target'
 οδηγεί σε μεγαλύτερη βελτίωση του DAS28-TKE score στην πορεία του χρόνου
 από την στρατηγική 'treatment as needed'



***Σε ασθενείς με ΡΑ
που απέτυχαν στον αντι-TNF
τι είναι καλύτερο να κάνουμε;***



B Cell Depletion May Be More Effective Than Switching to an Alternative Anti-Tumor Necrosis Factor Agent in Rheumatoid Arthritis Patients With Inadequate Response to Anti-Tumor Necrosis Factor Agents

Axel Finckh,¹ Adrian Ciurea,² Laure Brulhart,¹ Diego Kyburz,² Burkhard Möller,³ Silvia Dehler,⁴ Sylvie Revaz,⁵ Jean Dudler,⁵ and Cem Gabay,¹ on behalf of the physicians of the Swiss Clinical Quality Management Program for Rheumatoid Arthritis

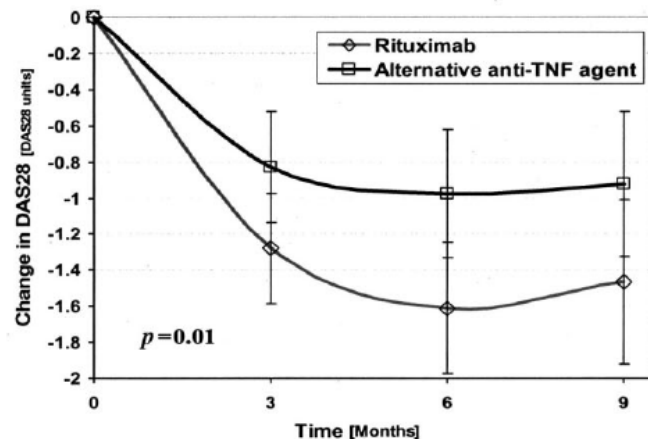
Objective. Patients with rheumatoid arthritis (RA) in whom the response to anti-tumor necrosis factor (anti-TNF) therapy is inadequate have several head comparisons are available. The aim of this study was to compare the effectiveness of RTX with that of an alternative anti-TNF agent in the management of pa-
therape anti-TN use to
with rit was
tions h ment

**Είναι καλύτερα σε ασθενείς με RA
μετά την αποτυχία του πρώτου αντι-TNF
να χορηγήσουμε Rituximab**

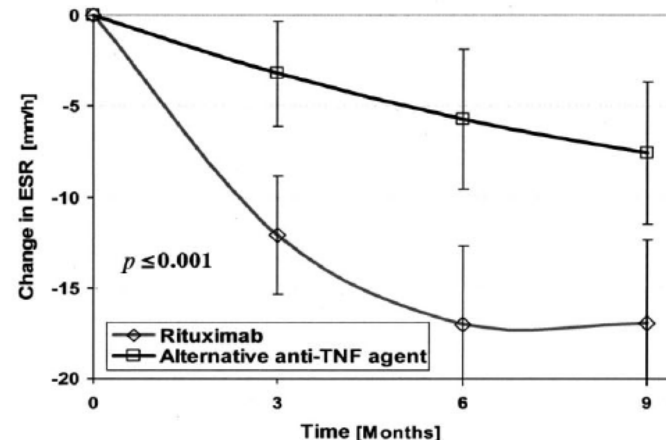
Σε ασθενείς με ανεπαρκή απάντηση σε αντι-TNF

η χορήγηση Rituximab είναι πιο αποτελεσματική από την εναλλαγή αντι-TNF

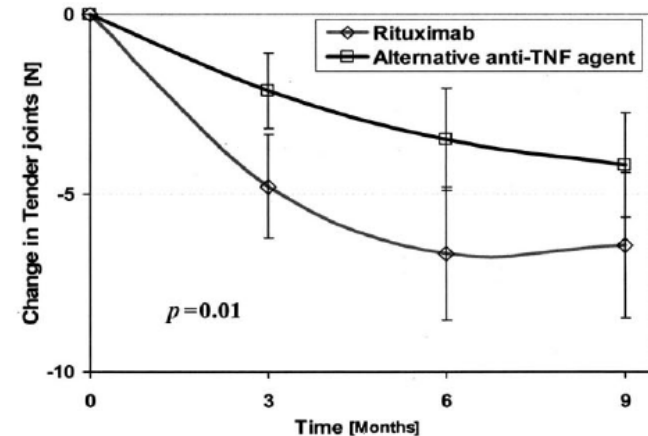
A Change in RA Disease Activity



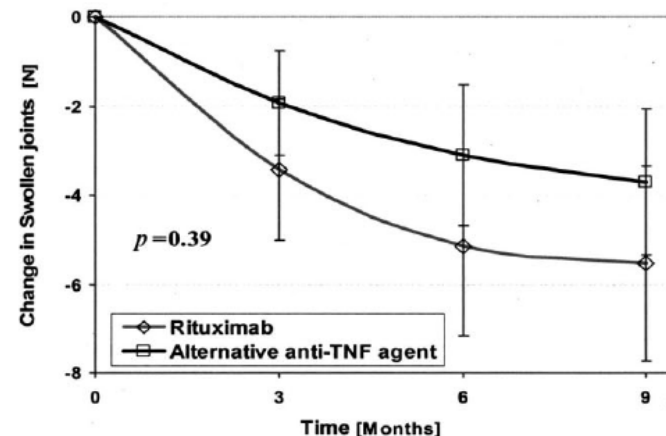
C Change in ESR [mm/h]



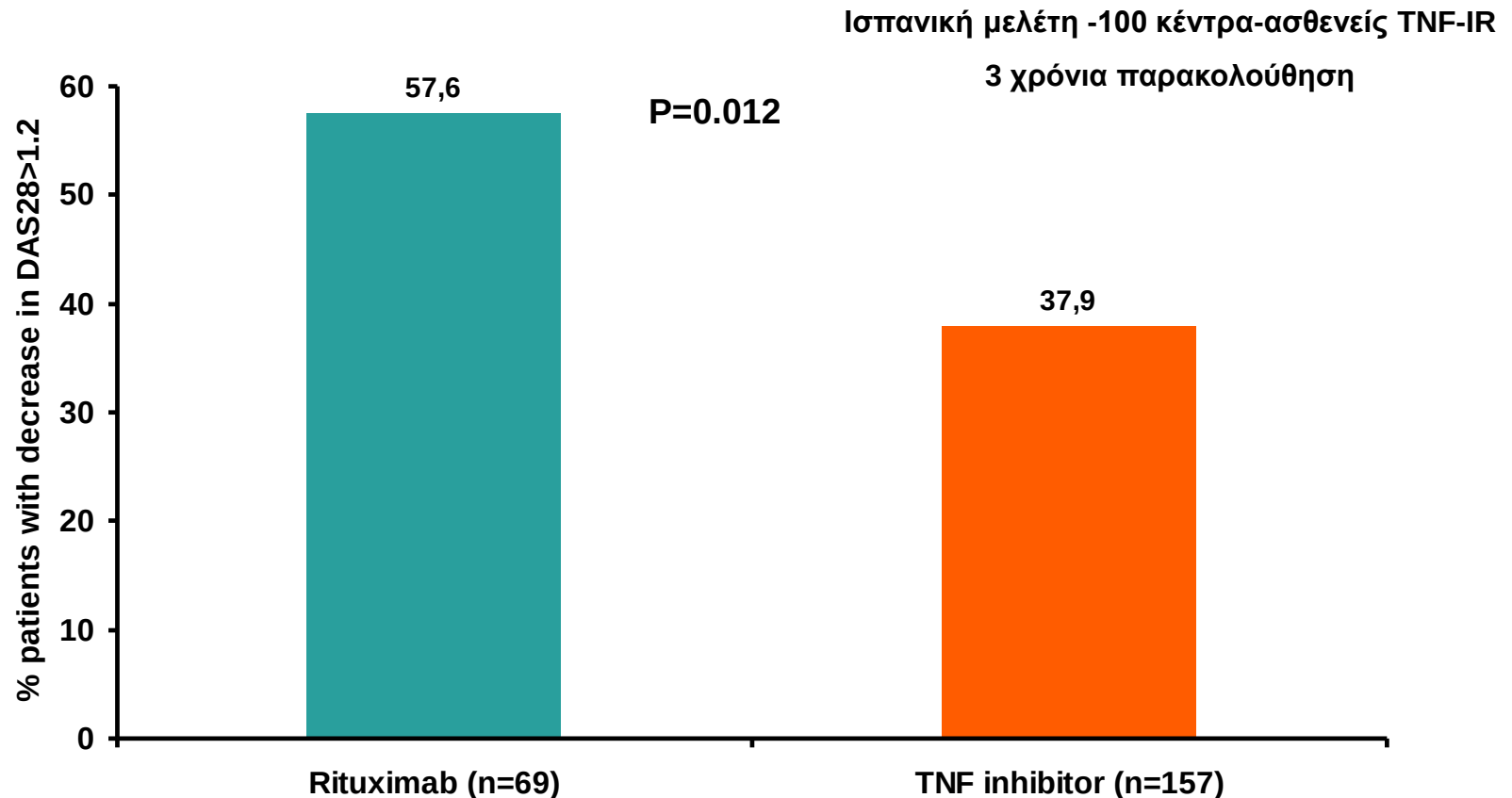
B Change in Number of Tender joints [N]



