

Συνδυαστική θεραπεία αντι-TNFs και κορτικοστεροειδών: επιπλέον κίνδυνος;

**Γ.Π.Καμπάκης
Ρευματολόγος**

Σύγκριση συμφερόντων

Γ.Π. Καμπάκης

καμία σύγκριση συμφερόντων

+

Λοιμώξεις

Μυκοβακτηριδιακές

Άτυπα μυκοβακτηρίδια

Μυκητησιακές

Ευκαιριακές

Ιογενείς (VZV, HBV, HCV, HIV)

Μικροβιακές

Αναπνευστικό

Δέρμα

Ουροποιητικό

Υποκείμενη νόσο (είδος/ βαρύτητα/ ενεργότητα)

Φαρμακευτική αγωγή

DMARD

αντιTNFα

Κορτικοειδή

Δόση (παρούσα/ συνολική)

Διάρκεια

RCT

Μελέτες παρατήρησης

Μετα ανάλυση

DMARD λοιμώξεις

Table 4. Risk of infection associated with exposure to DMARDs with and without immunosuppressive activity, adjusted for covariates*

| Medication | Coefficient estimate | Adjusted RR | 95% CI | P |
|-------------------------------------|----------------------|-------------|-----------|----------|
| Mild infections | | | | |
| Medication (vs. no DMARD and no CS) | | | | |
| Immunosuppressant alone | -0.09 | 0.92 | 0.89-0.95 | < 0.0001 |
| Nonimmunosuppressant alone | -0.12 | 0.89 | 0.86-0.92 | < 0.0001 |
| Immunosuppressant and CS | 0.11 | 1.12 | 1.08-1.17 | < 0.0001 |
| Nonimmunosuppressant and CS | 0.10 | 1.10 | 1.05-1.16 | 0.0001 |
| CS alone | 0.14 | 1.15 | 1.11-1.19 | < 0.0001 |
| None | 0.0 | Ref. | | |
| Serious infections | | | | |
| Medication (vs. no DMARD and no CS) | | | | |
| Immunosuppressant alone | -0.12 | 0.88 | 0.79-0.99 | 0.0320 |
| Nonimmunosuppressant alone | -0.06 | 0.95 | 0.85-1.05 | 0.3088 |
| Immunosuppressant and CS | 0.48 | 1.62 | 1.46-1.79 | < 0.0001 |
| Nonimmunosuppressant and CS | 0.48 | 1.61 | 1.43-1.82 | < 0.0001 |
| CS alone | 0.64 | 1.90 | 1.75-2.06 | < 0.0001 |
| None | 0.0 | Ref. | | |

DMARD+ΚΣ λοιμώξεις

Use of Nonbiologic Disease-Modifying Antirheumatic Drugs and Risk of Infection in Patients With Rheumatoid Arthritis

DIANE LACAILLE,¹ DAPHNE P. GUH,² MICHAL ABRAHAMOWICZ,³ ASLAM H. ANIS,⁴ AND JOHN M. ESDAILE⁵

Arthritis & Rheumatism (Arthritis Care & Research)
Vol. 59, No. 8, August 15, 2008, pp 1074–1081
DOI 10.1002/art.23913

Table 3. Generalized estimating equation extension of multivariate Poisson regression analysis, modeling the risk of mild and serious infections*

| Variable | Mild infections | | | Serious infections | | |
|-------------------------------------|-----------------|-----------|----------|--------------------|-----------|----------|
| | Adjusted RR | 95% CI | P | Adjusted RR | 95% CI | P |
| Medication (vs. no DMARD and no CS) | | | | | | |
| DMARD and CS | 1.12 | 1.08–1.16 | < 0.0001 | 1.63 | 1.5–1.77 | < 0.0001 |
| DMARD alone | 0.9 | 0.88–0.93 | < 0.0001 | 0.92 | 0.85–1.0 | 0.0502 |
| CS alone | 1.15 | 1.11–1.19 | < 0.0001 | 1.9 | 1.75–2.05 | < 0.0001 |
| Prior event (yes vs. no) | 1.23 | 1.21–1.26 | < 0.0001 | 3.08 | 2.84–3.35 | < 0.0001 |
| Comorbidity index (per unit) | 1.08 | 1.08–1.09 | < 0.0001 | 1.11 | 1.1–1.12 | < 0.0001 |
| Age (per 10-year increase) | 0.97 | 0.96–0.98 | < 0.0001 | 1.19 | 1.16–1.22 | < 0.0001 |
| Sex (women vs. men) | 1.28 | 1.24–1.31 | < 0.0001 | 1.02 | 0.96–1.08 | 0.5583 |
| RA duration (vs. incident cases) | | | | | | |
| >5 years | 1.11 | 1.07–1.15 | < 0.0001 | 1.45 | 1.35–1.57 | < 0.0001 |
| 0–5 years | 1.04 | 1.01–1.07 | 0.0041 | 1.13 | 1.06–1.21 | 0.0003 |
| SES (low vs. high) | 1.39 | 1.34–1.45 | < 0.0001 | 1.56 | 1.41–1.73 | < 0.0001 |

