



Παθολογική  
Φυσιολογία

# The pathophysiology of inflammatory responses in Large Vessel Vasculitis

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Εθνικό &  
Καποδιστριακό  
Πανεπιστήμιο  
Αθηνών

Rhodes 2022

# Disclosures

Received Research Grants from Novartis, Pfizer, ABBVIE, Genesis, Eli-Lilly. NONE related to the current presentation

Coordinator of HarmonicSS, an EU sponsored Research Grant

Chairman of eSSential, the Study Group of EULAR, devoted to Sjögren's syndrome

# Lecture outline

## Introduction

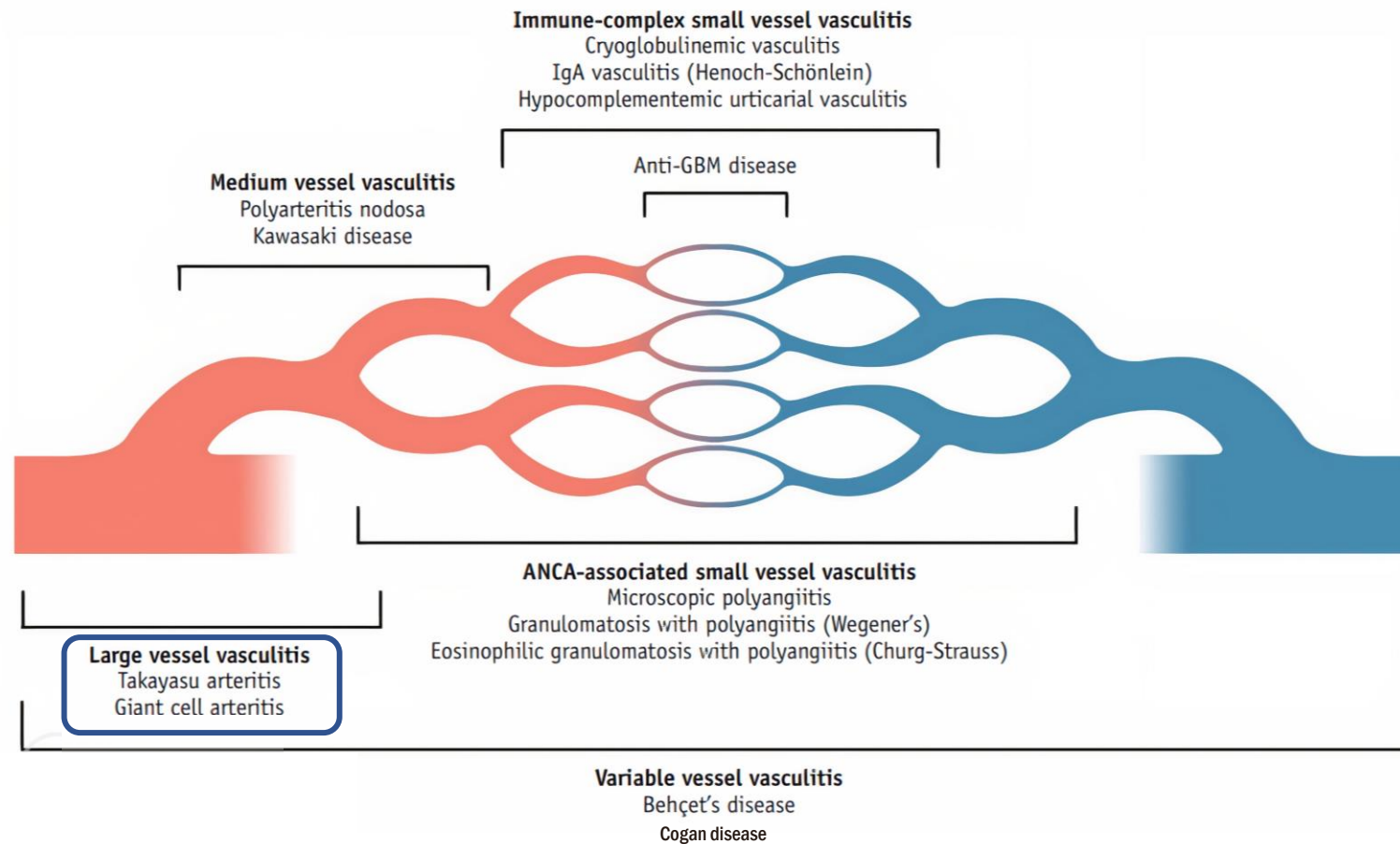
Cells participating/ Stages of  
inflammatory lesion

Histologic heterogeneity

Work in progress-Future perspectives



# Nomenclature of Systemic Vasculitides

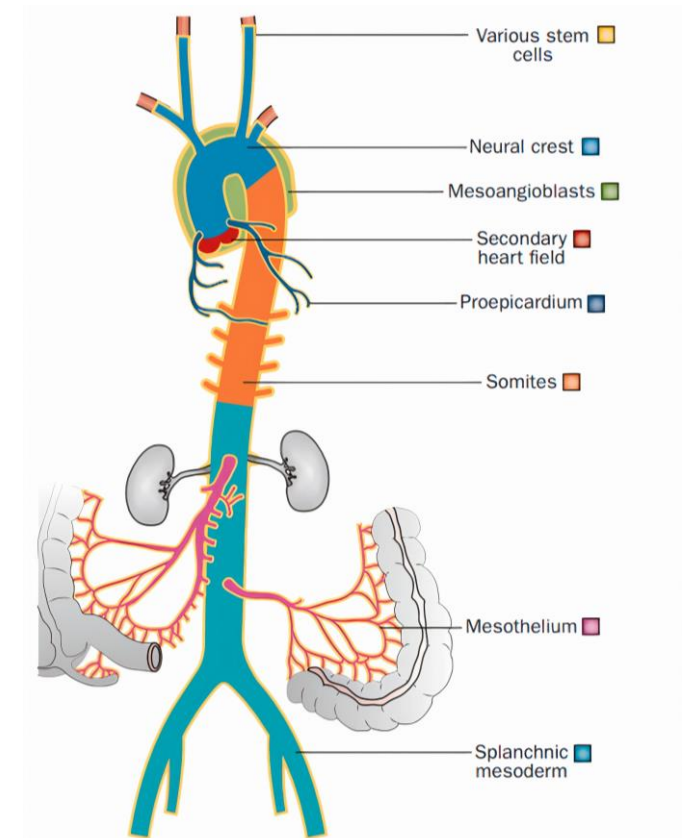


Modified from Jennette et al. Arthritis Rheum 2013

Jennette JC Nomenclature of systemic vasculitides: The proposal of an international consensus conference. Arthritis Rheum. 1994

# Heterogeneity of Vascular inflammation (1)

- ❑ Commitment and specification from the earliest stages of embryonic development.
- ❑ Vessels of a specific caliber can be affected by different diseases and different pathogenetic mechanisms.
- ❑ Vessels of a specific caliber are not equally prone to injury



*Different colours represent differences in embryonic origins of vascular smooth muscle cells*

# Heterogeneity of Vascular Inflammation-LVV (2)

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*GCA*

GIANT CELL ARTERITIS

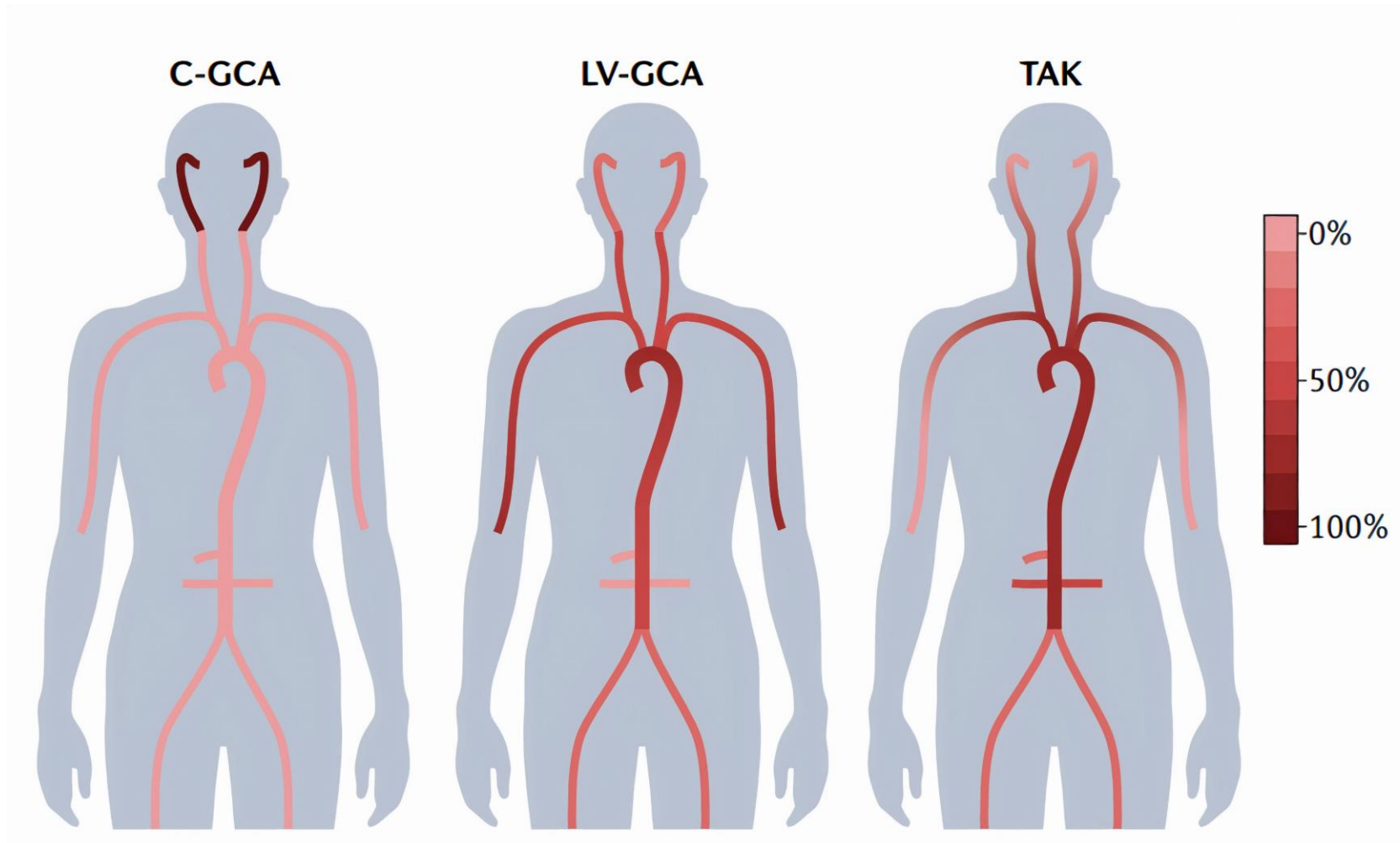
- Individuals over 50
- More common in Caucasian
- Association with genes in the HLA II region
- Jaw claudication/ Headache/ Visual loss
- Association with PMR
- Different vessels involved

*TA*

TAKAYASU ARTERITIS

- Young women below 40
- More common in Asian ancestry
- No clear genetic loci associations
- Arm claudication/diminished pulses/ pulseless disease
- Incidence rate of TAK is significantly lower in comparison with GCA
- Different vessels involved