D Change in Number of Swollen joints [N]



MIRAR: περισσότεροι ασθενείς υπό RTX είχαν μείωση DAS28>1.2 συγκριτικά με αυτούς υπό 2^ο αTNF



Οι ασθενείς που λαμβάνουν Rituximab μετά την αποτυχία του αντι –TNF έχουν μεγαλύτερη πιθανότητα να εμφανίσουν μείωση του DAS28>1,2 από αυτούς που αντιμετωπίζονται με ένα άλλο αντι –TNF.

*Μετά την αποτυχία στον αντι-TNF
ποια υποκατηγορία ασθενών με ΡΑ
θα ωφεληθεί από την αλλαγή σε Rituximab
αντί σε άλλο αντι-TNF;*

Which subgroup of rheumatoid arthritis patients benefits from switching to rituximab versus alternative anti-TNF agents after previous failure to anti-TNF agent?

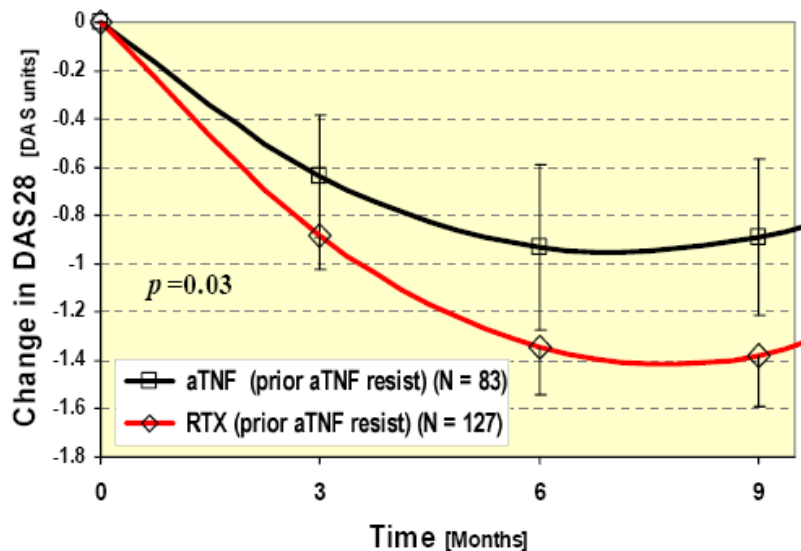


Axel Finckh, Adrian Ciurea, Laure Brulhart, Burkhard Möller, Ulrich A Walker, Delphine Courvoisier, Diego Kyburz, Jean Dudler and Cem Gabay

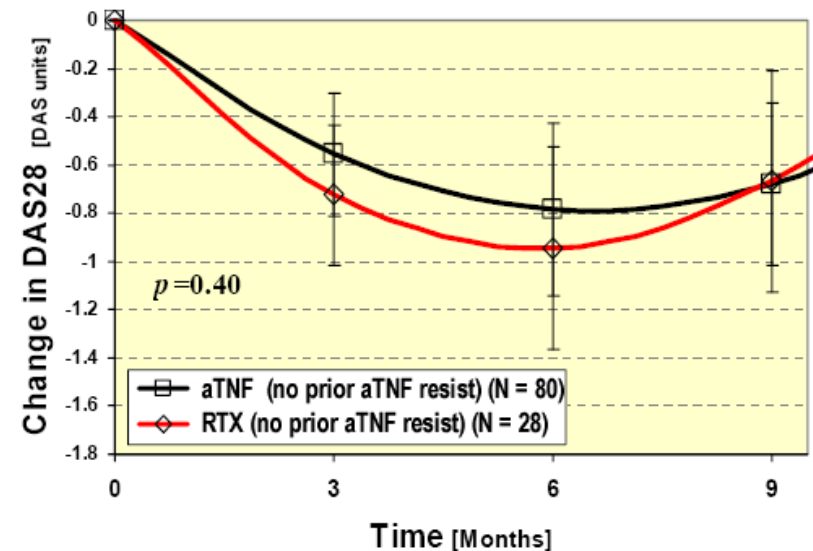
Ann
doi:

Η βελτίωση του DAS28 είναι μεγαλύτερη
σε αυτούς που διέκοψαν τον αντι-TNF λόγω αναποτελεσματικότητας

Change in RA Disease Activity
(**with** therapeutic resistance to aTNF)



Change in RA Disease Activity
(**without** therapeutic resistance to aTNF)

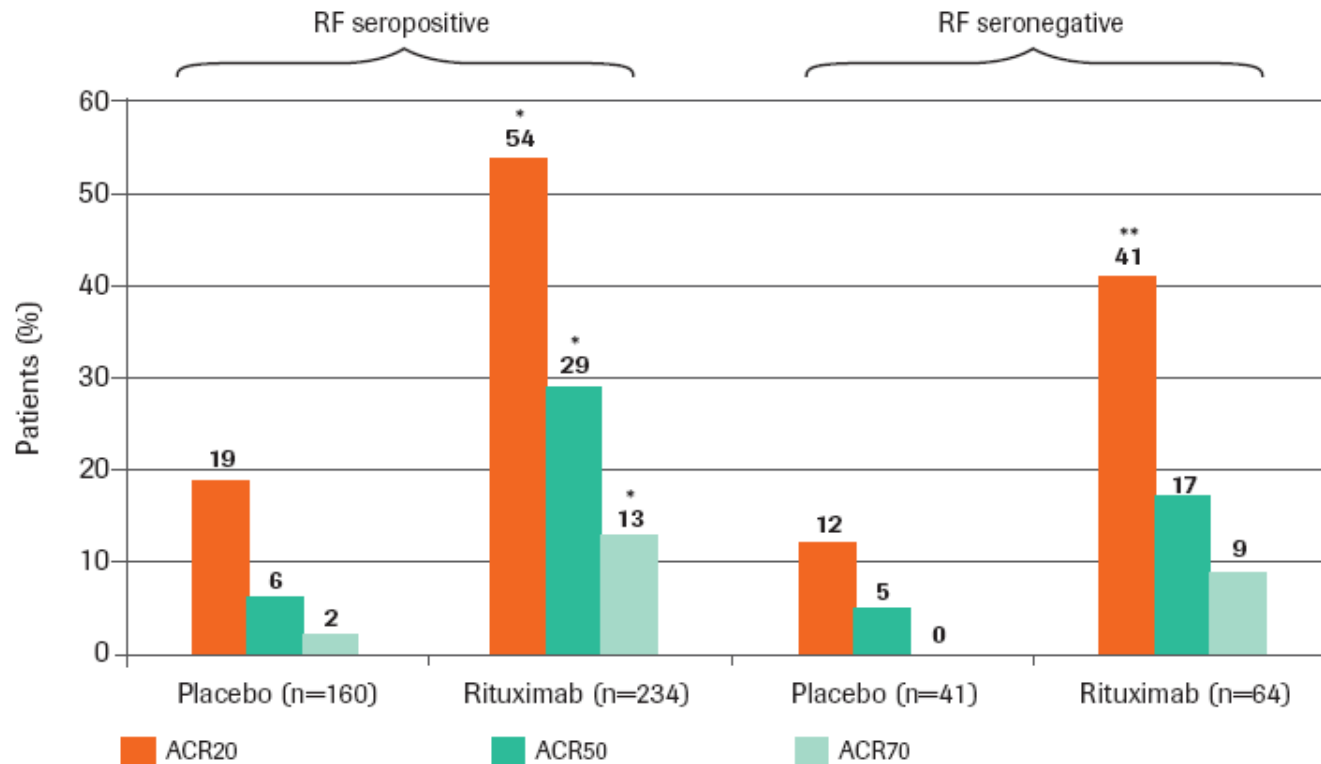


Clinical Response Following the First Treatment Course with Rituximab: Effect of Baseline Autoantibody Status (RF, Anti-CCP)PP

Tak et al : FRI 0192, Eular 2009

Περισσότεροι οροθετικοί ασθενείς πετυχαίνουν ACR 20,50,70

Figure 2. ACR response at Week 24 by baseline RF status.