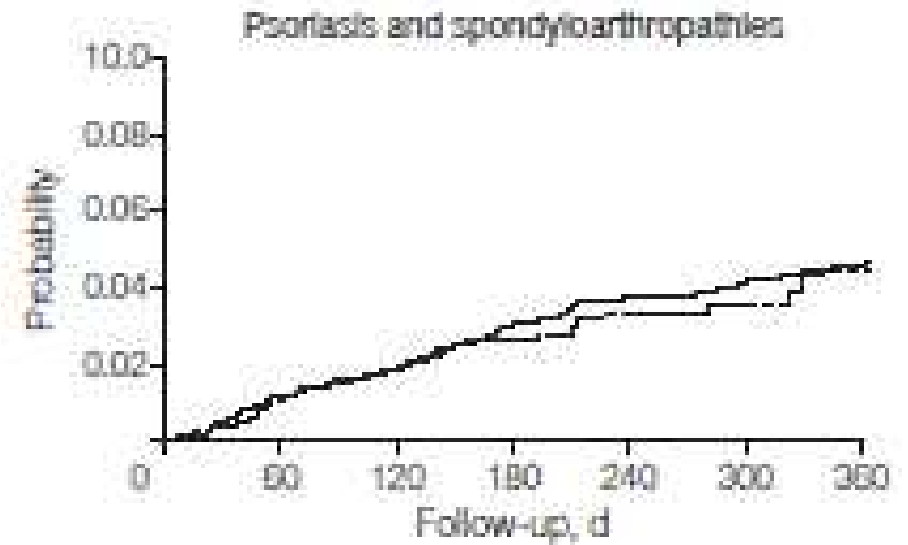
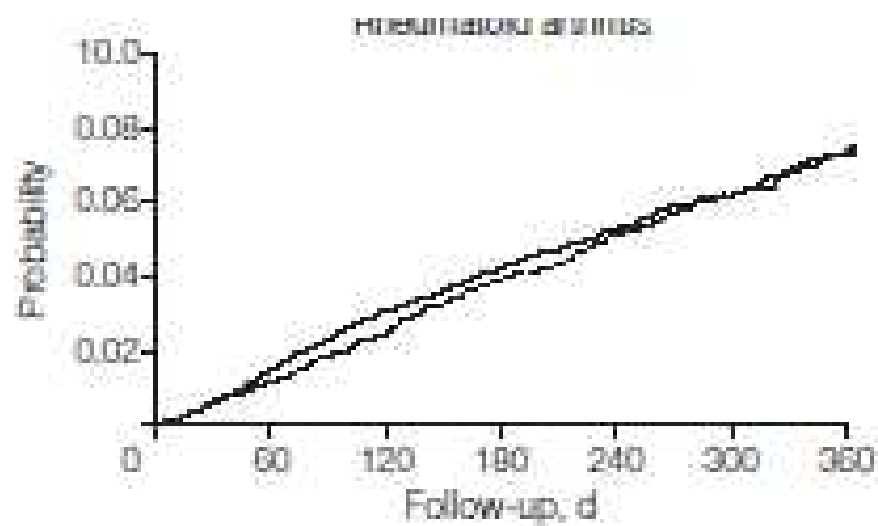
* RR = rate ratio; 95% CI = 95% confidence interval; DMARD = disease-modifying antirheumatic drug; CS = corticosteroids; RA = rheumatoid arthritis; SES = surrogate marker of socioeconomic status.

TNF λοιμώξεις

**Initiation of Tumor Necrosis Factor- α
Antagonists and the Risk of Hospitalization
for Infection in Patients
With Autoimmune Diseases**

JAMA. 2011;306(21):2331-2339

TNF λοιμώξεις



JAMA. 2011;306(21):2331-2339

TNF+ΚΣ λοιμώξεις

| | ΡΑ | ΦΝΕ | ΨΑ |
|-------|-------------|------|-------------|
| 5mg | 1.32 | 1.09 | 1.15 |
| 5-10 | 1.78 | 0.93 | 2.01 |
| >10mg | 2.95 | 1.38 | 2.77 |

[JAMA. 2011;306\(21\):2331-2339](#)



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Review

Long-term anti-TNF therapy and the risk of serious infections in a cohort of patients with rheumatoid arthritis: Comparison of adalimumab, etanercept and infliximab in the GISEA registry