# Arterial involvement in LVV



Cranial GCA

- Temporal artery

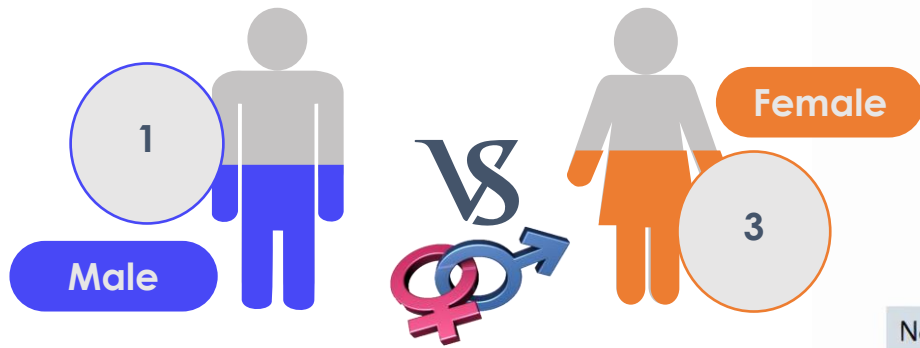
Large vessel GCA

- Axillary arteries

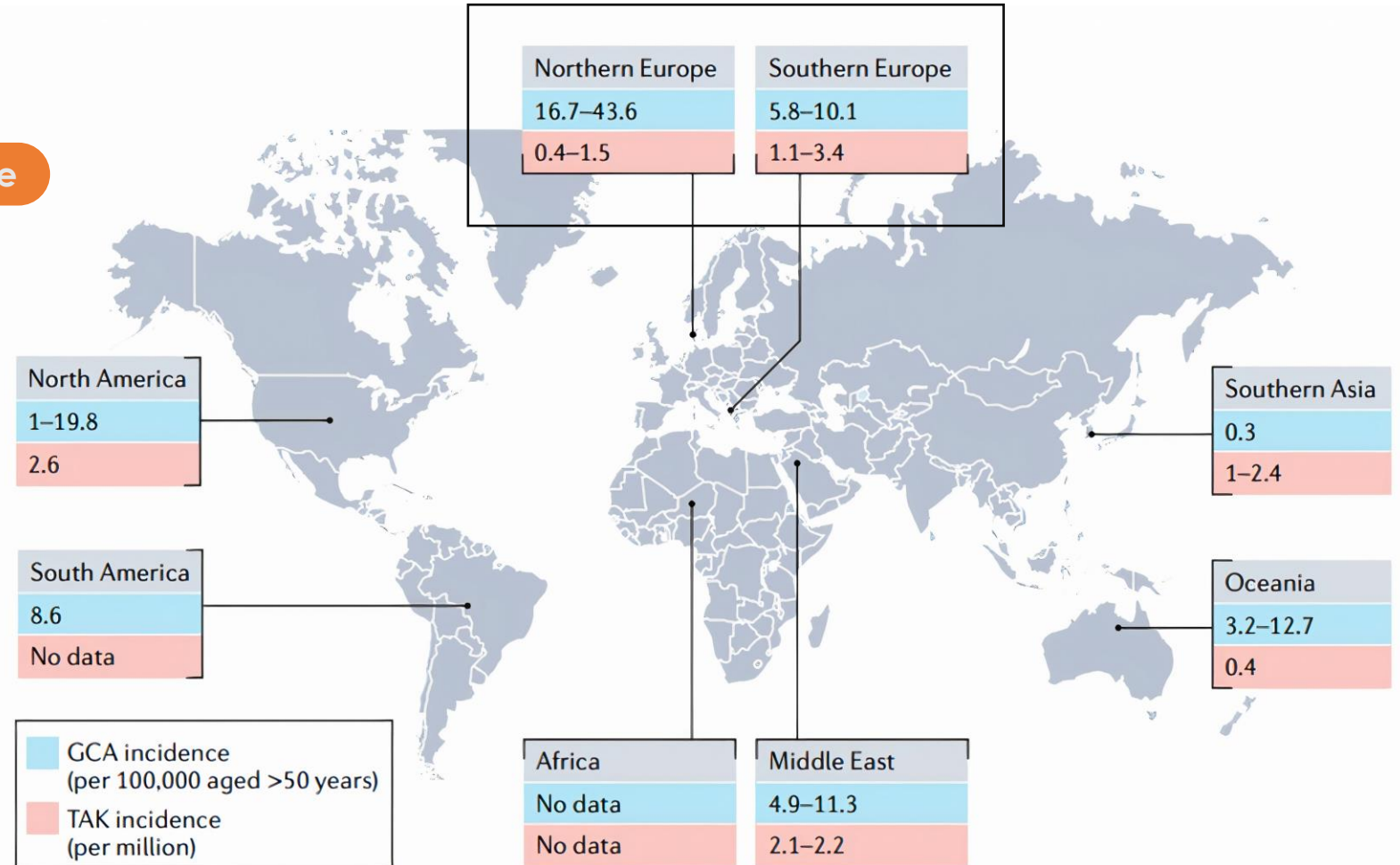
Takayasu arteritis

- Renal and mesenteric vessels
- Symmetrical involvement of with the possible exception of subclavian involvement
- Left subclavian is more commonly implicated

# Epidemiology of LVV



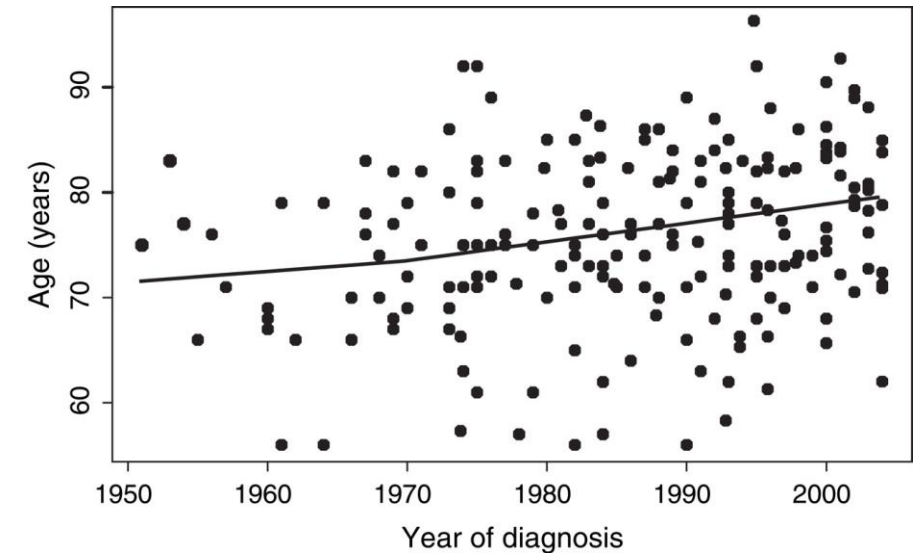
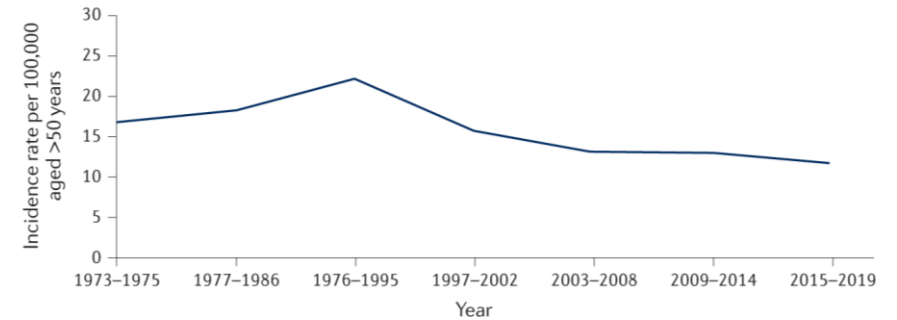
The incidence within Europe shows a marked north–south gradient and is reported to be <10 cases per 100,000 persons over the age of 50 years in Mediterranean population





# Epidemiology of LVV

- GCA is observed in patients >50 years. The incidence increases with age to peak in the eighth decade. A 40-fold increase in disease risk over those aged 50–59 years
- Giant cell arteritis is gradually becoming less common, having peaked in incidence around 1990
- Patients with LV-GCA are younger at presentation, are more commonly females and more often present with bilateral arterial involvement than those with C-GCA

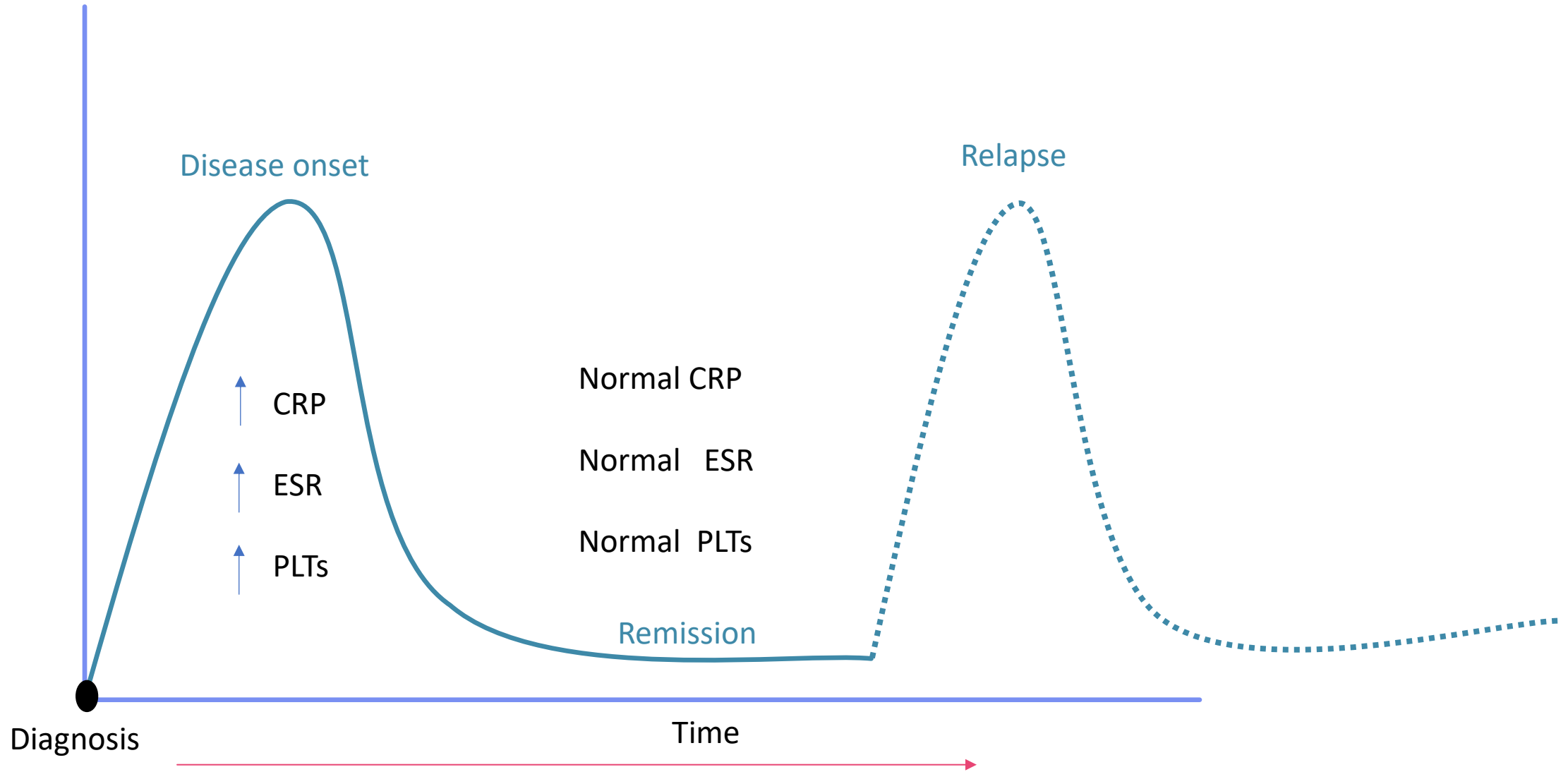


Richard A. Watts et al. *Global epidemiology of vasculitis* Nat. Rev. Rheumatology 2021

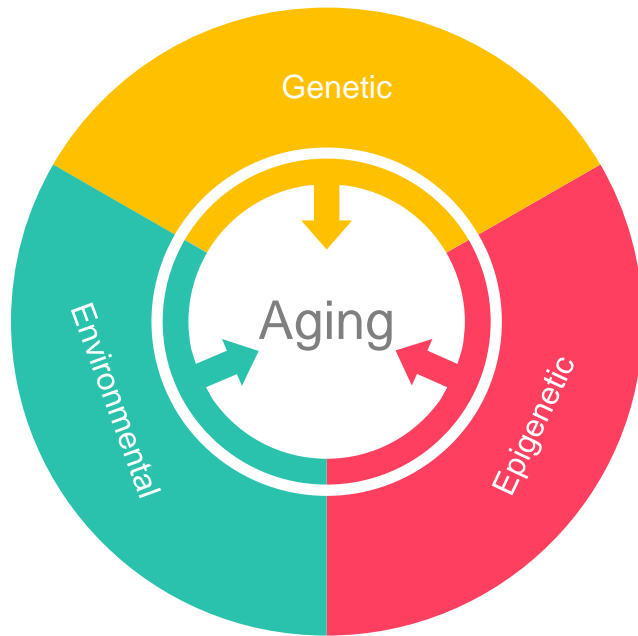
Tanaz A Kermani et al. *Increase in age at onset of giant cell arteritis: a population-based study* Ann Rheum Dis 2010

Carlo Salvarani et al. *Reappraisal of the epidemiology of giant cell arteritis in Olmsted County, Minnesota, over a fifty-year period* Arthritis Rheum 2004

# Clinical course of GCA



# Disease determinants and risk factors



## Genetic

Class II HLA [HLA-DRB1\*04 alleles (OR 1.79)]  
Other polymorphisms within IL17A, IL33, PLG, P4HA2

## Epigenetic

Hypomethylation of genes implicated in the T-cell receptor-CD28 signaling pathways  
Overexpression of miRNAs involved in the response of T cells, macrophages and dendritic cells

## Environmental

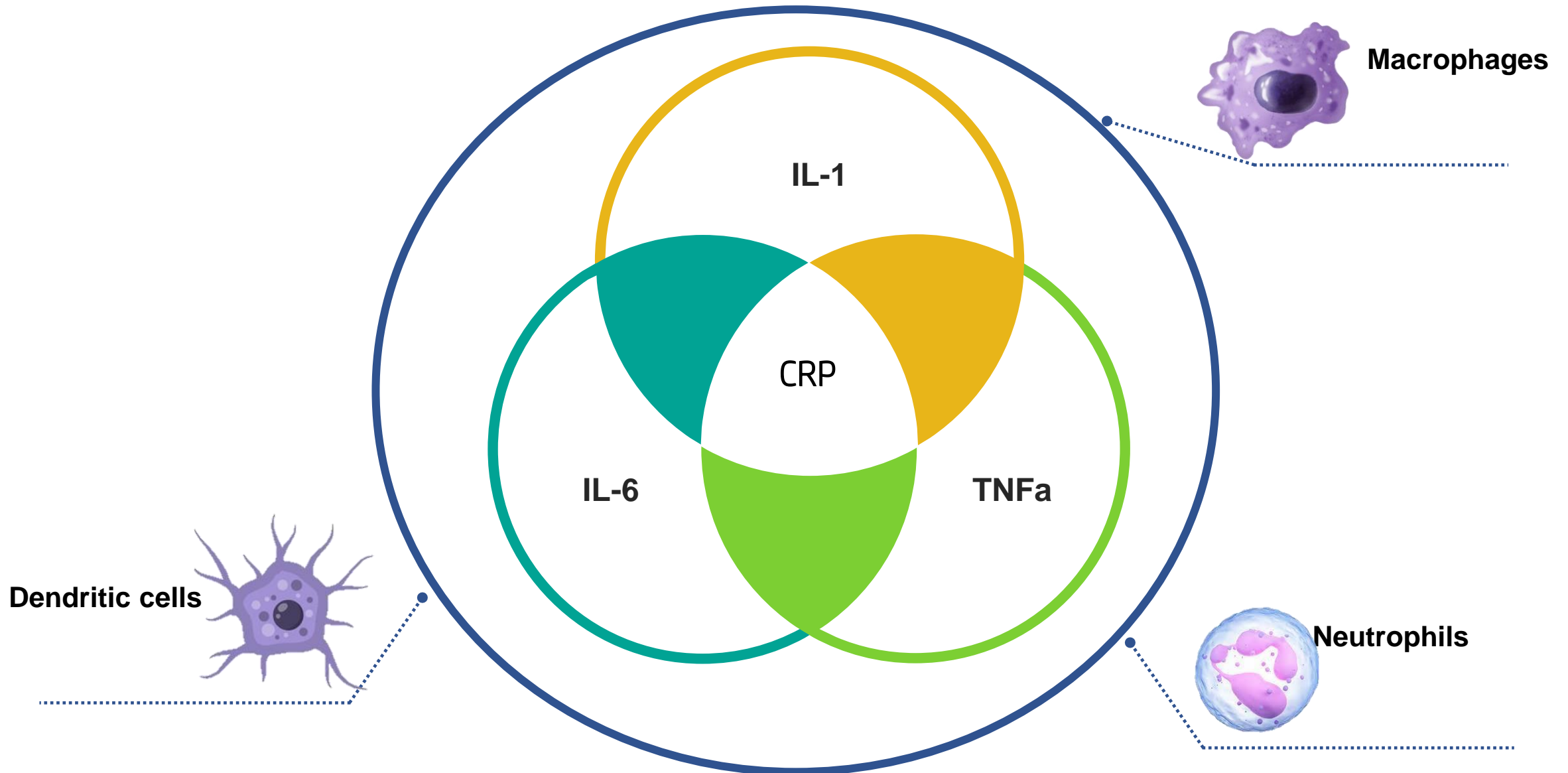
Varicella-zoster virus, Chlamydia pneumoniae, Mycoplasma spp. and parvovirus B19