*p<0.0001 vs placebo; **p<0.001 vs placebo

FRI0196 EFFICACY OF RITUXIMAB RETREATMENT IN CLINICAL PRACTICE: DATA FROM THE CERERRA COLLABORATION EULAR 2010

K. Chatzidionysiou^{1,*}, R. F. van Vollenhoven¹, E. Nasonov², G. Lukina², M. L. Hetland³, U. Tarp³, C. Gabay⁴, P. L. C. M. van Riel⁵, D. C. Nordström⁶, J. Gomez-Reino⁷, K. Pavelka⁸, M. Tomsic⁹, E. Lie¹⁰, T. K. Kvien¹⁰

¹Karolinska Institute, Stockholm, Sweden, ²Inst of Rheumatology, Moscow, Russian Federation, ³DANBIO, Hvidovre/Glostrup Univ Hosp, Copenhagen, Denmark, ⁴Univ Hosp, Geneva, Switzerland, ⁵Radboud Univ, Nijmegen, Netherlands, ⁶ROB-FIN Univ Hosp, Helsinki, Finland, ⁷Univ De Santiago, Coruna, Spain, ⁸Charles Univ, Prague, Czech Republic, ⁹Univ M

CERRERA Trial

10 Ευρωπαϊκά Registries-2048 ασθενείς με PA που άρχισαν Rituximab.

Στοιχεία των ασθενών στους 3,6,9,12 μήνες

Οι οροθετικοί ασθενείς είχαν μεγαλύτερη βελτίωση του DAS28 στους 6 και στους 12 μήνες.

**Είχαν καλύτερη EULAR απάντηση τον πρώτο χρόνο όσοι είχαν λάβει
λιγότερο αριθμό βιολογικών θεραπειών πριν
και είχαν χαμηλότερο HAG αρχικά.**

	DAS28 improvement at 6 months(n=810)			DAS28 improvement at 12 months (retreated patients only) (n=124)		
	Positive	Negative	p	Positive	Negative	p
RF	2.0±1.5	1.7±1.5	0.02	2.3±1.4	1.8±1.2	NS
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DOUBLE	2.1±1.4	1.4±1.5	0.009	2.8±1.2	1.3±0.7	0.004

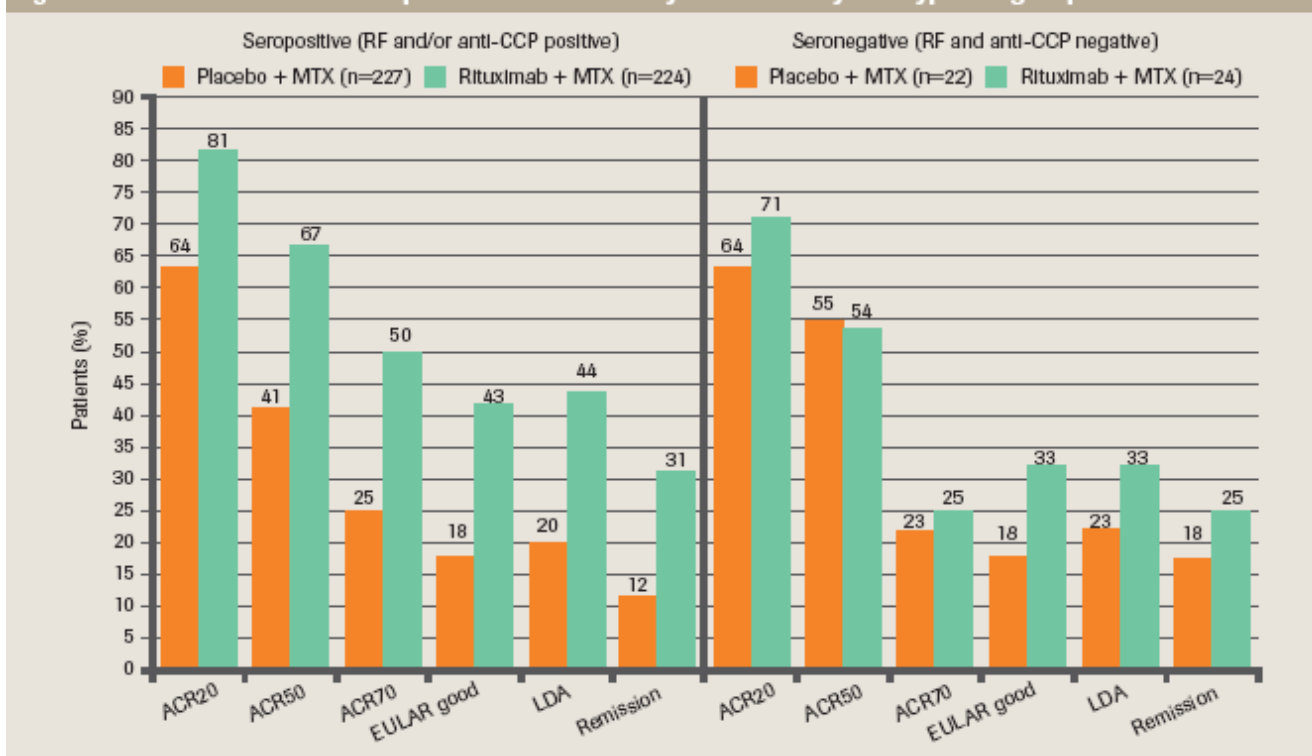
Effectiveness of rituximab + methotrexate in patients with early active rheumatoid arthritis and disease characteristics associated with poor outcomes (IMAGE subanalysis)

X Mariette¹, A Kivitz², J Isaacs³, W Stohr⁴, PP Tak⁵, R Jones⁶, A Jahreis⁷, G Armstrong⁸, T Shaw⁹

¹Hôpital St-Joseph, Paris-Saclay University, France; ²Albion Oncology, Durham, NC, USA; ³Worcester University, Worcester, MA, USA; ⁴UCLA, Los Angeles, CA, USA; ⁵Academic Medical Centre/University of Amsterdam, Amsterdam, Netherlands; ⁶Office for Rheumatic Diseases, Tufts Medical Center, Boston, MA, USA; ⁷Genentech Inc, South San Francisco, CA, USA; ⁸Roche Products Ltd, Welwyn Garden City, UK

ACR 2009

Figure 5. EULAR and clinical responses at 52 weeks by autoantibody serotype subgroups



Τυχαιοποιημένη ελεγχόμενη με placebo
Ασθενείς με RA- naïve στην MTX

Η απάντηση στην θεραπεία με Rituximab
είναι εντονότερη στους οροθετικούς ασθενείς και σε αυτούς που είχαν
υψηλότερο DAS28 και CRP στην αρχή

Είναι ασφαλές;



Longterm Safety of Patients Receiving Rituximab in Rheumatoid Arthritis Clinical Trials

RONALD F. van VOLLENHOVEN, PAUL EMERY, CLIFTON O. BINGHAM III, EDWARD C. KEYSTONE, ROY FLEISCHMANN, DANIEL E. FURST, KATHERINE MACEY, MARIANNE SWEETSER, ARIELLA KELMAN, and RAVI RAO

ABSTRACT. *Objective.* To evaluate the longterm safety of rituximab in clinical trials in patients with rheumatoid arthritis (RA).