Fabiola Atzeni ^{a,*}, Piercarlo Sarzi-Puttini ^{a,1}, Costantino Botsios ^{b,1}, Antonio Carletto ^{c,1}, Paola Cipriani ^{d,1}, Ennio Giulio Favalli ^{e,1}, Elena Frati ^{f,1}, Valentina Foschi ^{g,1}, Stefania Gasparini ^{h,1}, AnnaRita Giardina ^{i,1}, Elisa Gremese ^{j,1}, Florenzo Iannone ^{k,1}, Marco Sebastiani ^{l,1}, Tamara Ziglioli ^{m,1}, Domenico Biasi ^{c,1}, Clodoveo Ferri ^{l,1}, Mauro Galeazzi ^{g,1}, Roberto Gerli ^{n,1}, Roberto Giacomelli ^{d,1}, Roberto Gorla ^{m,1}, Marcello Govoni ^{g,1}, Giovanni Lapadula ^{k,1}, Antonio Marchesoni ^{e,1}, Fausto Salaffi ^{h,1}, Leonardo Punzi ^{b,1}, Giovanni Triolo ^{i,1}, Gianfranco Ferraccioli ^{j,1}

Univariable and multivariable predictors of serious infections.

| | Univariate | | | Multivariate | | | | |
|------------------------------------|-----------------|---------------------|------|------------------|---------------------|------|-------|--------|
| | HR ^a | 95% CI ^b | p | AHR ^c | 95% CI ^b | p | | |
| Age at start of anti-TNF treatment | 1.03 | 1.02 | 1.04 | <.0001 | 1.036 | 1.02 | 1.053 | <.0001 |
| Disease duration | 1.009 | 0.99 | 1.03 | 0.3 | 1.004 | 0.98 | 1.025 | 0.709 |
| DAS28 | 1.055 | 0.94 | 1.19 | 0.381 | 0.946 | 0.81 | 1.107 | 0.49 |
| DI-HAQ | 1.443 | 1.15 | 1.81 | 0.002 | 1.156 | 0.85 | 1.576 | 0.358 |
| Etanercept | 1 | | | | 1 | | | |
| Adalimumab | 1.942 | 1.2 | 3.15 | 0.0007 | 2.224 | 1.12 | 4.421 | 0.023 |
| Infliximab | 4.291 | 2.84 | 6.47 | <.0001 | 4.916 | 2.71 | 8.906 | <.0001 |
| DMARDs | 2.178 | 1.59 | 2.98 | <.0001 | 2.145 | 1.28 | 3.595 | 0.004 |
| Corticosteroids | 1.849 | 1.36 | 2.51 | <.0001 | 1.633 | 1.01 | 2.644 | 0.046 |
| Comorbidity | 0.899 | 0.67 | 1.21 | 0.479 | 1.246 | 0.87 | 1.791 | 0.234 |

Univariable and multivariable predictors of serious infections.

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Time-Dependent Increased Risk for Serious Infection From Continuous Use of Tumor Necrosis Factor Antagonists Over Three Years in Patients With Rheumatoid Arthritis

RYOKO SAKAI,¹ YUKIKO KOMANO,¹ MICHI TANAKA,¹ TOSHIHIRO NANKI,¹ RYUJI KOIKE,¹
HAYATO NAGASAWA,² KOICHI AMANO,² ATSUO NAKAJIMA,³ TATSUYA ATSUMI,⁴ TAKAO KOIKE,⁴

Table 4. Multivariate analysis of independent risk factors for serious infections during continuous use of TNF antagonists in the Registry of Japanese Rheumatoid Arthritis Patients for Long-Term Safety database*

| | RR (95% CI)† | P |
|---|------------------|---------|
| TNF antagonist (infliximab or etanercept) | 1.97 (1.25–3.19) | 0.0045 |
| Age by decade | 1.45 (1.20–1.77) | < 0.001 |
| Chronic pulmonary disease | 1.77 (1.15–2.70) | 0.009 |
| Diabetes mellitus | 1.20 (0.69–1.97) | 0.49 |
| Mean DAS28-CRP (per 1.0 increment) | 1.33 (1.05–1.66) | 0.015 |
| Mean MTX dosage >8.0 mg/week‡ | 2.14 (1.15–3.87) | 0.013 |
| Mean prednisolone dosage ≥10 mg/day‡ | 2.49 (1.08–5.50) | 0.027 |

Use of a Disease Risk Score to Compare Serious Infections Associated with Anti-TNF Therapy among High versus Lower Risk Rheumatoid Arthritis Patients