F. David Carmona et al. Genetic component of giant cell arteritis 2014

Carmona, F. D. et al. A genome-wide association study identifies risk alleles in plasminogen and P4HA2 associated with giant cell arteritis. *Am. J. Hum. Gene.* 2017

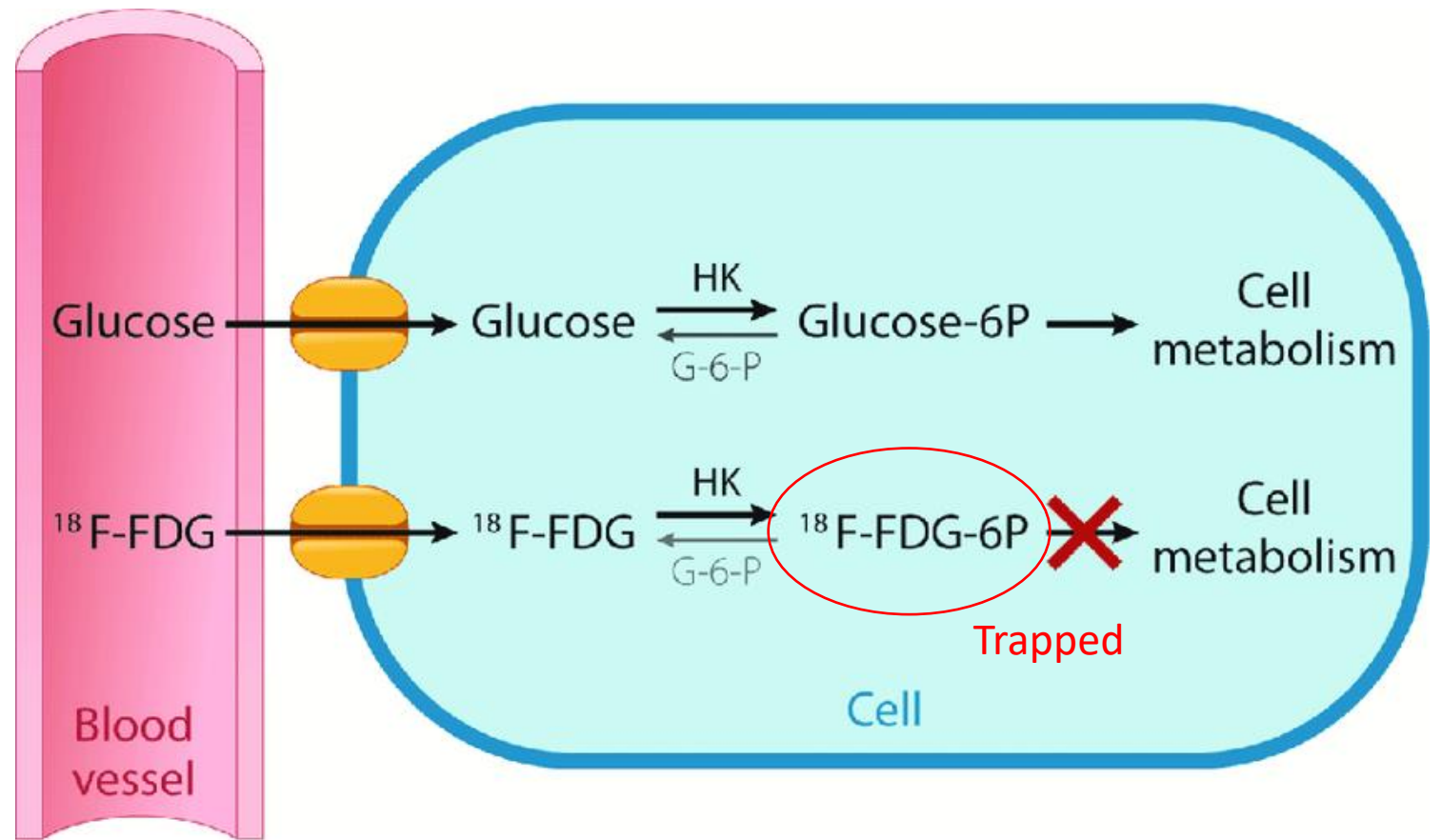
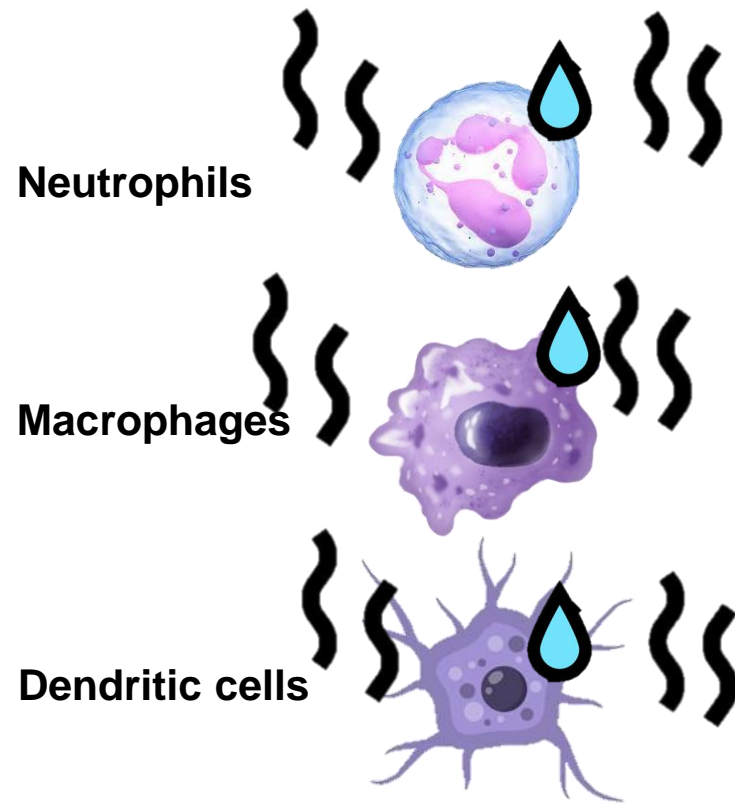
Patrick Coit et al. An update on the role of epigenetics in systemic vasculitis *Curr Opin Rheumatol.* 2017

# Best GCA marker for active disease



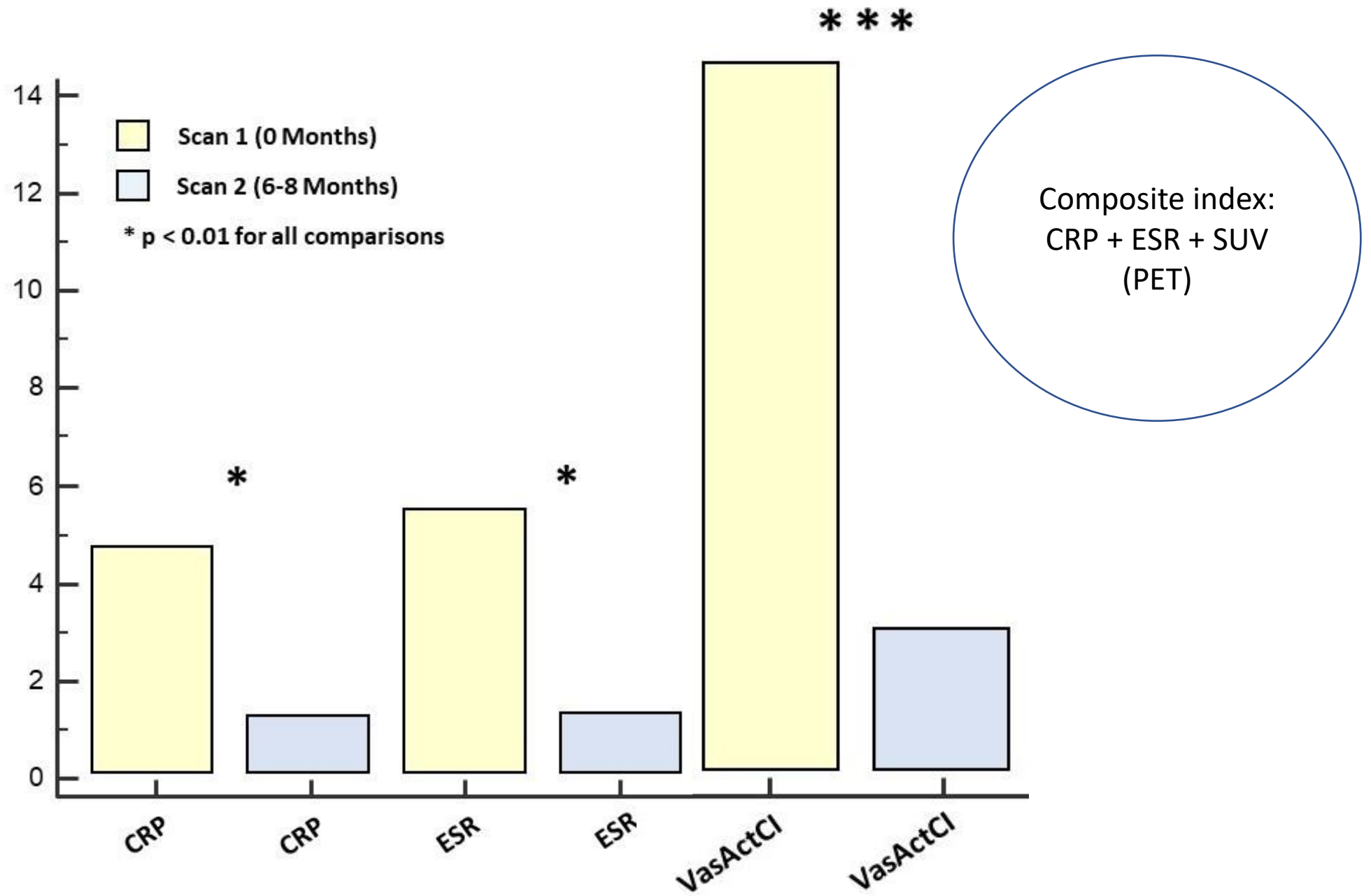
# Metabolism

Metabolically active



# FDG-PET CT





Unpublished data

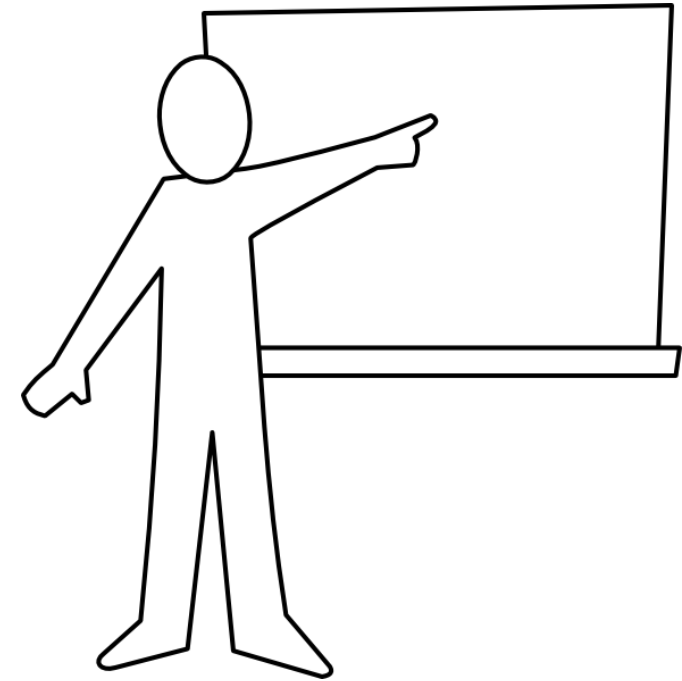
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inflammatory lesion