Methods. Pooled analysis of safety data, including adverse events (AE) and infections, from patients treated with rituximab in combination with methotrexate in a global clinical trial program.

Results. A total of 2578 patients with RA received at least 1 course of rituximab. Safety analyses were based on 5013 patient-years of rituximab exposure. The most frequent AE was infusion-related reactions (25% of patients during the first infusion of Course 1). Less than 1% of infusion-related reactions were considered serious. Rates of AE and serious AE (SAE; 17.85 events/100 patient-yrs, 95% CI 16.72, 19.06) were stable following each course. The overall serious infection rate was 4.31/100 patient-years (95% CI 3.77, 4.92). Infections and serious infections over time remained stable across 5 courses at 4-6 events/100 patient-years. Compared with other patients with RA and with the general US population, there was no increased risk of malignancy.

Conclusion. In this longterm safety update in RA clinical trial patients, rituximab remained well tolerated over multiple courses. SAE and infections remained stable over time and by treatment course.

(J Rheumatol First Release Feb 1 2010; doi: 10.3899/jrheum.090856)

Key Indexing Terms:

RITUXIMAB

RHEUMATOID ARTHRITIS

CLINICAL TRIALS

The goal of achieving effective treatment options for patients with rheumatoid arthritis (RA) has led to the development of biologic therapies that have improved our ability to control the signs and symptoms of RA, prevent structural joint damage, and attenuate functional losses¹⁻⁴. Because RA is a chronic disease, therapies are administered over prolonged periods, a situation that requires continued vigilance of safety events.

Tumor necrosis factor (TNF) inhibitors have demonstrat-

maligancies^{1-3,5}. Because of the immunomodulatory effects of RA therapies, it has become clear that specific safety adverse events (AE) should be monitored, especially more common infections, as well as less common events such as tuberculosis and lymphoma⁶. Moreover, RA itself has also been shown to increase the risk of serious infection, certain malignancies, and cardiovascular disease, either by the disease process or as a result of therapy⁷⁻⁹.

Rituximab is approved for the treatment of non-

Μακροχρόνια ασφάλεια του MabThera : Μέχρι σήμερα έκθεση στο MabThera

C1 n=2579	C2 n=1926	C3 n=1228	C4 n=794	C5 n=282
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Duration of observation	Patients (n=2579)
>1 year	2417
>2 years	1198
>3 years	743
>4 years	564
>5 years	109
Total exposure (patient-years)	5964

Το Rituximab είναι καλά ανεκτό και επιδεικνύει
ένα **σταθερά καλό profil ασφάλειας**
μακροπρόθεσμα με τους επαναλαμβανόμενους κύκλους
(πάνω από 6 χρόνια)

Ποσοστό απόσυρσης λόγω ΑΕ: 5%

van Vollenhoven et al

Σ.Α.Ε κατά την επανάληψη του Rituximab

	1 ^{ος} κύκλος (n=2579)	2 ^{ος} κύκλος (n=1926)	3 ^{ος} κύκλος (n=1228)	4 ^{ος} κύκλος (n=794)	5 ^{ος} κύκλος (n=282)
Έκθεση (pt-yrs)	2594	1877	900	409	119
ΑΕ/100 pt-yrs	379 (371-386)	313 (305-321)	319 (308-331)	330 (312-348)	330 (299-364)
ΣΑΕ/100 pt-yrs	18.3 (16.7-20.0)	17.4 (15.6-19.4)	16.6 (14.1-19.4)	12.0 (9.1-15.9)	13.4 (8.2-21.9)
Σ.Λ/100 pt-yrs	4.66 (3.90-5.57)	3.62 (2.86-4.60)	4.22 (3.07-5.80)	3.91 (2.40-6.38)	5.87 (2.80-12.30)
ΑΕς που οδηγούν σε απόσυρση, n (%)	80 (3%)	41 (2%)	13 (1%)	4 (0.5%)	0

**Ο συνολικός ρυθμός ΑΕ, ΣΑΕ,
παραμένει σταθερός κατά την διάρκεια του χρόνου και
δεν αυξάνεται με τους επαναλαμβανόμενους κύκλους.**

Data cut April 2008.

Pt-yr=patient-year; SAE=serious adverse event; SIE=serious infection event

Συνολικά Σοβαρές Λοιμώξεις: 4,3 περ /100 ασθ-έτη

**Η συχνότητα σοβαρών λοιμώξεων παραμένει
σταθερά χαμηλή μεταξύ των κύκλων στην
μακροχρόνια θεραπεία**

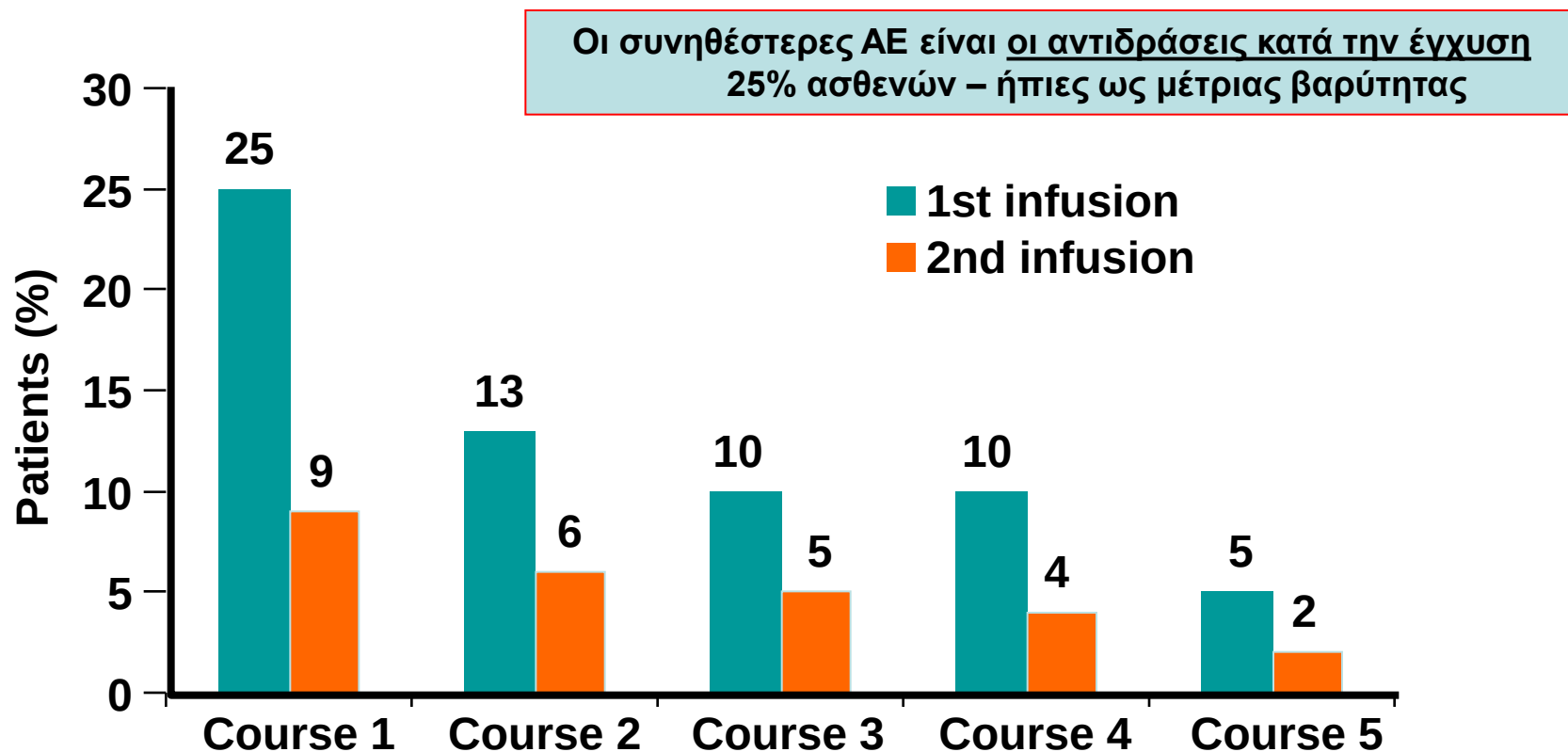
Παρόμοια συχνότητα εμφάνισης με τους άλλους
βιολογικούς.