JR Curtis MD MS MPH^{1,2}, Fenglong Xie MS¹, Lang Chen PhD¹, Paul Muntner PhD², Carlos G. Grijalva MD MPH³, Claire Spettell PhD⁴, Joaquim Fernandes MS⁴, Raechele M. McMahan MBA⁵, John W. Baddley MD⁶, Kenneth G. Saag MD MSc^{1,2}, Timothy Beukelman MD MSCE¹, Elizabeth Delzell ScD²

- Σύμφωνα με το μοντέλο, σε νέο ασθενή που λαμβάνει πάνω από 7,5mg πρεδνιζολόνης ο συνολικός κίνδυνος εμφάνισης λοίμωξης **μειώνεται** μετά την έναρξη χορήγησης αντιTNF εφόσον αυτή επιτρέψει την διακοπή λήψης ΚΣ

ΚΣ λοιμώξεις

RESEARCH ARTICLE

Open Access

The association between systemic glucocorticoid therapy and the risk of infection in patients with rheumatoid arthritis: systematic review and meta-analyses

William G Dixon^{1,2*}, Samy Suissa² and Marie Hudson²

Dixon *et al.* *Arthritis Research & Therapy* 2011, **13**:R139
<http://arthritis-research.com/content/13/4/R139>

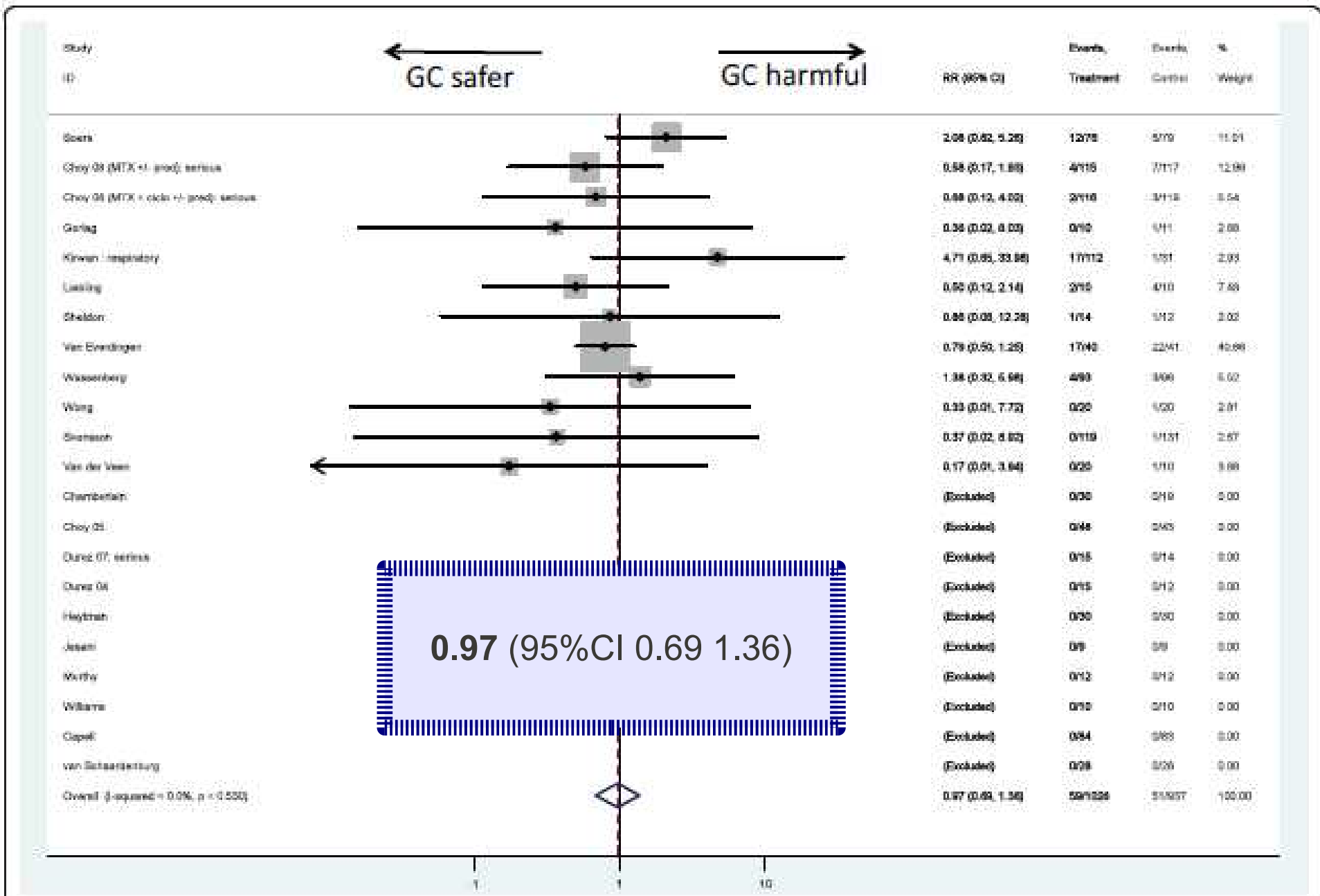
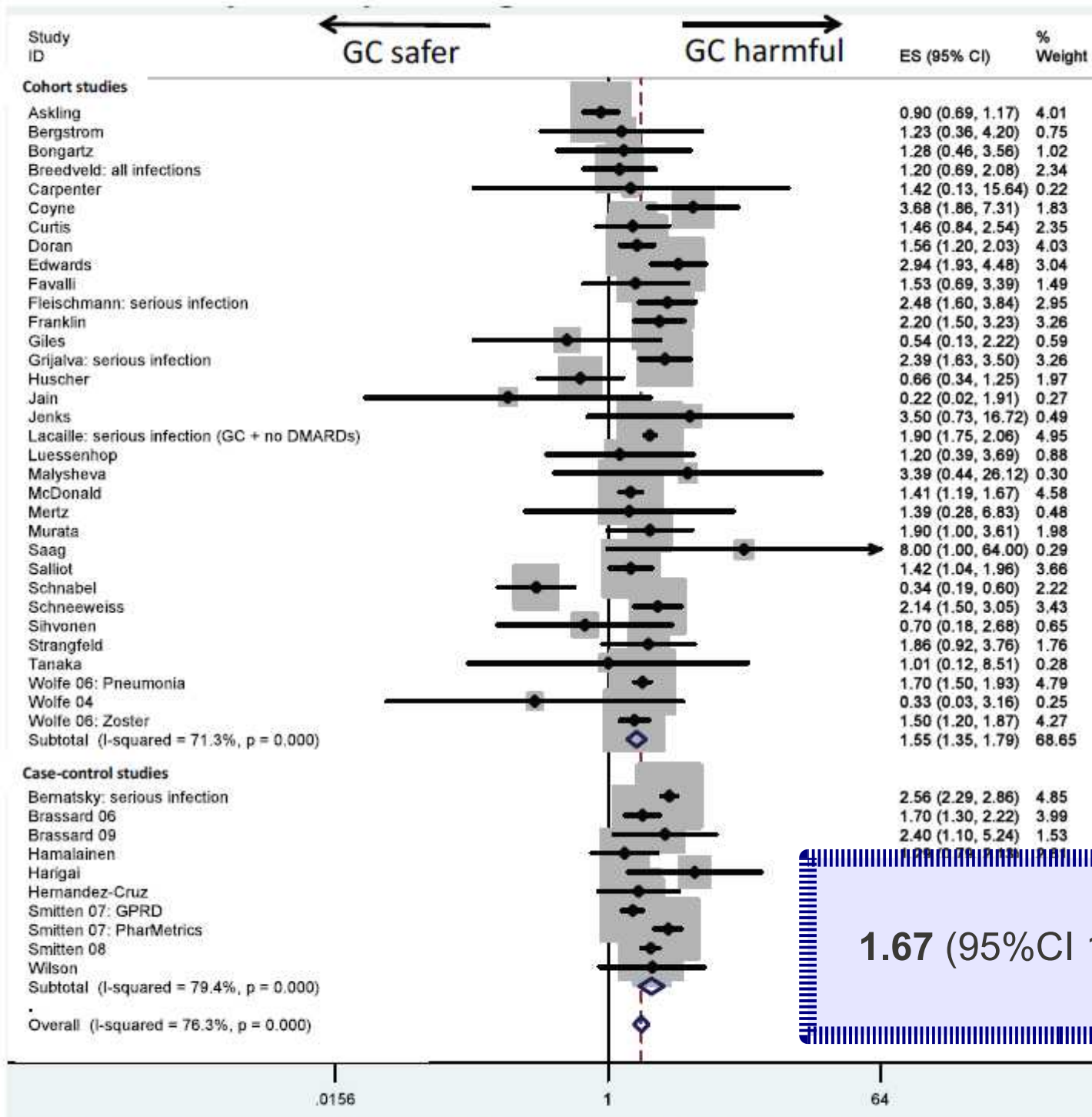


Figure 2 Meta-analysis of infection risk in randomized controlled trials of systemic glucocorticoid therapy.