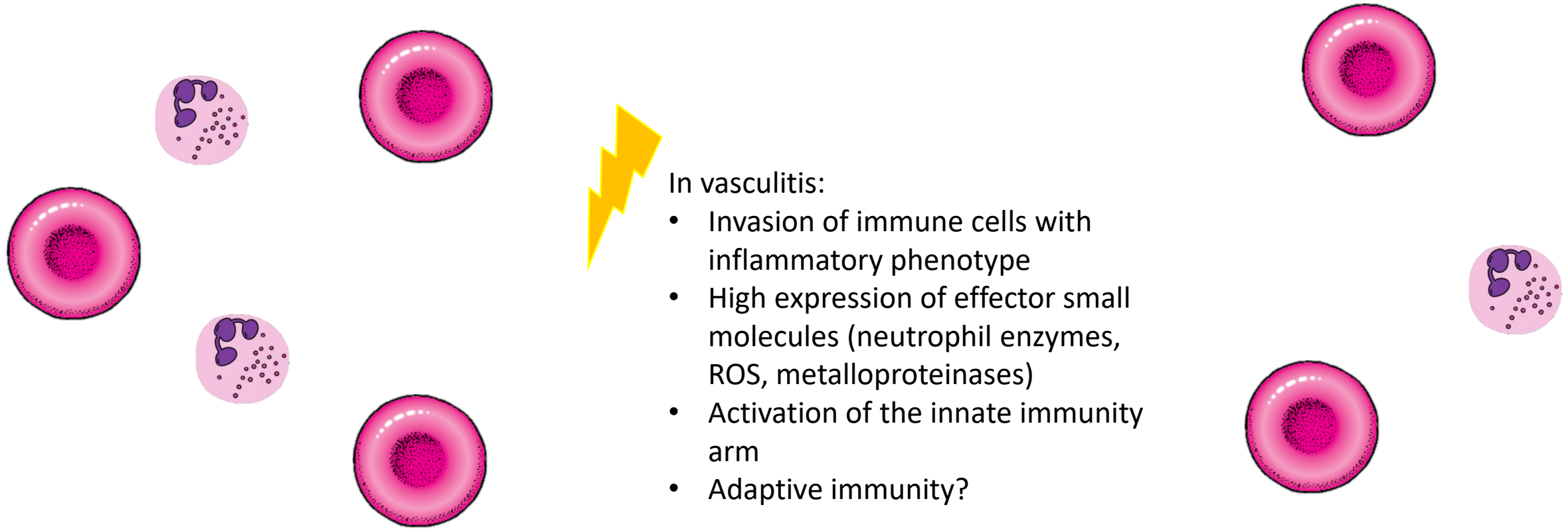
Histologic heterogeneity

Work in progress-Future perspectives



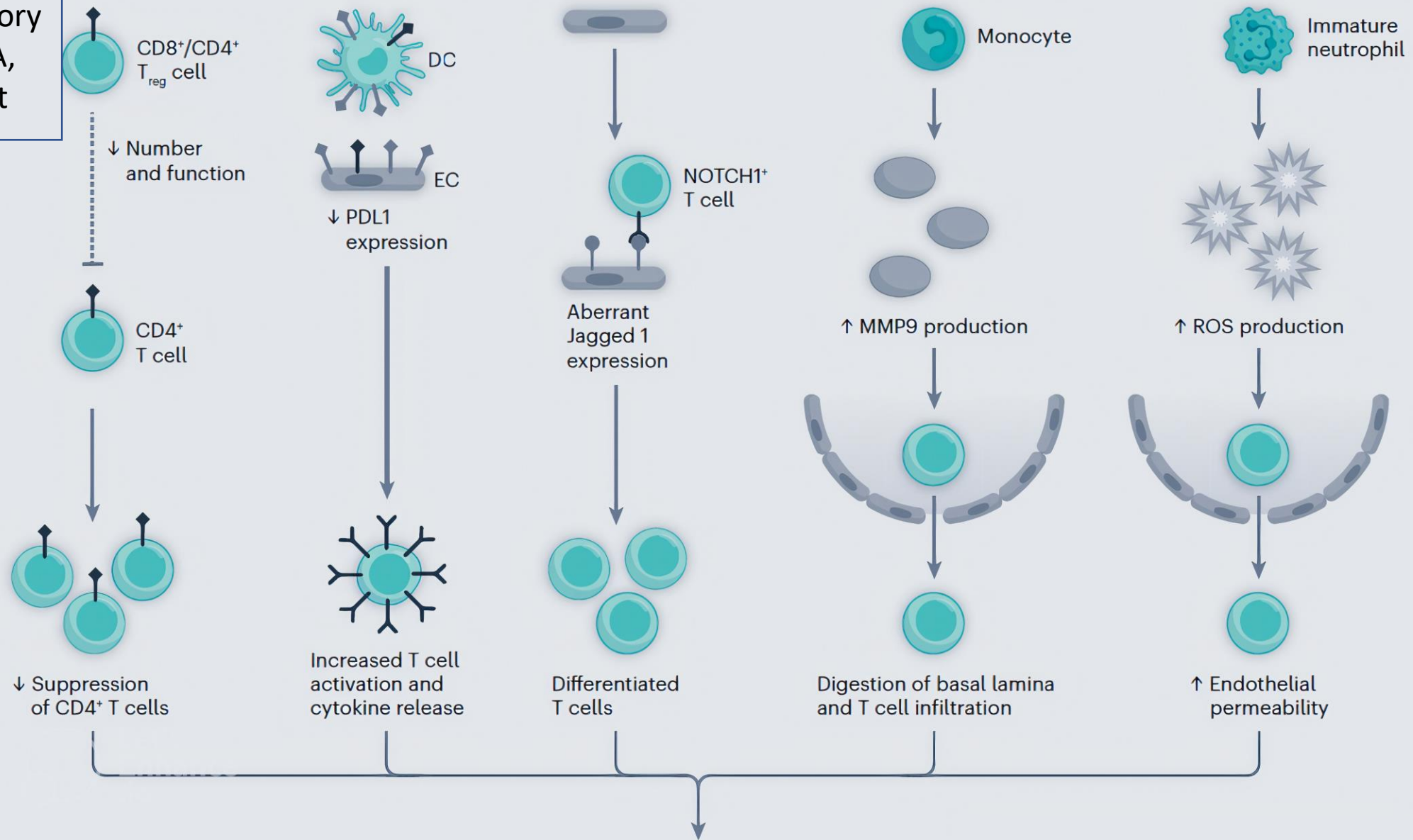


## The arterial wall is an immune-privileged tissue site



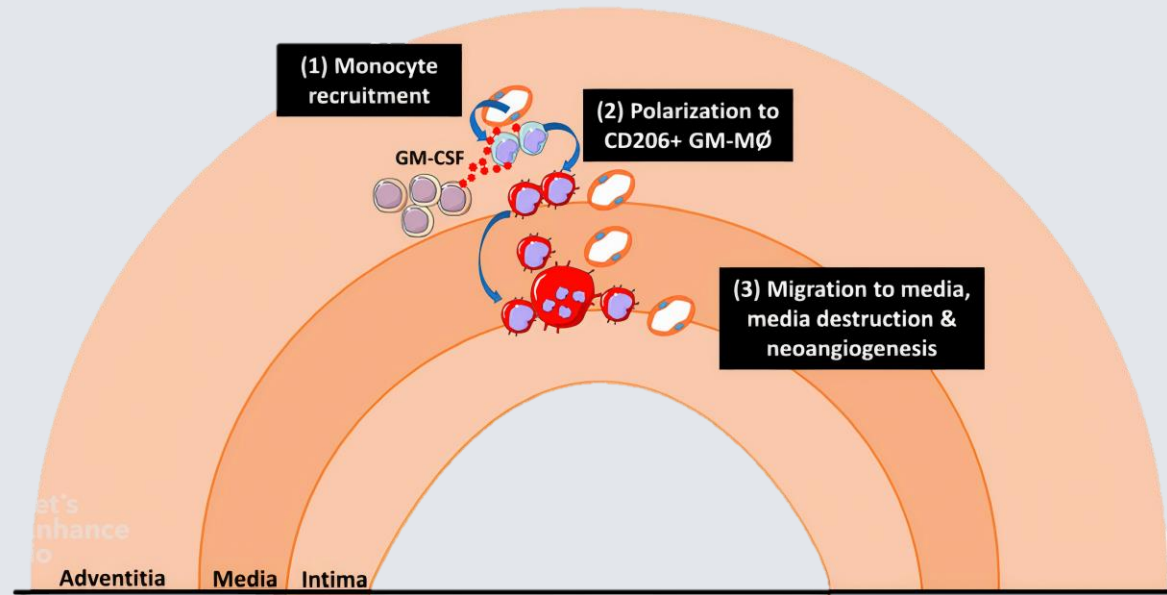
Absence of resident leukocytes, except for the vascular dendritic cells strategically placed at the adventitia interface

# 1. Inflammatory cells in GCA, early event



Initiation and propagation of inflammation in LVV via pro-inflammatory mediators, stimulation of vascular dendritic cells (DCs) recruitment of immune cells and differentiation of monocytes

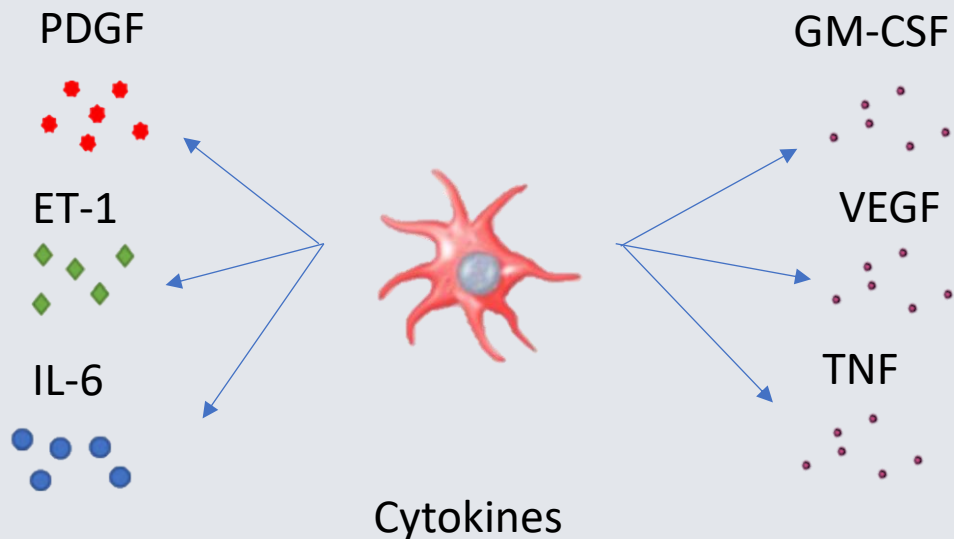
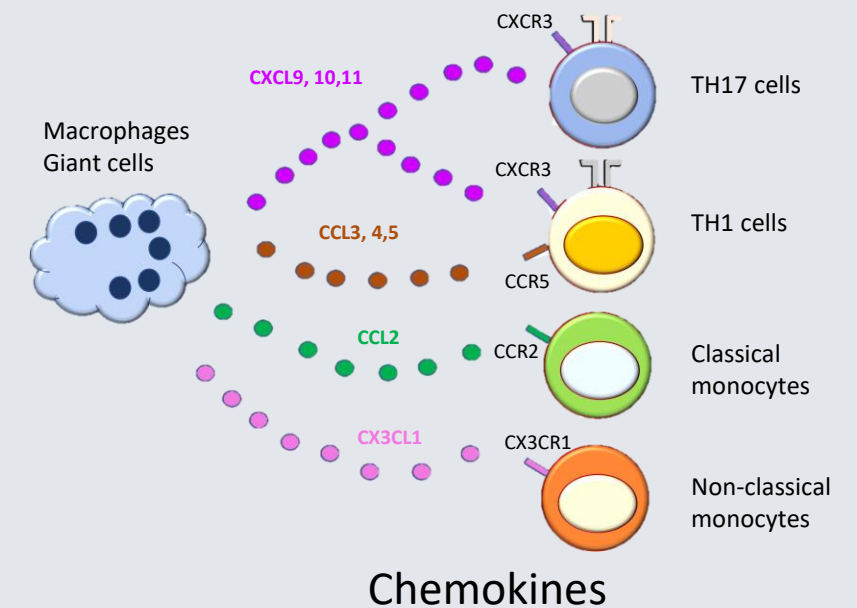
## 2. Main role of Myeloid cells



At least three macrophage population phenotypes were identified:

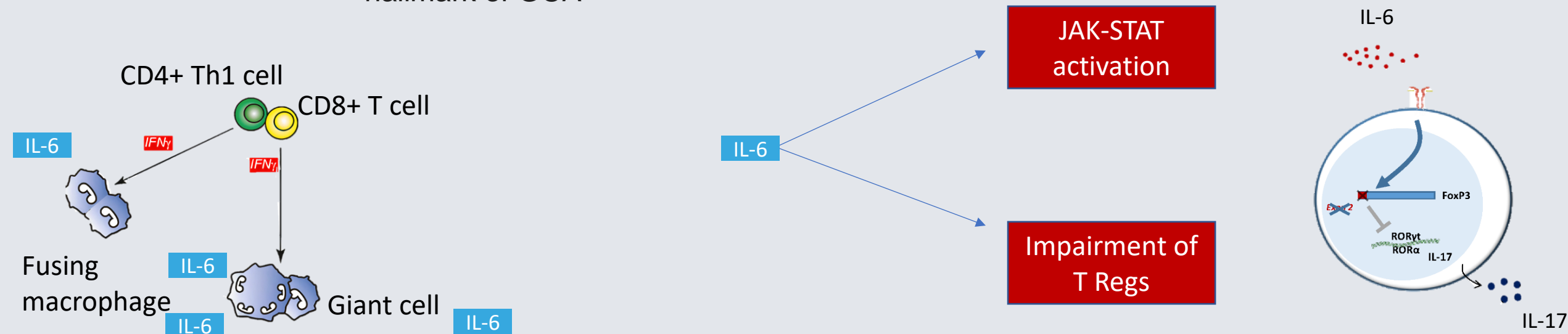
- i) pro-inflammatory macrophages,
- ii) CD206<sup>+</sup> MMP-9-producing macrophages
- iii) folate receptor  $\beta$ -expressing macrophages

Macrophages use the metalloproteinase MMP-9 to gain access to the arterial wall by degrading the vasa vasorum barrier as a preliminary step for invasion by innate and adaptive immune cells.