•ADA: 5,1/ 100 pt-y

•ETA: 4,2 / 100 pt-y

•ABA: 4,2-5,3 / 100 pt-y

Αντιδράσεις κατά την έγχυση ανά κύκλο



Μακροπρόθεσμη ασφάλεια Rituximab ΛΟΙΜΩΞΕΙΣ

- Δεν υπήρξε αναφορά ευκαιριακών λοιμώξεων, ούτε TB, ούτε αναζωπύρωση ιογενών λοιμώξεων.
- Έχουν αναφερθεί λίγα περιστατικά αναζωπύρωσης έρπητα ζωστήρα (0,98 περ/100 ασθ-έτη)

RITUXIMAB

ΣΥΜΠΕΡΑΣΜΑΤΑ

- Διαφορετικό τρόπο δράσης (στοχεύει το CD19 B κύτταρο).
- Εύκολο δοσολογικό σχήμα, μόνο με 2 κύκλους τον χρόνο (σταθερά κάθε 6 μήνες, σε ασθενείς που δεν έχει επιτευχθεί ύφεση DAS>2,6).
- Αποτελεσματικότητα που διατηρείται ή και βελτιώνεται με τους επαναλαμβανόμενους κύκλους.
- Τεκμηριωμένη αναστολή της ακτινολογικής εξέλιξης.
- Μακροχρόνια ασφάλεια, χωρίς αύξηση των ανεπιθύμητων ενεργειών, με τους επαναλαμβανόμενους κύκλους.

Είναι ένα φάρμακο το οποίο
σε ασθενείς που απέτυχαν σε ένα αντι-TNF
και ιδιαίτερα σε οροθετικούς ασθενείς
εμφανίζει υψηλότερη αποτελεσματικότητα
και θεωρείται cost-effective εναλλακτική θεραπεία
έναντι της εναλλαγής TNF παραγόντων.

ΕΥΧΑΡΙΣΤΩ ΠΟΛΥ



ΣΥΜΠΛΗΡΩΜΑ

***Είναι ασφαλής η χορήγηση άλλων
βιολογικών θεραπειών
μετά την διακοπή του Rituximab
σε ασθενείς με ΡΑ;***

Safety of biological therapies following rituximab treatment in rheumatoid arthritis patients

M C Genovese,¹ F C Breedveld,² P Emery,³ S Cohen,⁴ E Keystone,⁵ E L Matteson,⁶ Y Baptiste,⁷ A Chai,⁸ L Burke,⁷ W Reiss,⁸ M Sweetser,⁹ T M Shaw⁷

¹ Stanford University School of Medicine, Palo Alto, California, USA; ² Leiden University Medical Center, Leiden University, Leiden, The Netherlands; ³ Leeds Teaching Hospitals Trust, the University of Leeds, Leeds, UK; ⁴ Metroplex Clinical Research Center, Dallas, Texas, USA; ⁵ University of Toronto, Toronto, Canada; ⁶ Mayo Clinic of Medicine, Rochester, Minnesota, USA; ⁷ Roche Products Ltd, Welwyn Garden City, UK; ⁸ Genentech, Inc, South San Francisco, California, USA; ⁹ Biogen Idec, Inc, Cambridge, Massachusetts, USA

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ABSTRACT

Objective: To assess the safety of biological disease-modifying antirheumatic drugs (DMARD) in rheumatoid arthritis (RA) patients following rituximab.

Methods: RA patients who participated in an international rituximab clinical trial programme were included. Patients who had received one or more rituximab courses and entered safety follow-up (SFU) were permitted to receive additional biological DMARD.

Results: 185 patients received rituximab and 103 received another biological DMARD. 153 had received one or more tumour necrosis factor inhibitor(s). No fatal or opportunistic infections occurred.

Conclusions: In this analysis, treatment with biological DMARD after rituximab was not associated with an increased serious infection rate. Sample size with limited follow-up restricts definitive conclusions.

METHODS

Patients and follow-up

Patients with active RA who received one or more courses of rituximab (either 2 × 500 mg or 2 × 1000 mg infusions given 2 weeks apart) during participation in one of nine trials in an international clinical trial programme were included in the study. Patients who had received one or more rituximab courses and entered safety follow-up (SFU) were permitted to receive additional biological DMARD.

185 ασθενείς από αυτούς που είχαν λάβει Rituximab χρειάστηκε να λάβουν άλλο βιολογικό παράγοντα.

88,6% την στιγμή της χορήγησης είχαν CD19<LLN

SFU, patients were permitted to receive standard of care therapy, which may have included additional biological therapies at the discretion of the treating physician. Patients who received an additional biological agent comprised this study population. After the study treatment phase, patients were followed for at least one year for SFU. Patients remained in SFU if their CD19+ cell counts at the end of one year were below the lower limit of normal (LLN) or had returned to baseline values, whichever was less. SFU time was thus variable among patients.

Η χρήση άλλων βιολογικών θεραπειών σε ασθενείς με ΡΑ που έλαβαν πριν θεραπεία με Rituximab δεν συσχετίστηκε με αυξημένο κίνδυνο σοβαρών λοιμώξεων

Table 2 Serious infection rate in patients who received treatment with another biological DMARD

	Overall (N = 2578)	Patients receiving any biological agent after rituximab treatment (n = 185)		Patients receiving TNF inhibitor after rituximab treatment (n = 153)	
		Before other biological agent	After other biological agent	Before other TNF inhibitor	After other TNF inhibitor
Total exposure, patient-years	5013	186.05	182.31	150.87	162.41
Serious infections, n	216	13	10	10	8
Serious infections/100 patient-years	4.31	6.99	5.49	6.63	4.93
95% CI	3.77 to 4.92	4.06 to 12.03	2.95 to 10.19	3.57 to 12.32	2.46 to 9.85

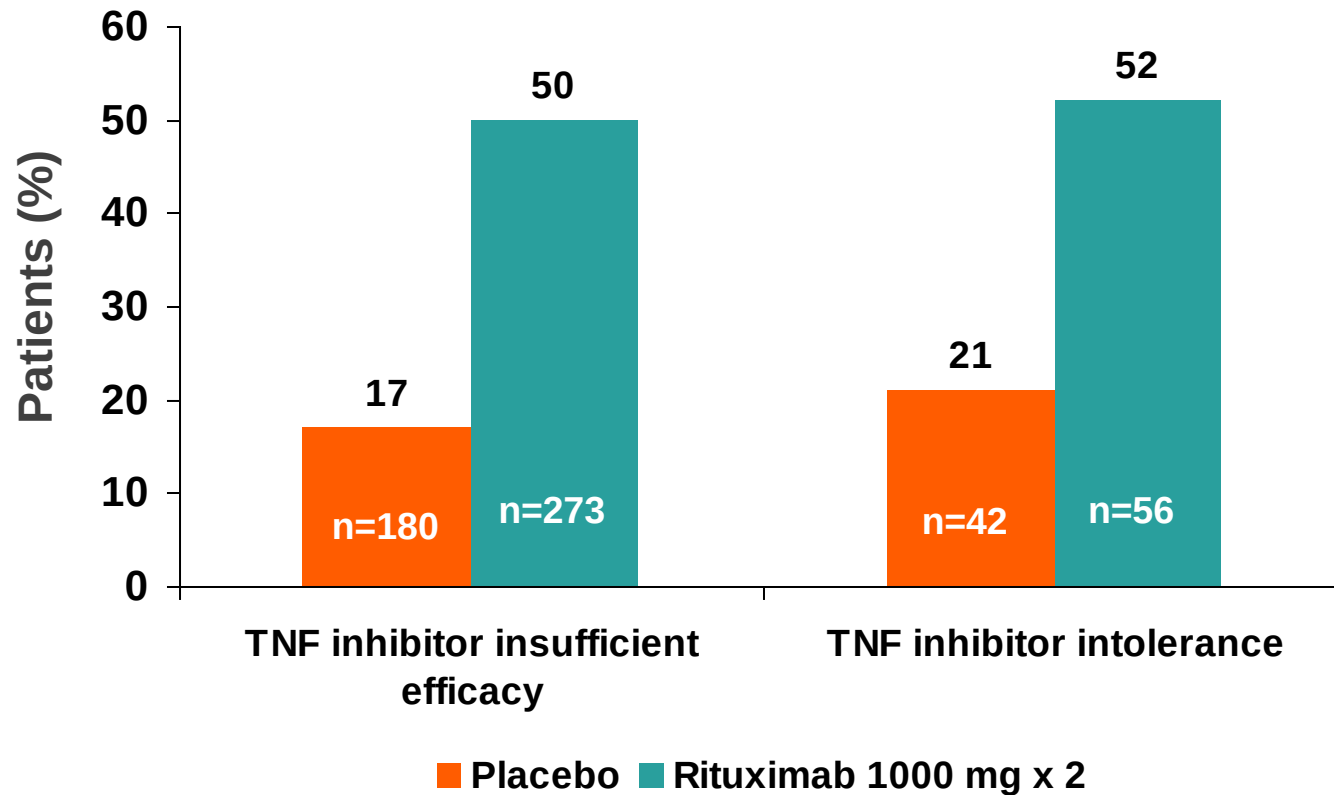
DMARD, disease-modifying antirheumatic drug; TNF, tumour necrosis factor.