1.67 (95%CI 1.49 1.87)

Figure 3 Meta-analysis of infection risk in observational studies, stratified by study design (1, Dixon et al. Arthritis Research & Therapy 2011, 13:R139 <http://arthritis-research.com/content/13/4/R139>

ΚΣ λοιμώξεις

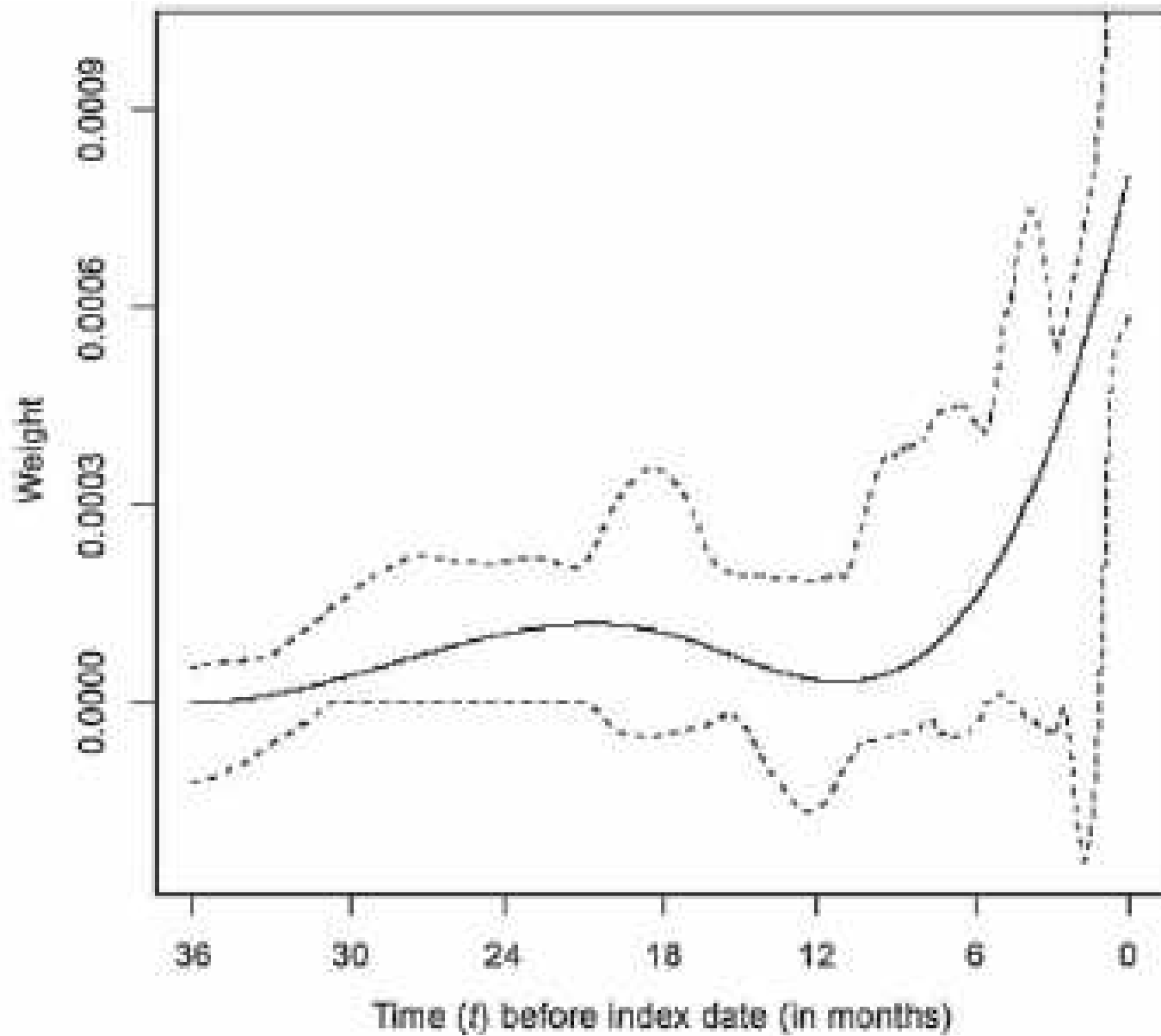
The influence of systemic glucocorticoid therapy upon the risk of non-serious infection in older patients with rheumatoid arthritis: a nested case–control study

W G Dixon,^{1,2} A Kezouh,² S Bernatsky,³ S Suissa²

Ann Rheum Dis 2012;**71**:1128–1133. doi:10.1136/annrheumdis-2011-200702

- + Η χρήση ΚΣ **αυξάνει** τον κίνδυνο λοιμώξεων
- + Ιδιαίτερα η **παρούσα** και η **πρόσφατη** δόση
- + λιγότερο η αθροιστική δόση πέραν της διαιτίας