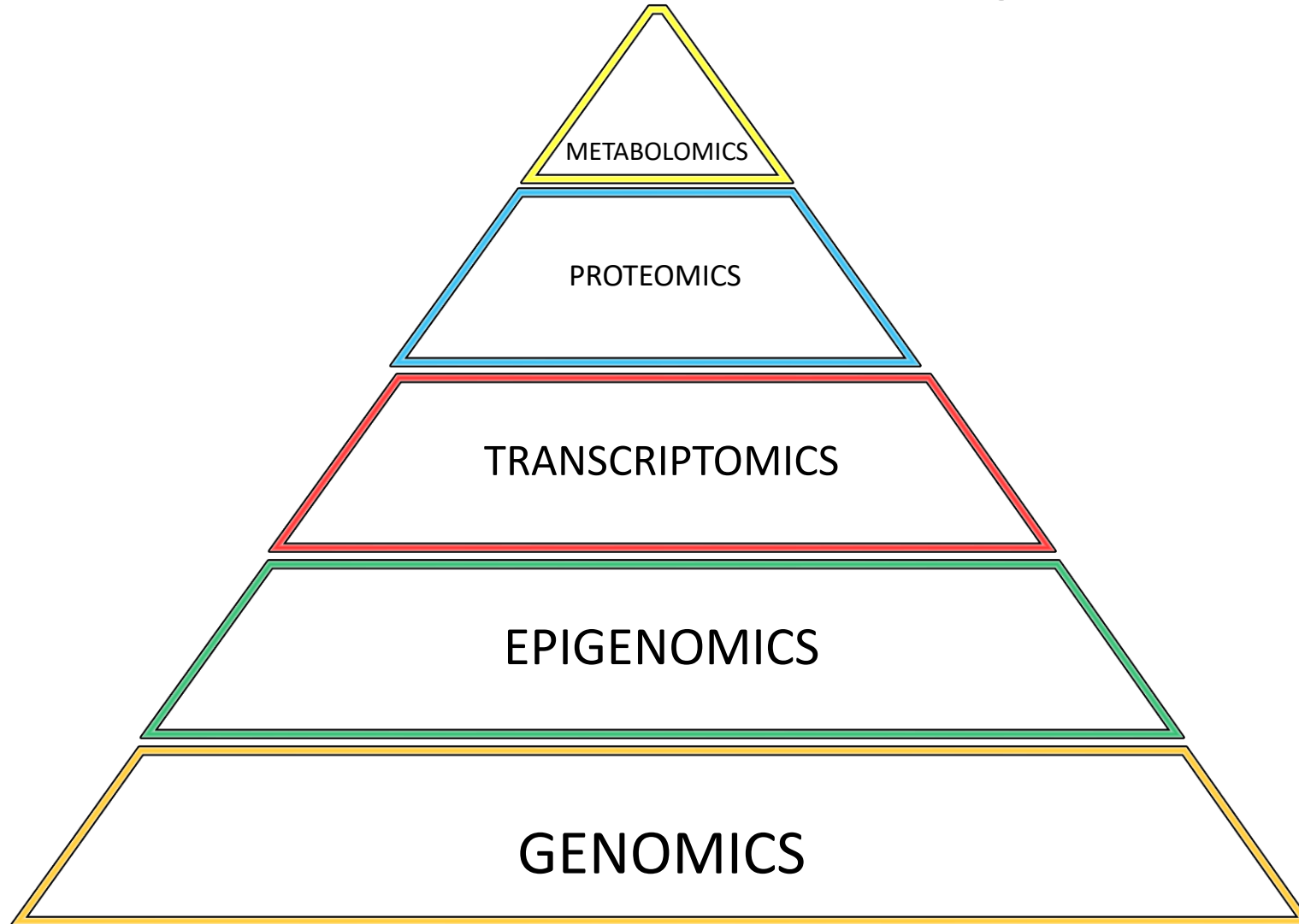
### 3. Studies on Th1 and Th17 cells

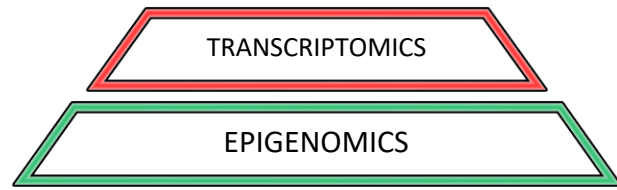
- CD4<sup>+</sup> T cells are activated by DCs and polarize into Th1 and Th17 cells through the effect of IL-12, IL-23, IL-6 and IL-1 $\beta$ , which are produced by activated DC.
- Th1 and Th17 lymphocytes release IFN- $\gamma$  and IL-17, respectively.
- A substantial increase in a multitude of cytokines produced by T cells was shown in giant cell arteritis lesions, including IL-6, IFN $\gamma$ , IL-2, IL-17, IL-9, IL-21, IL-22, IL-23p19, and GM-CSF.
- IFN- $\gamma$  induces the activation of vascular smooth muscle cells (VSMC) in the media and enables them to produce chemokines (CCL2, CXCL9, CXCL10, CXCL11), which trigger the recruitment of additional T cells (CD4<sup>+</sup> and CD8<sup>+</sup>) and monocytes.
- Monocytes differentiate into macrophages and merge into multinucleated giant cells, the hallmark of GCA



# Systems biology







- Detection of all molecules of interest in a given tissue





## TRANSLATIONAL SCIENCE

# Methylome and transcriptome profiling of giant cell arteritis monocytes reveals novel pathways involved in disease pathogenesis and molecular response to glucocorticoids

Elkyn Estupiñán-Moreno <sup>1</sup>, Lourdes Ortiz-Fernández <sup>1</sup>, Tianlu Li,<sup>2</sup>  
Jose Hernández-Rodríguez,<sup>3</sup> Laura Ciudad,<sup>2</sup> Eduardo Andrés-León,<sup>1</sup>  
Laura Carmen Terron-Camero,<sup>1</sup> Sergio Prieto-González,<sup>3</sup> Georgina Espígal-Frigolé,<sup>3</sup>  
Maria Cinta Cid <sup>3</sup>, Ana Márquez <sup>1,4</sup>, Esteban Ballestar <sup>2</sup>, Javier Martín <sup>1</sup>

## Study Design

31 age and sex-matched healthy controls

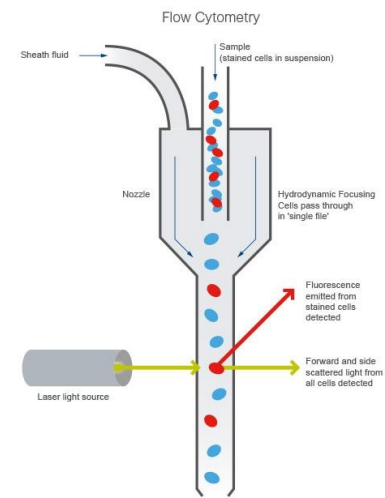
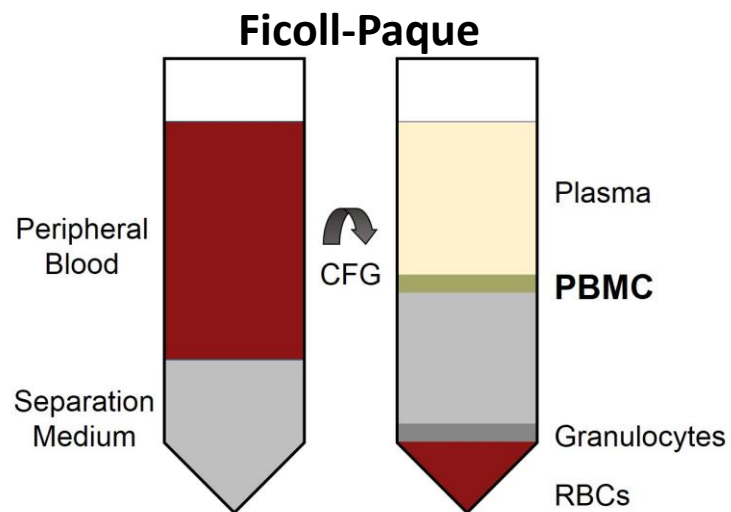
82 biopsy-proven GCA patients

**a) active disease (n=20):** newly diagnosed (n=16) or 2 days of GC start (n=2), or disease relapse (n=2);

**b) in remission with treatment (n=33):** prednisone (< 10mg/day)

**c) in remission without treatment (n=29):** without any treatment for at least 1 month.

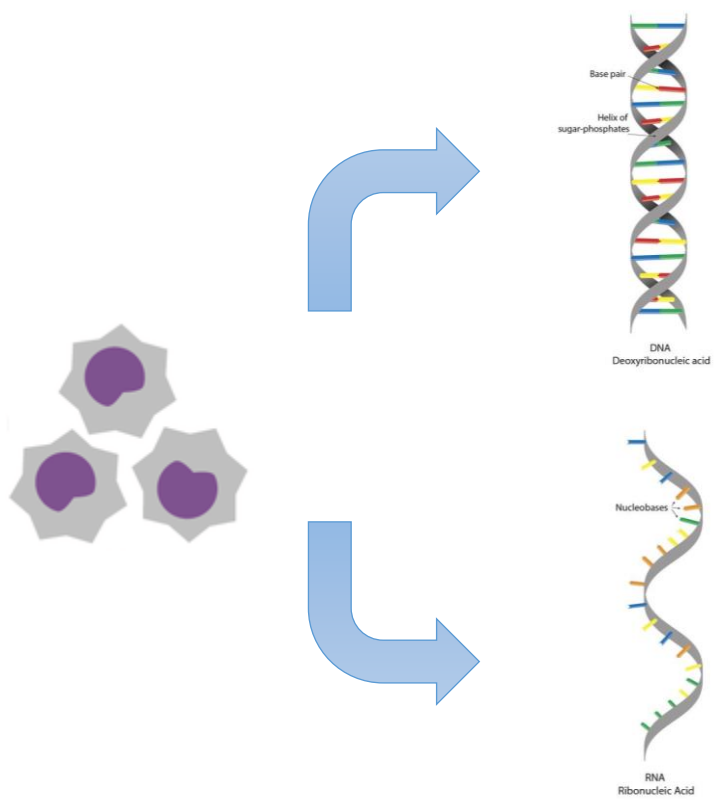




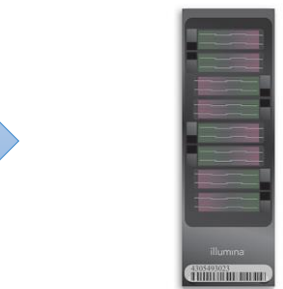
**Monocyte isolation**



**CD14+CD15-**

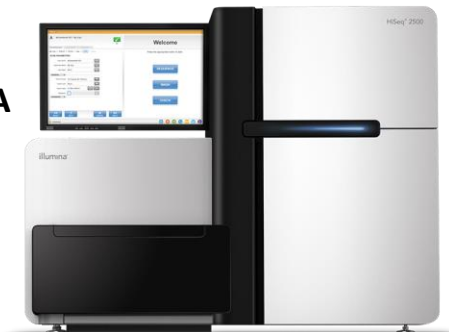


**Bisulfite converted**



**Infinium Methylation Bead Chip array**

**TruSeq Stranded mRNA Library Prep**



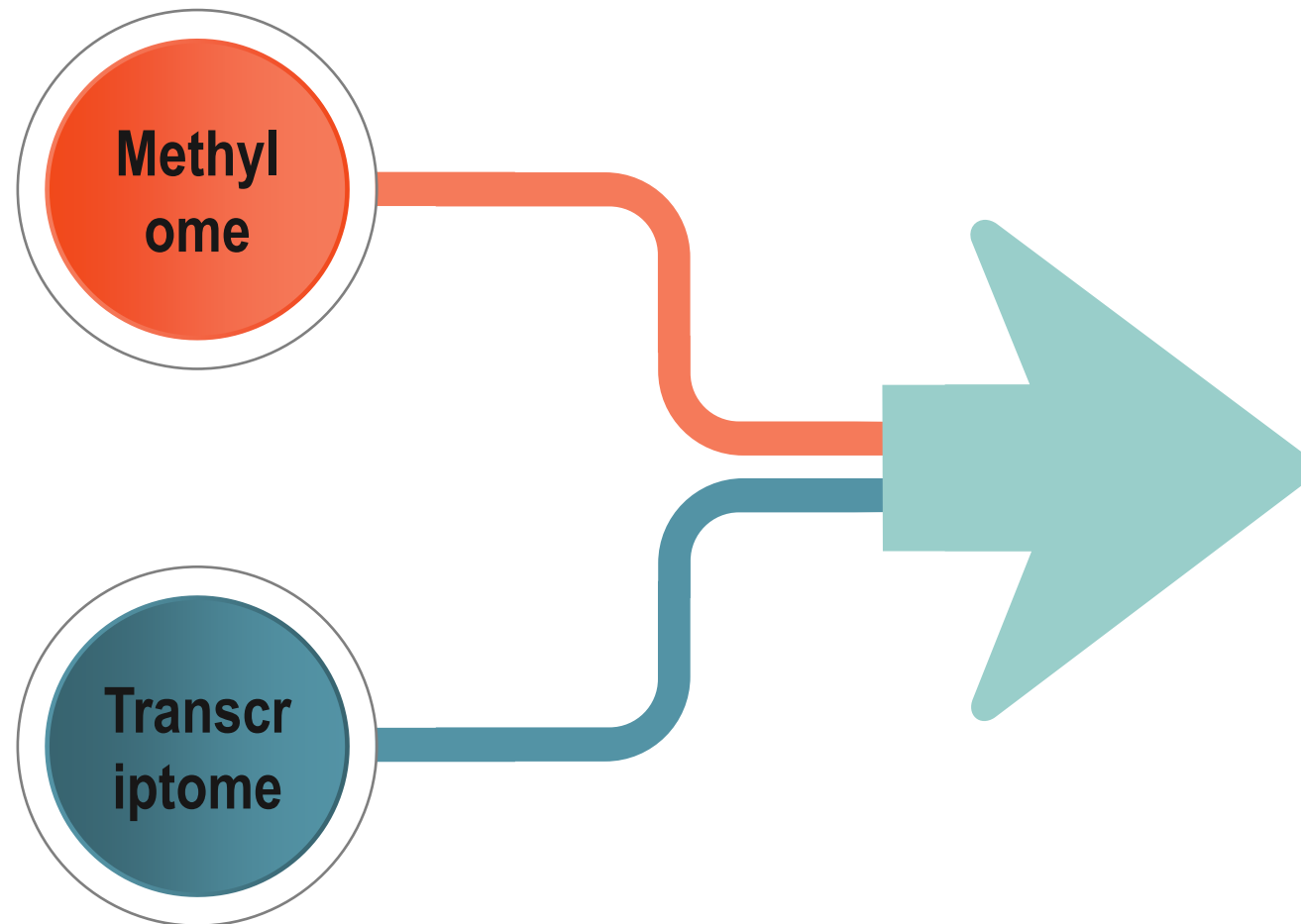
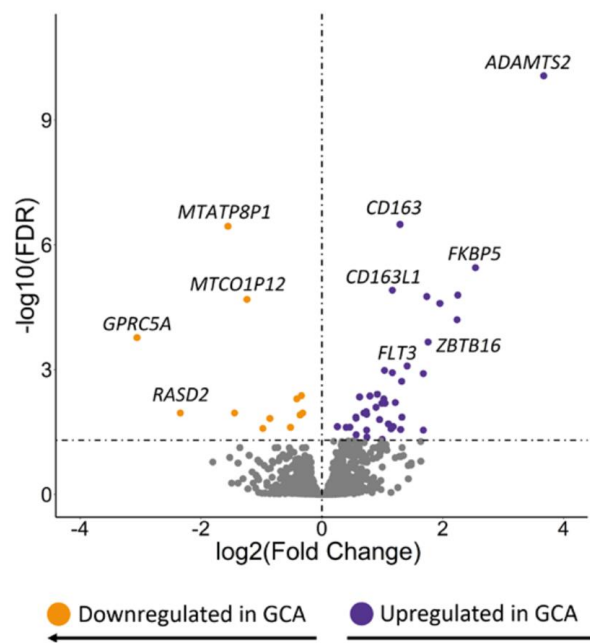
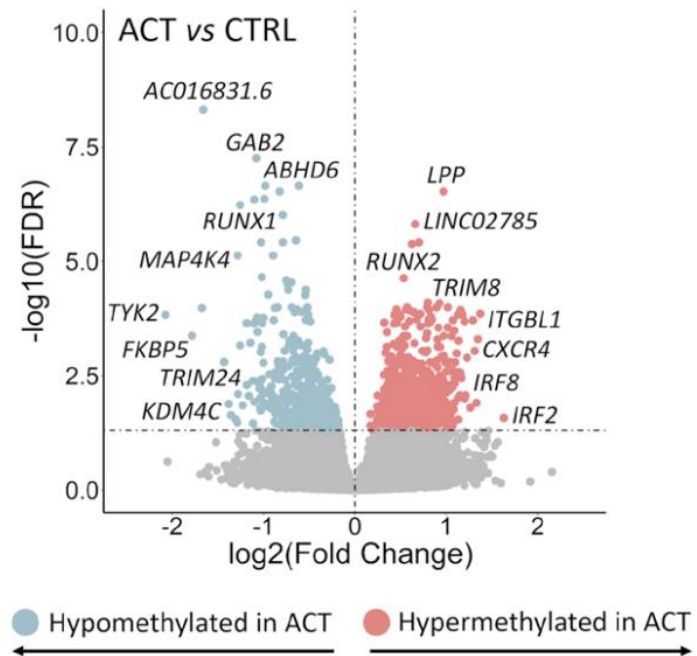
**mRNA sequencing**