Συνολικός ρυθμός σοβαρών λοιμώξεων: 4.31/100 pt-y (95%CI 3.77–4.92)

**Δεν υπήρξε αναφορά ευκαιριακών λοιμώξεων ούτε
TB, ούτε αναζωπύρωση ιογενών λοιμώξεων.**

REFLEX : ACR20 σε αποτυχία ή μη ανοχή του αντι-TNF

Οι ACR απαντήσεις στο Rituximab, ήταν ίδιες σε αυτούς που διέκοψαν το αντι-TNF λόγω αναποτελεσματικότητας ή λόγω μη ανοχής



ΜΑΚΡΟΠΡΟΘΕΣΜΗ ΑΣΦΑΛΕΙΑ MABTHERA ΛΟΙΜΩΞΕΙΣ

MABTHERA®
RITUXIMAB

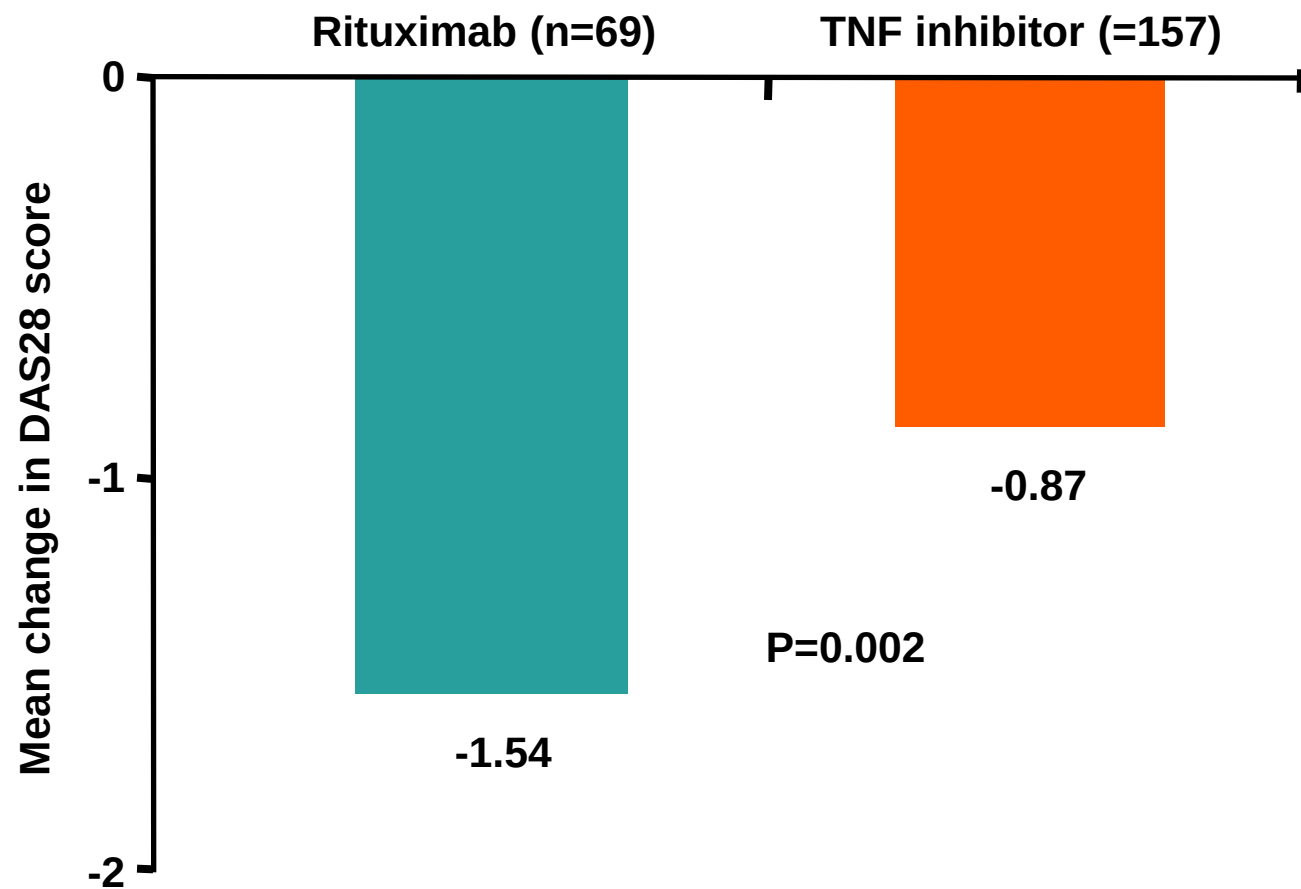
B CELL THERAPY. LASTING SUCCESS.

- **B-κυτταρική ανεπάρκεια: σχετίζεται με λοιμώξεις από πυογόνα βακτήρια.**
- **πλειοψηφία των ασθενών**
λοιμώξεις ήπιας-μέτριας βαρύτητας
ΚΥΡΙΩΣ ΜΙΚΡΟΒΙΑΚΕΣ!!!
- ΣΥΝΗΘΩΣ ανώτερου & κατώτερου αναπνευστικού, ουροποιητικού και λοιμώξεις μαλακών μοριών
 - η συχνότητα εμφάνισης **σταθερή στους κύκλους**
 - οι πιο πολλές στους πρώτους 2-6Μ (συσχέτιση με κορτικοειδή)