ΚΣ λοιμώξεις

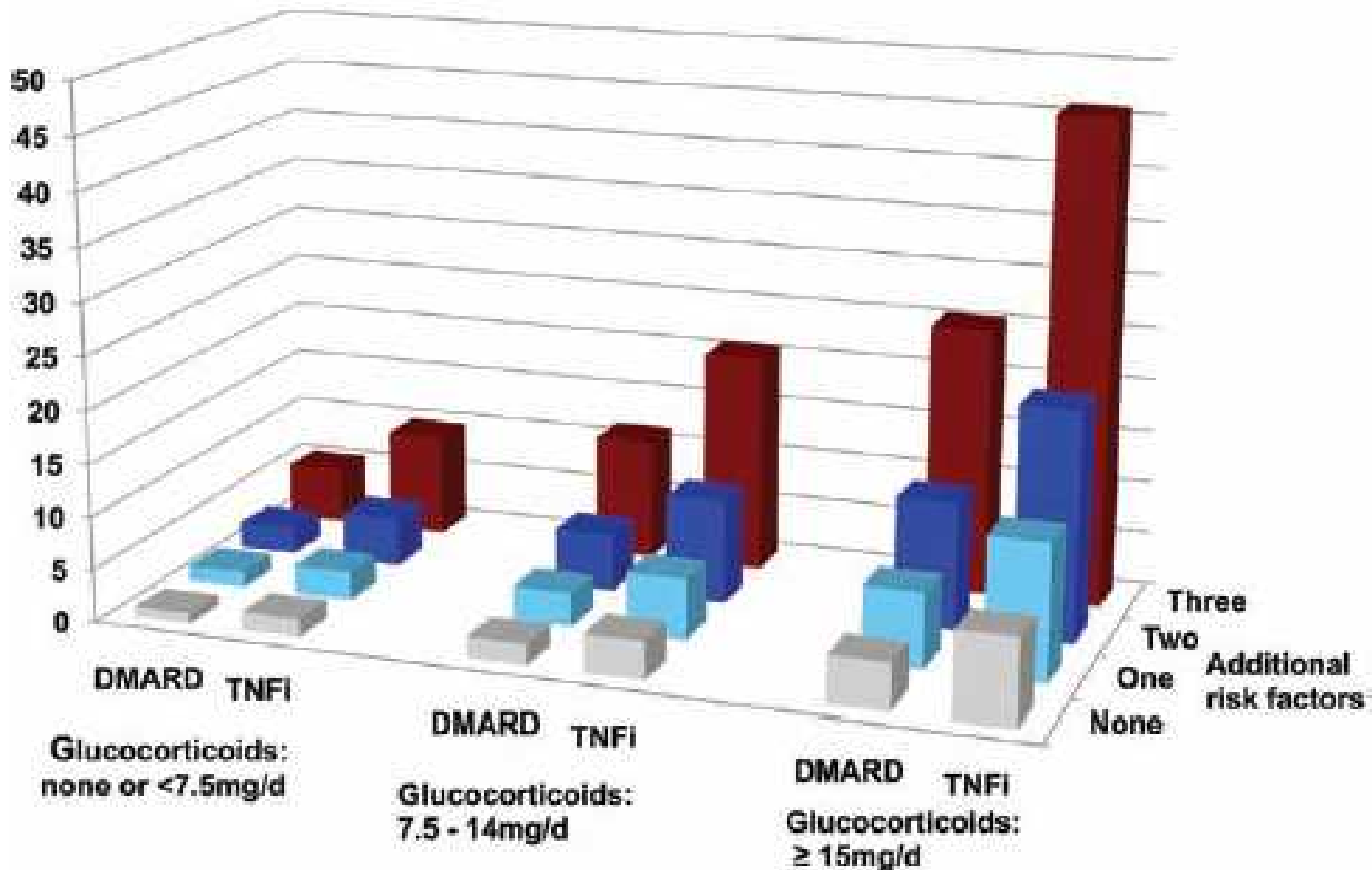


ΚΣ λοιμώξεις

Immediate and delayed impact of oral glucocorticoid therapy on risk of serious infection in older patients with rheumatoid arthritis: a nested case–control analysis

William G Dixon,¹ Michal Abrahamowicz,^{2,3} Marie-Eve Beauchamp,³ David W Ray,⁴ Sasha Bernatsky,⁵ Samy Suissa,⁶ Marie-Pierre Sylvestre^{7,8}

TNF + ΚΣ λοιμώξεις



Treatment benefit or survival of the fittest: what drives the time-dependent decrease in serious infection rates under TNF inhibition and what does this imply for the individual patient?