Methylome

Transcriptome

Enrichment analysis

Integrative analysis





# Conclusions



The infographic features a large white circle on the left with the word 'Conclusions' in the center. To its right is a thick, dark grey curved line that starts at the top and ends at the bottom. Five small grey circles are placed along this curve, each connected by a dashed line to a larger grey circle containing a number (01 to 05). To the right of each numbered circle is a title in orange and a paragraph of text in black.

**01**

## *Monocytes from active patients possess more proinflammatory phenotype*

Dysregulation of pathways involving cytokines and growth factors already known to have a key role in GCA, such as IL-6, TNF, IL-1, IL-4, IL-2, PDGF and VEGF

**02**

## *IL-11 pathway*

Enriched among the DMPs hypomethylated in active patients with respect to controls and patients in remission with and without treatment

**03**

## *Chemokines*

CCL2 and CCL7, involved in the recruitment of monocytes, were overexpressed in active patients

Genes encoding several integrins were also overexpressed

**04**

## *Remission*

The proinflammatory methylation and expression profiles observed in the active disease are lost during remission

CD163 and CD163L1, were the most significant overexpressed genes in patients in remission with treatment compared with nontreated patients

**05**

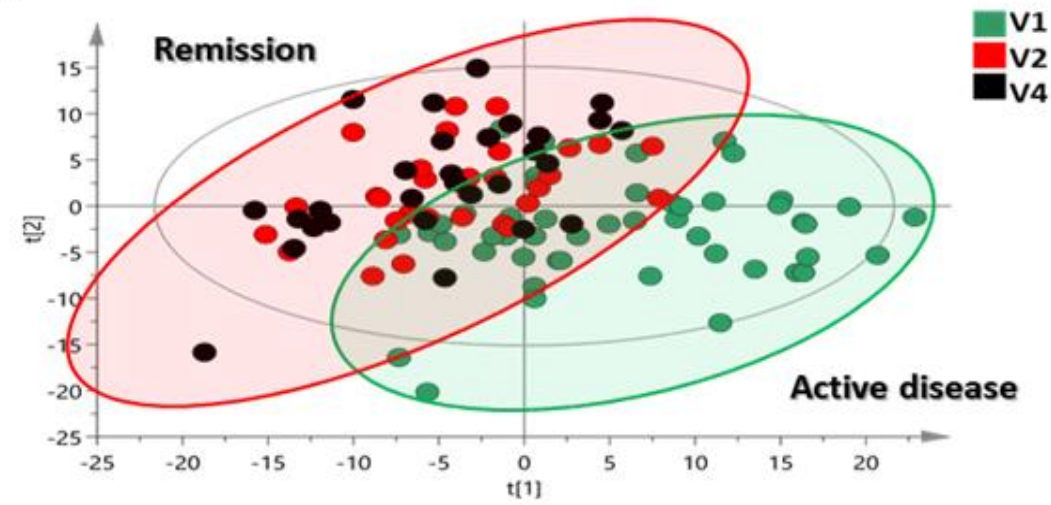
## *Corticosteroids*

GCs modify gene expression levels through DNA demethylation of target genes

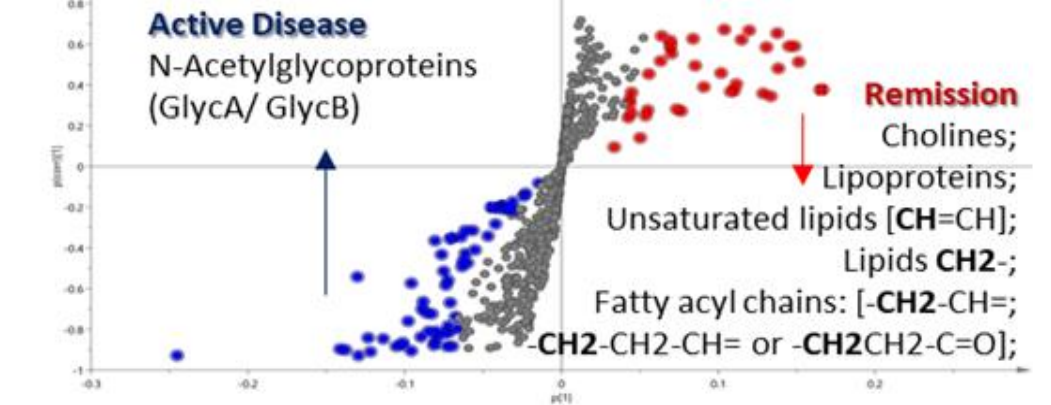


# Study of the metabolome in GCA and PMR Patients in sequential serum samples

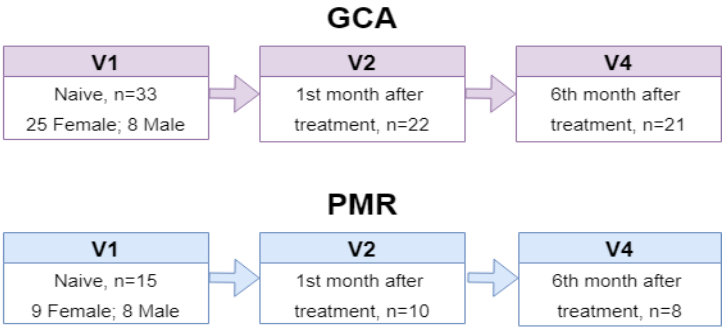
A



B



## Study Design

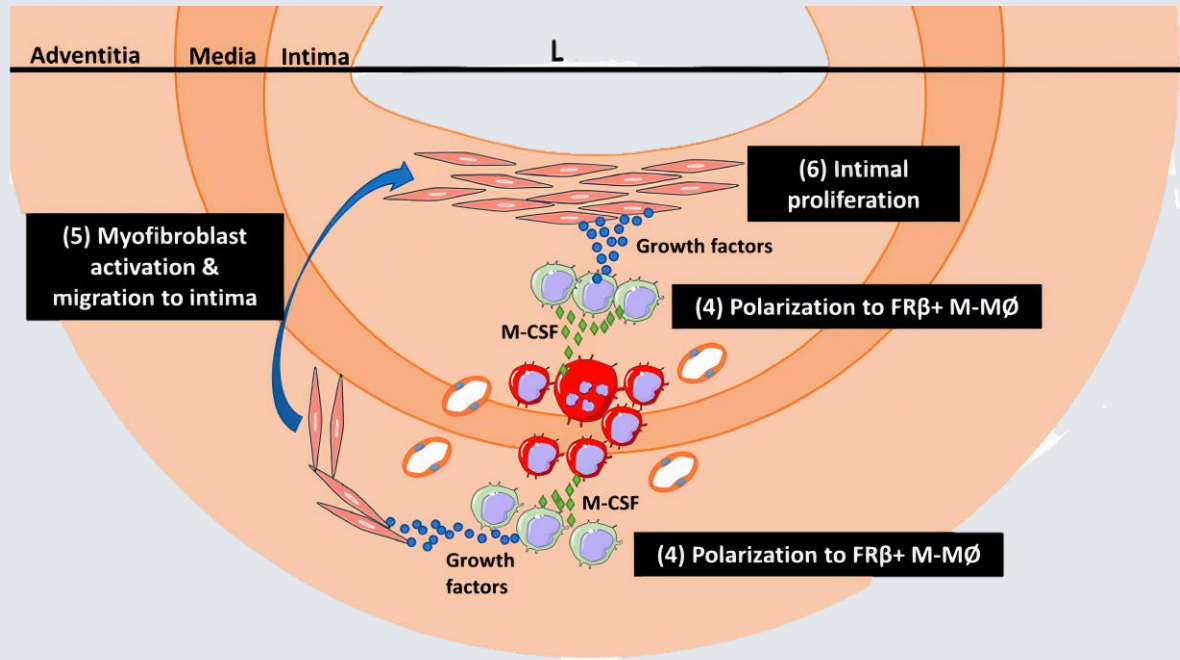


## Results

- ✓ Metabolic differences in active and inactive disease.
- ✓ N-acetyl glycoproteins, increased in inflammation, while cholines, lipoproteins, and lipids were decreased in these patients.

Unpublished data

## 4. Vascular remodeling



- **Tissue remodeling: a maladaptive repair process**
- In vessels it is characterized by the destruction of the internal elastic lamina and the proliferation and migration of VSMC into the intima.

**The process is governed by direct and indirect action of specific subpopulations of activated macrophages**

### Direct actions

- Polarization towards a M-CSF-differentiated (FR $\beta$ ) type in the late stages of inflammation
- Production and release of several factors such as Platelet-Derived Growth Factor (PDGF), VEGF, FGF, Granulocyte-Macrophage Colony-Stimulating Factor (GM-CSF)

### Indirect actions.

- VSMCs and endothelial cells release ET-1
- Activation and proliferation of VSMCs and consequent invasion into the intima where they deposit extracellular matrix proteins.
- A cellular transformation from VSMC to a myofibroblast phenotype is observed

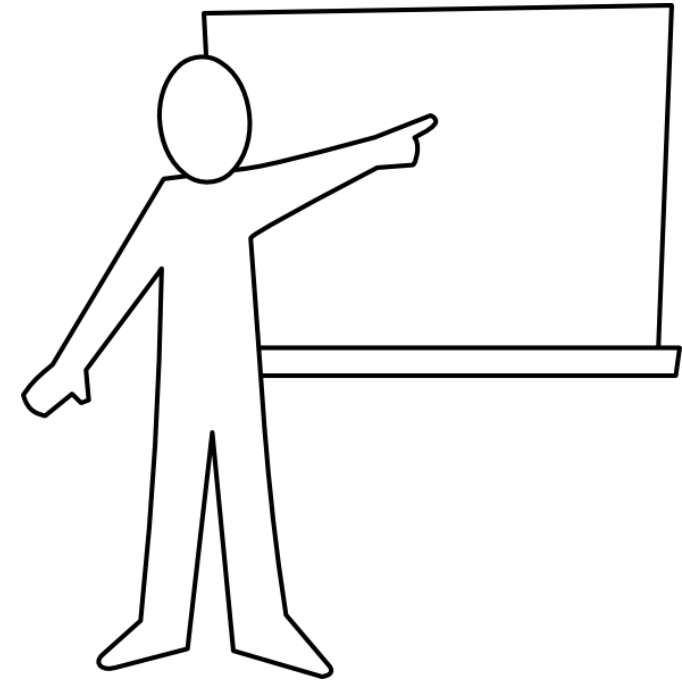
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inflammatory lesion

Histologic Heterogeneity

Work in progress-Future perspectives



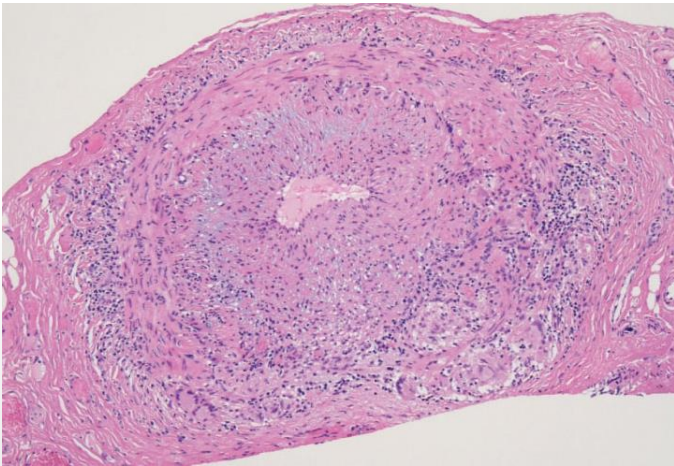
# Histologic heterogeneity in untreated systemic autoimmune diseases depends on:

- Stage of the disease
- Clinical phenotype of a given disease

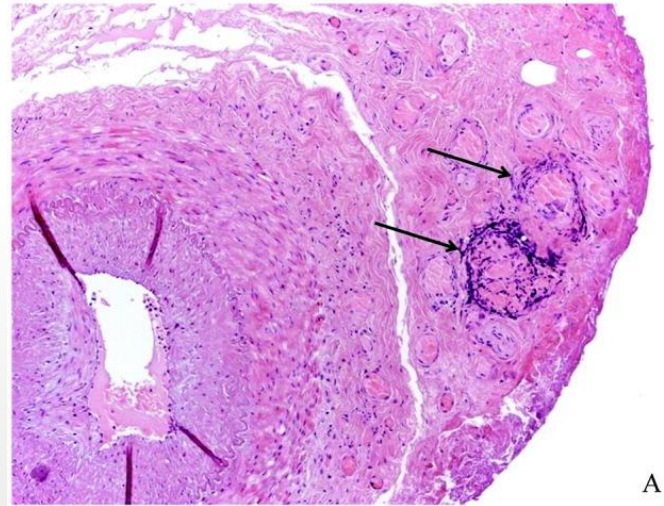
## UNMET NEEDS:

- Does a specific histologic type follow a specific clinical phenotype?
- Does a specific histologic type underlie a specific endotype?
- Response to treatment

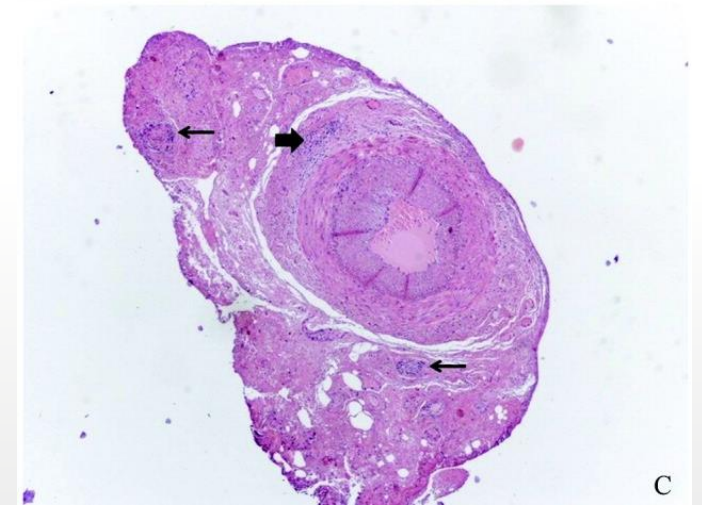
## Histologic heterogeneity in GCA



Panarteritis



Small Vessel Vasculitis



Coexistence of SVV (**thin arrows**) and vasa vasorum vasculitis (**thick arrow**)



# Clinical significance

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- The extent to which these patterns are reported and their role in GCA diagnosis remains to be elucidated.
- The question whether limited disease and vasa vasorumitis is a different phenotype or the early stage of full blown transmural involvement is answered
- Other forms of vasculitis, infection, and certain hematologic malignancies can present with Restricted Inflammation and particularly with SVV.

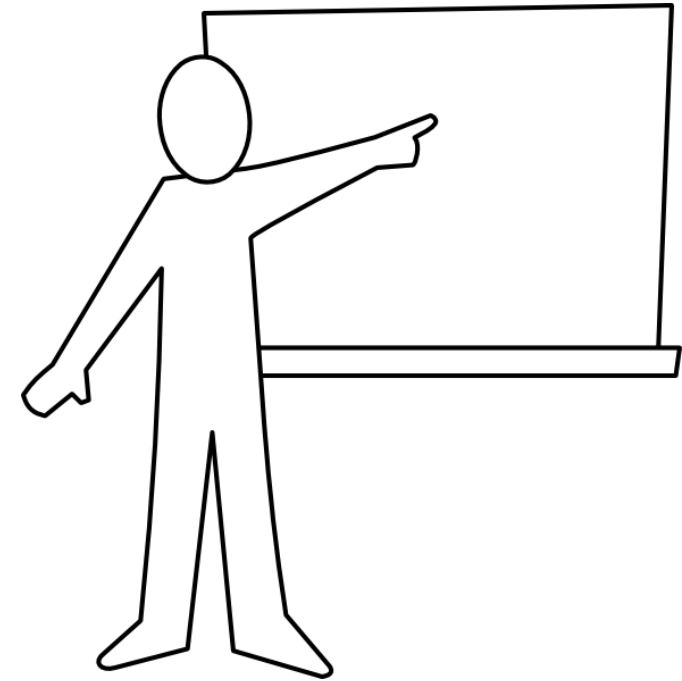
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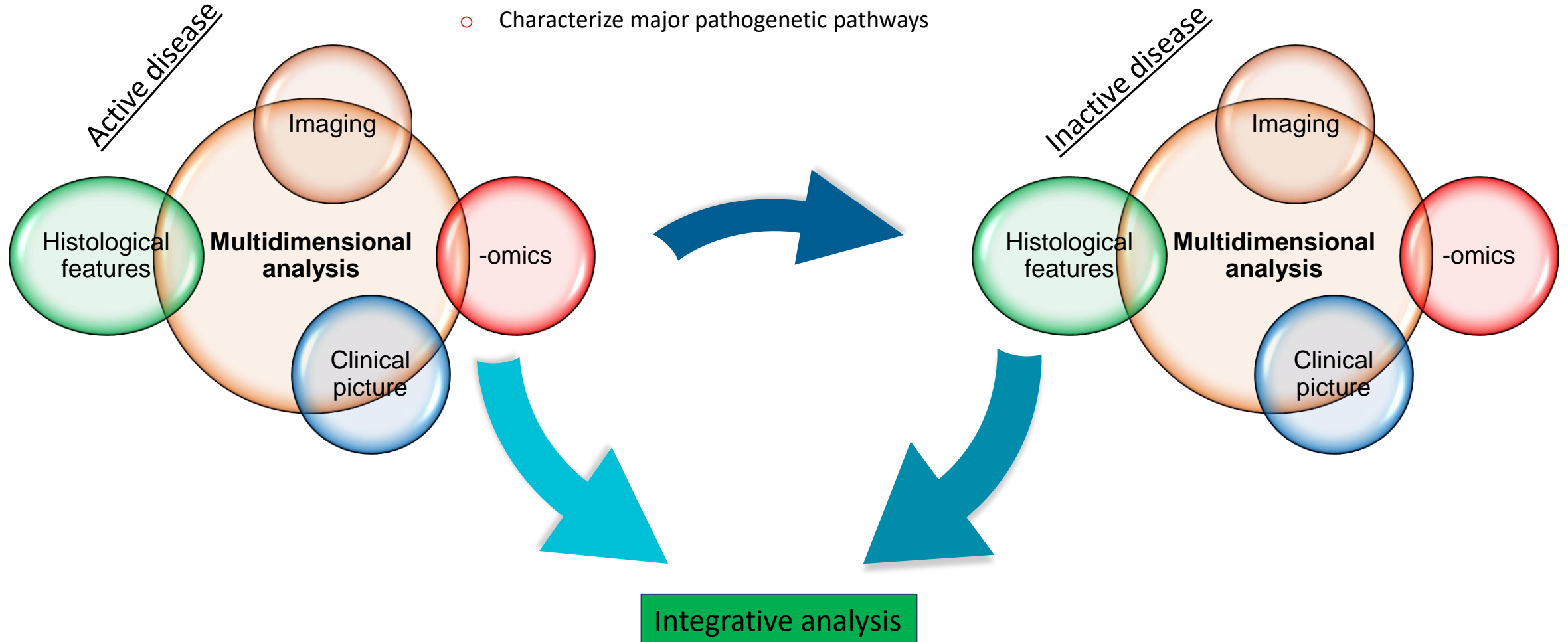
Work in progress-Future perspectives



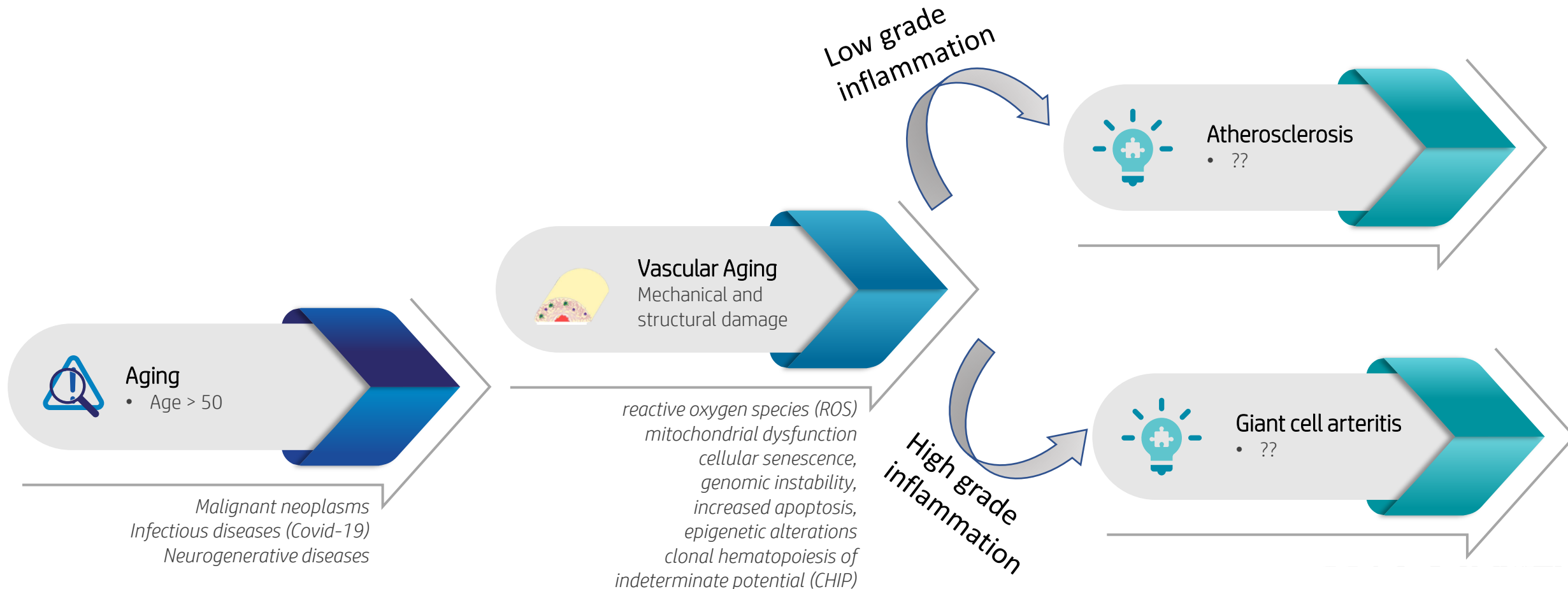


## □ Combination and integration of different types of data

- Define phenotypes
- Characterize subgroups by tissue stratification
- Develop non-invasive biomarkers
- Characterize major pathogenetic pathways



# Ageing is the strongest independent risk factor



Siddhartha Jaiswal et al. Hematopoiesis and Risk of Atherosclerotic Cardiovascular Disease NEJM 2017

Ryu Watanabe\* et al. Aging-Related Vascular Inflammation: Giant Cell Arteritis and Neurological Disorders Front. Aging Neurosci 2022

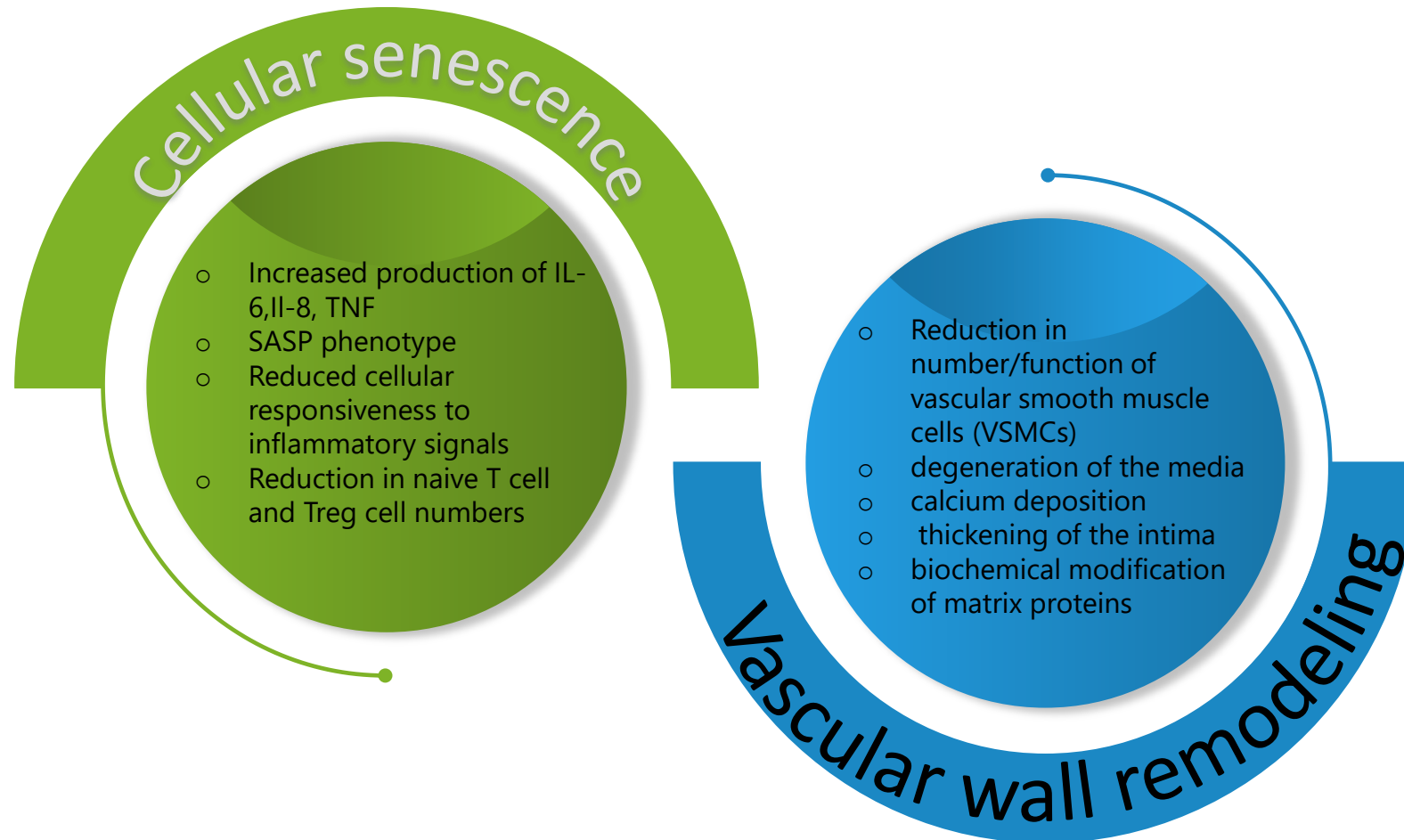
Shalini V Mohan Giant cell arteritis: immune and vascular aging as disease risk factors Arthritis Res Ther 2011





## Giant cell arteritis

- ??