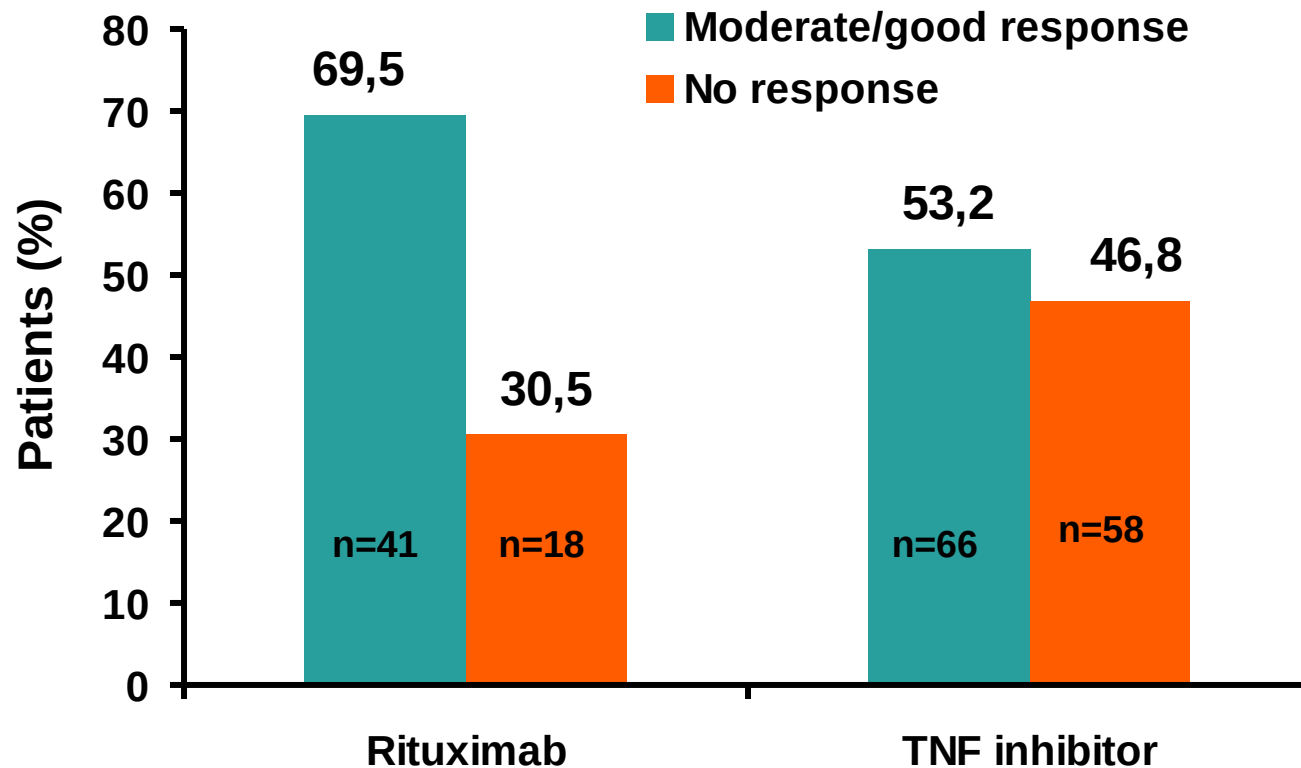
Μεγαλύτερη μείωση
του DAS28 στην ομάδα του MabThera®

MABTHERA®
RITUXIMAB

B CELL THERAPY. LASTING SUCCESS.



**MIRAR: περισσότεροι ασθενείς υπό RTX
είχαν EULAR μέτρια/καλή ανταπόκριση
συγκριτικά με αυτούς υπό 2^ο αTNF**



*p=0.037 versus TNF inhibitor group

Gómez-Reino et al EULAR 2009 FRI0257

ACR 2009: Μακροχρόνια ασφάλεια του Rituximab (3095 ασθ) έναντι placebo (819 ασθ)

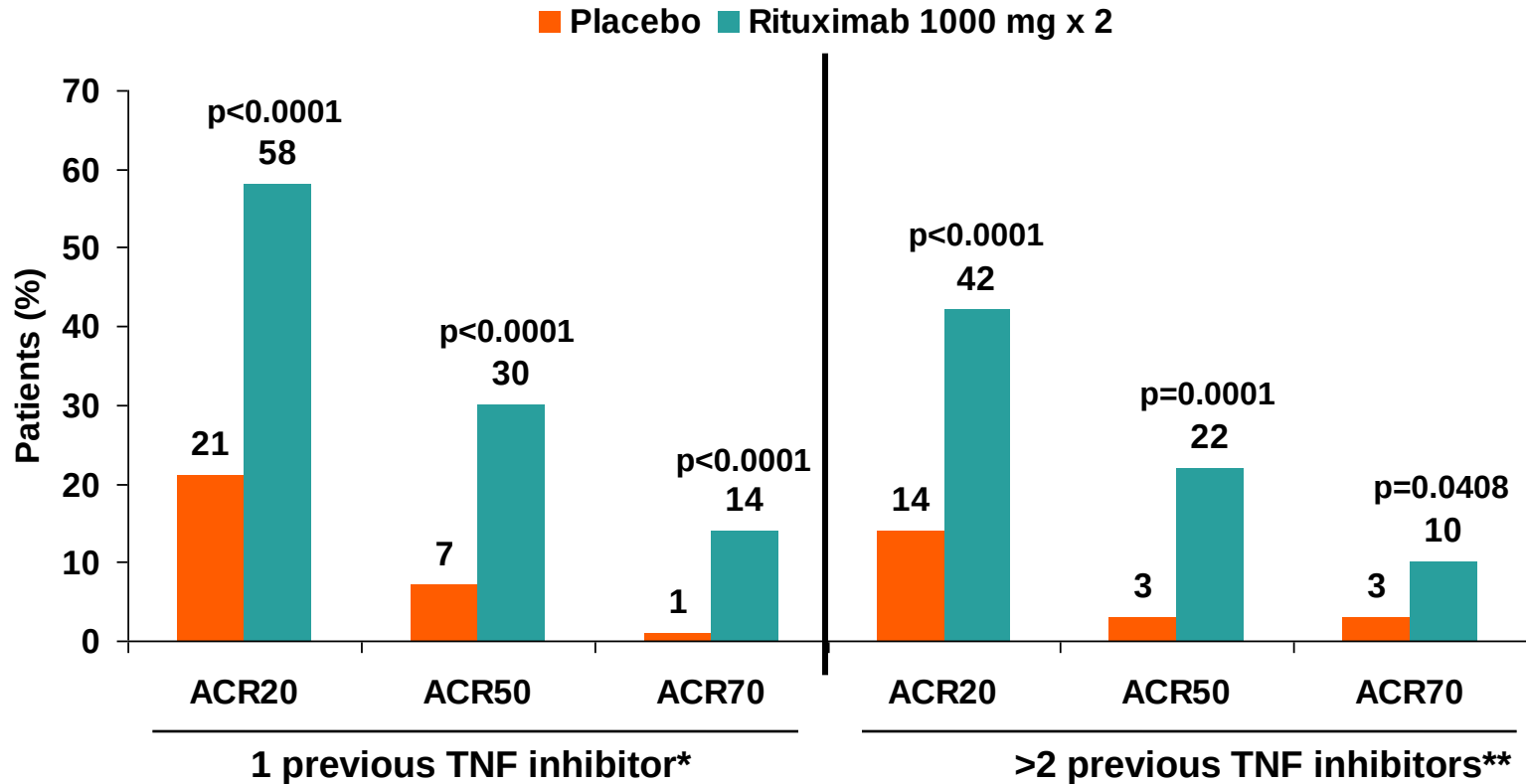
	All RTX exposure	Pooled placebo
Patients, n	3095	819
Total patient-years	7198	832
Infusion-related reactions, %	35	22
SAE rate/100 patient-years (95% CI)	16.5 (15.6–17.5)	15.7 (13.3–18.7)
Infection rate/100 patient-years (95% CI)	97.4 (95.1–99.7)	103.7 (97–110.9)
Serious infection rate/100 patient-years (95% CI)	4.25 (3.8–4.8)	4.33 (3.1–6.0)

- Most IRRs were CTC grade 1 or 2 and occurred after the first infusion of the first course
- <1% of IRRs were considered serious

REFLEX

Καλύτερο αποτέλεσμα στην ομάδα του Ritux.
σε σχέση με το placebo.