A Strangfeld,¹ M Eveslage,¹ M Schneider,² H J Bergerhausen,³ T Klopsch,⁴ A Zink,^{1,5}
J Listing¹

Ann Rheum Dis 2011;**70**:1914–1920. doi:10.1136/ard.2011.151043

Table 2 Crude rates of serious infections per 100 patient-years (pyrs)

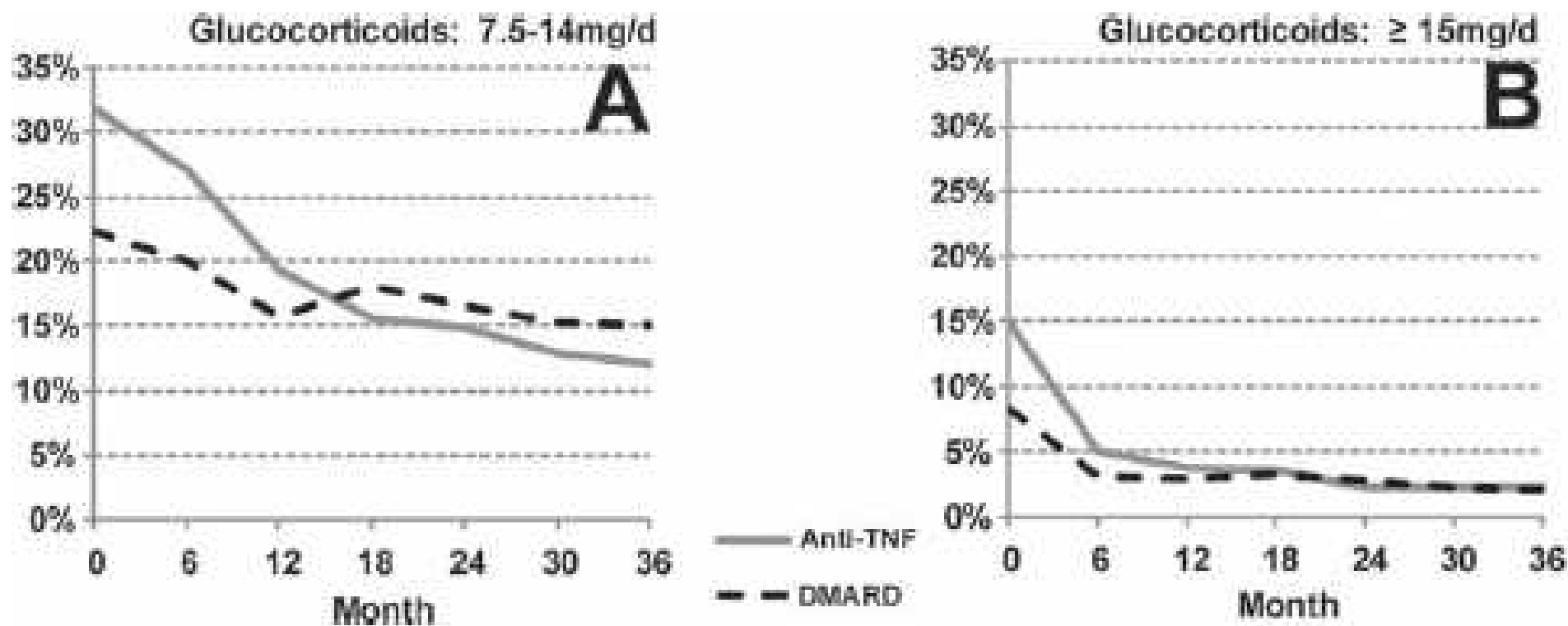
| | Exposure time (pyrs) | Serious infections | | | Incidence rate ratio (IRR) |
|-----------------|----------------------|--------------------|--------------|------------|----------------------------|
| | | n | Per 100 pyrs | 95% CI | |
| Year 1 | | | | | |
| DMARD treatment | 1765 | 40 | 2.3 | 1.6 to 3.1 | 2.13 |
| Anti-TNF agents | 3041 | 147 | 4.8 | 4.1 to 5.7 | |
| Year 2 | | | | | |
| DMARD treatment | 1696 | 40 | 2.4 | 1.7 to 3.2 | 1.36 |
| Anti-TNF agents | 2564 | 82 | 3.2 | 2.9 to 4.0 | |
| Year 3 | | | | | |
| DMARD treatment | 1397 | 35 | 2.5 | 1.8 to 3.5 | 0.88 |
| Anti-TNF agents | 2186 | 48 | 2.2 | 1.6 to 2.9 | |

DMARD, disease-modifying antirheumatic drug; TNF, tumour necrosis factor.

Treatment benefit or survival of the fittest: what drives the time-dependent decrease in serious infection rates under TNF inhibition and what does this imply for the individual patient?

A Strangfeld,¹ M Eveslage,¹ M Schneider,² H J Bergerhausen,³ T Klopsch,⁴ A Zink,^{1,5} J Listing¹

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Συμπερασματικά...

+

Υποκείμενη νόσο (είδος/ βαρύτητα/ ενεργότητα)

Φαρμακευτική αγωγή

DMARD

αντιTNFa

Κορτικοειδή

Δόση (**παρούσα**/ συνολική)

Διάρκεια