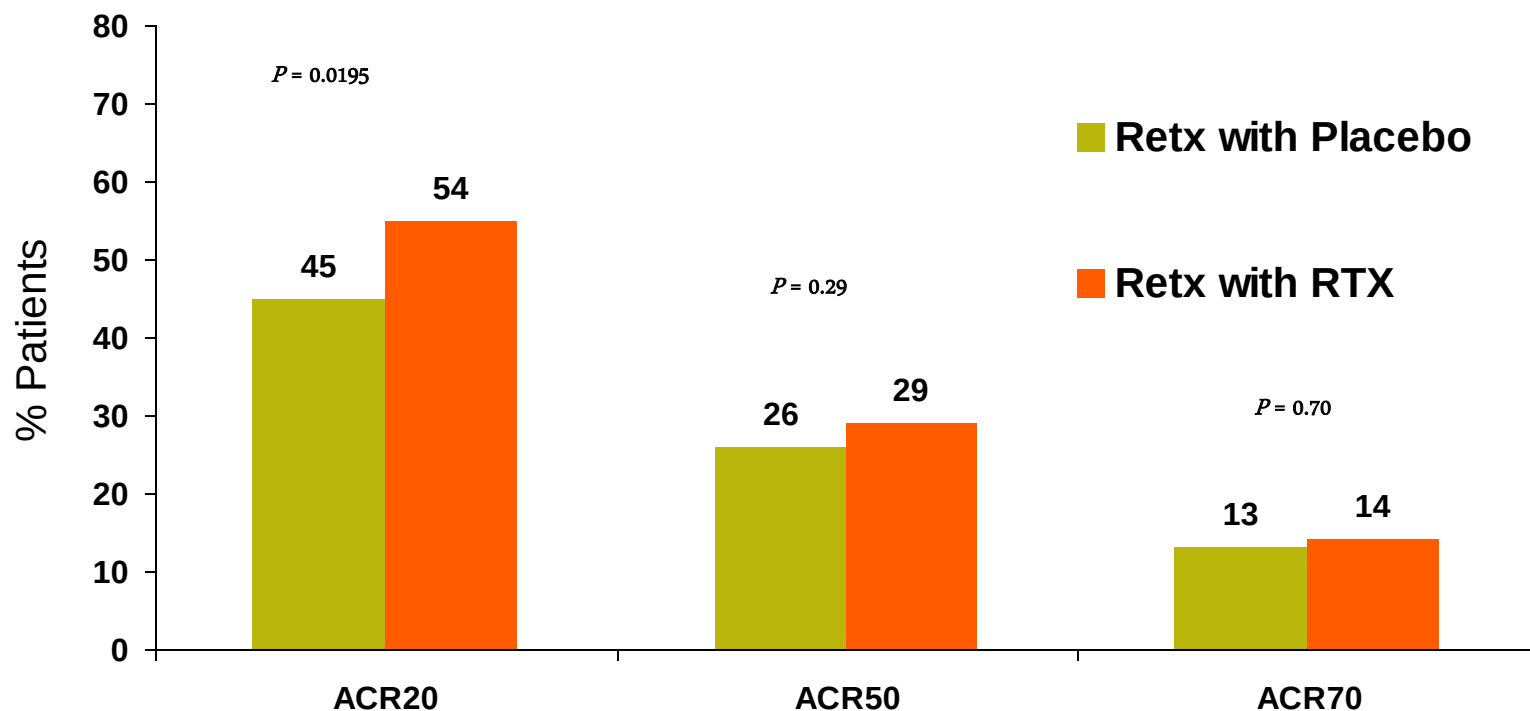
Καλύτερο αποτέλεσμα σε ασθενείς που είχαν αποτύχει σε ένα
αντι- TNF από αυτούς σε >/δύο αντι- TNF



Evaluable patients; *placebo (n=121), rituximab (n=179); **placebo (n=80), rituximab (n=119)

Καλύτερο αποτέλεσμα όταν το Rituximab χορηγείται νωρίς

SUNRISE: ACR20/50/70 την 48 βδομ.(ITT)



P-values from CMH test, comparing the placebo retreated group with RTX retreated group

Μακροπρόθεσμη Ασφάλεια του Rituximab ΚΑΡΔΙΑΓΓΕΙΑΚΟΣ ΚΙΝΔΥΝΟΣ

Έμφραγμα : 0,56 περ/100 pt-y

Παρόμοιο με αυτό του PA πληθυσμού (0,53)

Να μην χορηγείται σε Κ/Α σταδίου III ή ασταθή στηθάγχη
ΝΑΙ σε ρυθμισμένο ασθενή με Κ/α νόσο.

Μακροπρόθεσμη Ασφάλεια του Rituximab ΚΑΚΟΗΘΕΙΕΣ

- Δεν διαπιστώθηκε αυξημένος κίνδυνος κακοήθειας συγκριτικά με τον P/A και γενικό πληθυσμό.
SIR: 1,05 (95%CI 0,76-1,42)
- Έχει αναφερθεί 1 περιστατικό λεμφώματος.

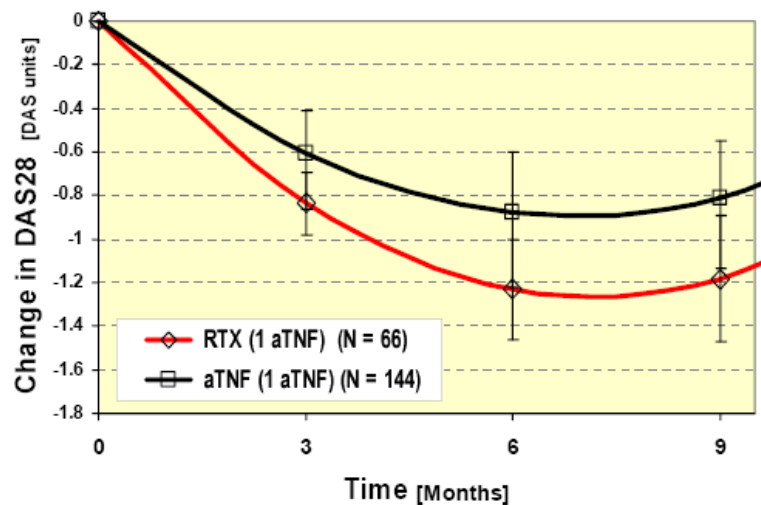
Which subgroup of rheumatoid arthritis patients benefits from switching to rituximab versus alternative anti-TNF agents after previous failure to anti-TNF agent?



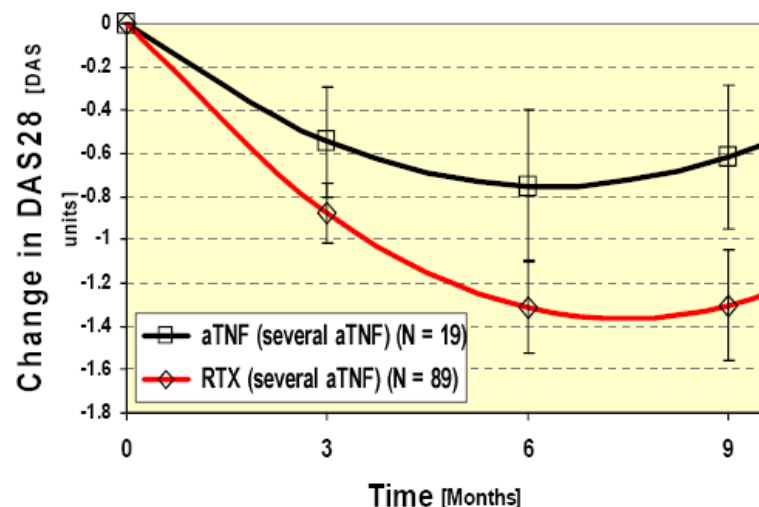
Axel Finckh, Adrian Ciurea, Laure Brulhart, Burkhard Möller, Ulrich A Walker, Delphine Courvoisier, Diego Kyburz, Jean Rudler and Cem Gabay

Βελτίωση του DAS28 εμφανίστηκε σε αυτούς που πήραν Rituximab ανεξάρτητα εάν είχαν προηγηθεί ένας ή περισσότεροι αντι-TNF

**Change in RA Disease Activity
(with 1 prior aTNF agent)**



**Change in RA Disease Activity
(with several prior aTNF agent)**



Μακροπρόθεσμη ασφάλεια : Σοβαρές λοιμώξεις ανά 100 ασθ.-έτη

Επίπτωση σοβαρών λοιμώξεων/100 ασθ.-έτη

Rituximab-treated (n=2579)

Biologic-treated (n=7664)
(BSR Biologics Register)¹

Biologic-treated (n=928)
(German Biologics Register)²

DMARD-treated (n=1354)
(BSR Biologics Register)¹

DMARD-treated (n=601)
(German Biologics Register)²

Etanercept-treated (n=714)³

Adalimumab-treated (n=10,050)⁴

Abatacept-treated (n=235)⁵