## Older healthy Adult

Telomere shortening  
and oxidative stress  
Epigenetic  
DNA Damage  
Mitochondrial  
dysfunction  
Immunosenescence  
profile  
SNCs  
↑ SASP factors

## Shared Mechanisms

INFLAMMAGING

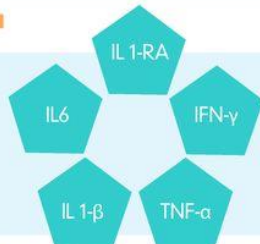
Dysregulation in innate and adaptive immune systems  
↑ Autoreactive T cells  
↑ T and B cell clones



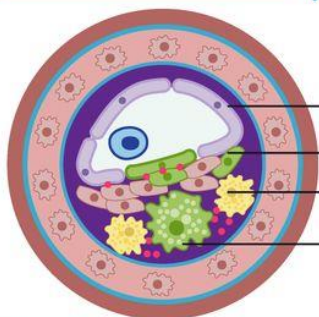
Persistent low-grade inflammation  
chronic pro-inflammatory environment  
↑ adhesion molecules  
↑ C-reactive protein (CRP) fibrinogen



↑ cytokines



## Vascular aging



EC

Foamy VSMC

Foamy cell  
macrophage

\*

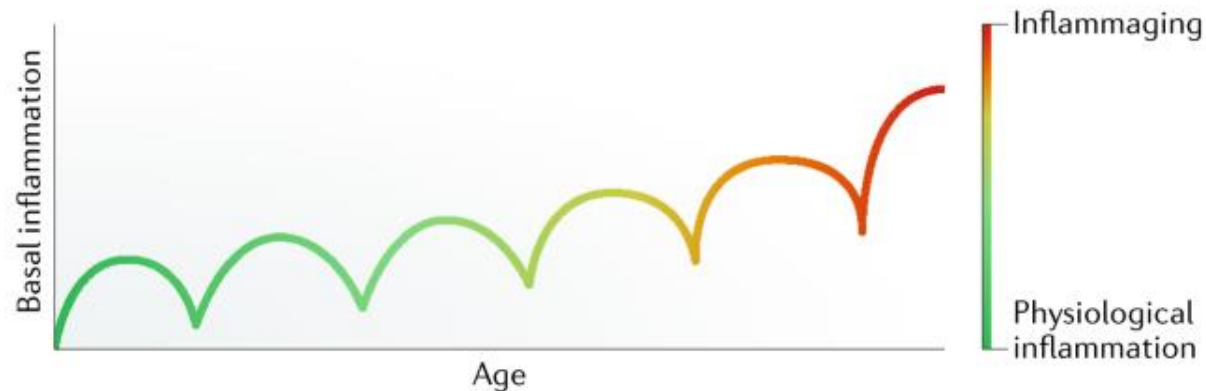
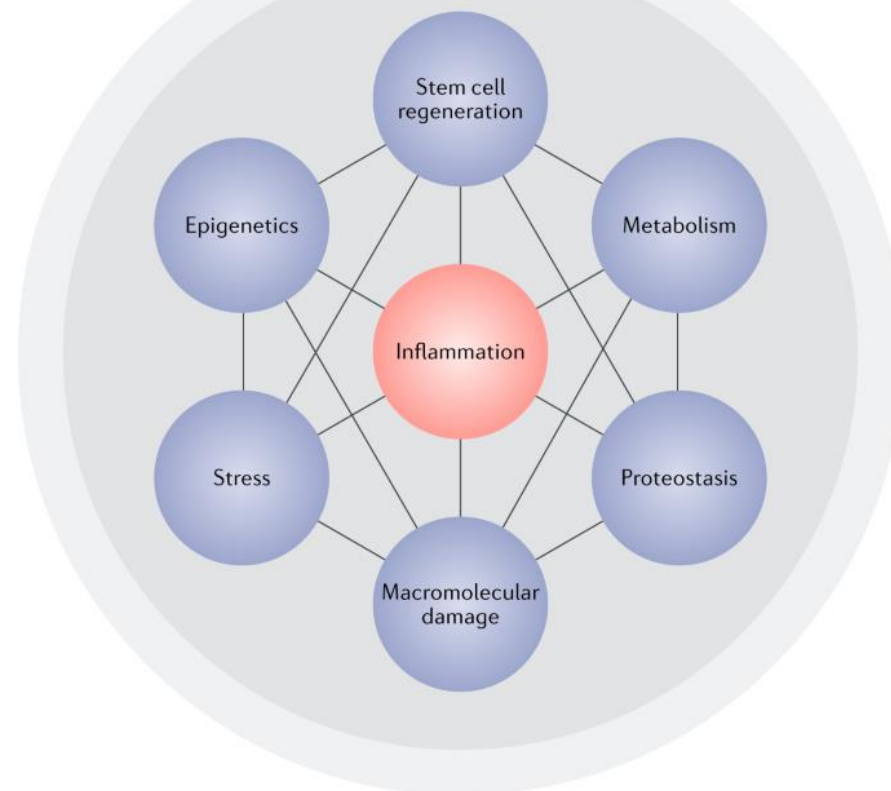
Pro-atherogenic complexes  
Endothelial dysfunction  
Vascular remodeling  
Intimal-medial thickening  
Vascular stiffness

## Young Adult with Autoimmune systemic Disease

**Predisposing Factors:**  
Genetic  
Environmental  
Epigenetic  
Breakdown of self-tolerance

## Age-related diseases

### Ageing



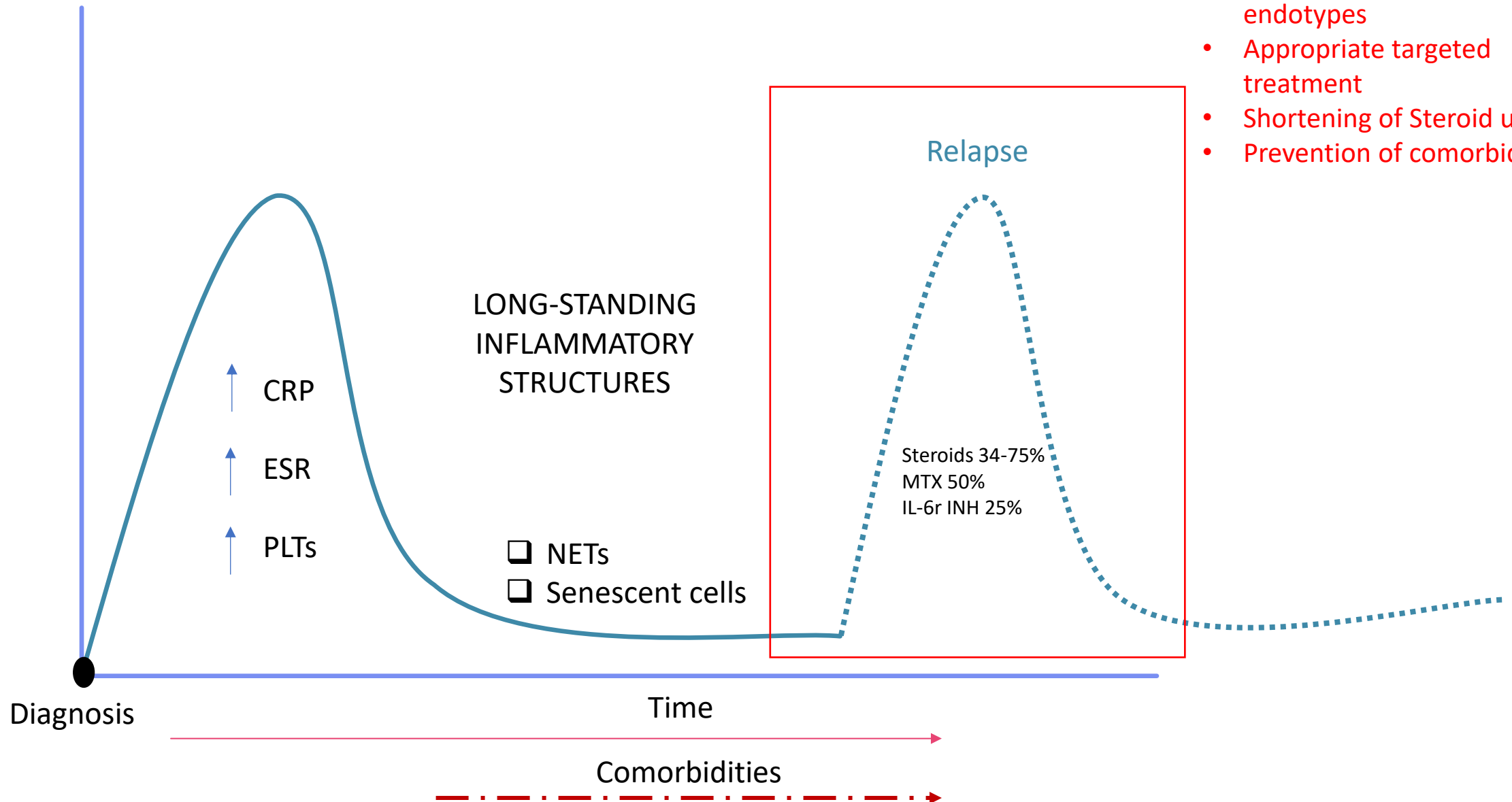
Claudio Franceschi et al. *Inflammaging: a new immune-metabolic viewpoint for age-related diseases* Nat Rev 2018

Pedro Santos-Moreno et al *Inflammaging as a link between autoimmunity and cardiovascular disease: the case of rheumatoid arthritis* RMD Open 2021

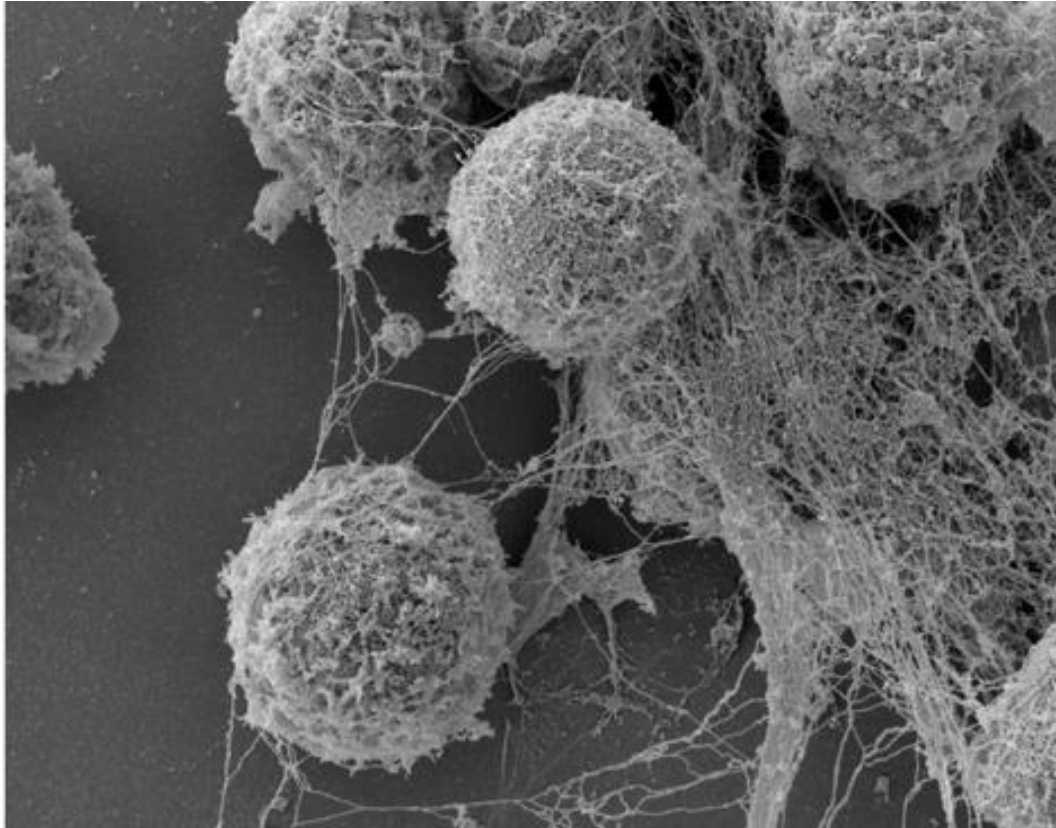
# Clinal course of GCA

## Unmet Needs

- Clinical phenotyping and definition of the relevant endotypes
- Appropriate targeted treatment
- Shortening of Steroid use
- Prevention of comorbidities



# Cellular Extracellular Traps (Most common NETS)



Scanning electron microscopy image of polymorphonuclear neutrophils undergoing NETosis, after in vitro treatment with PMA for 3h.

Giaglis et al. 2016 Front Pediatr. This work is licensed under a Creative Commons Attribution 4.0 International License



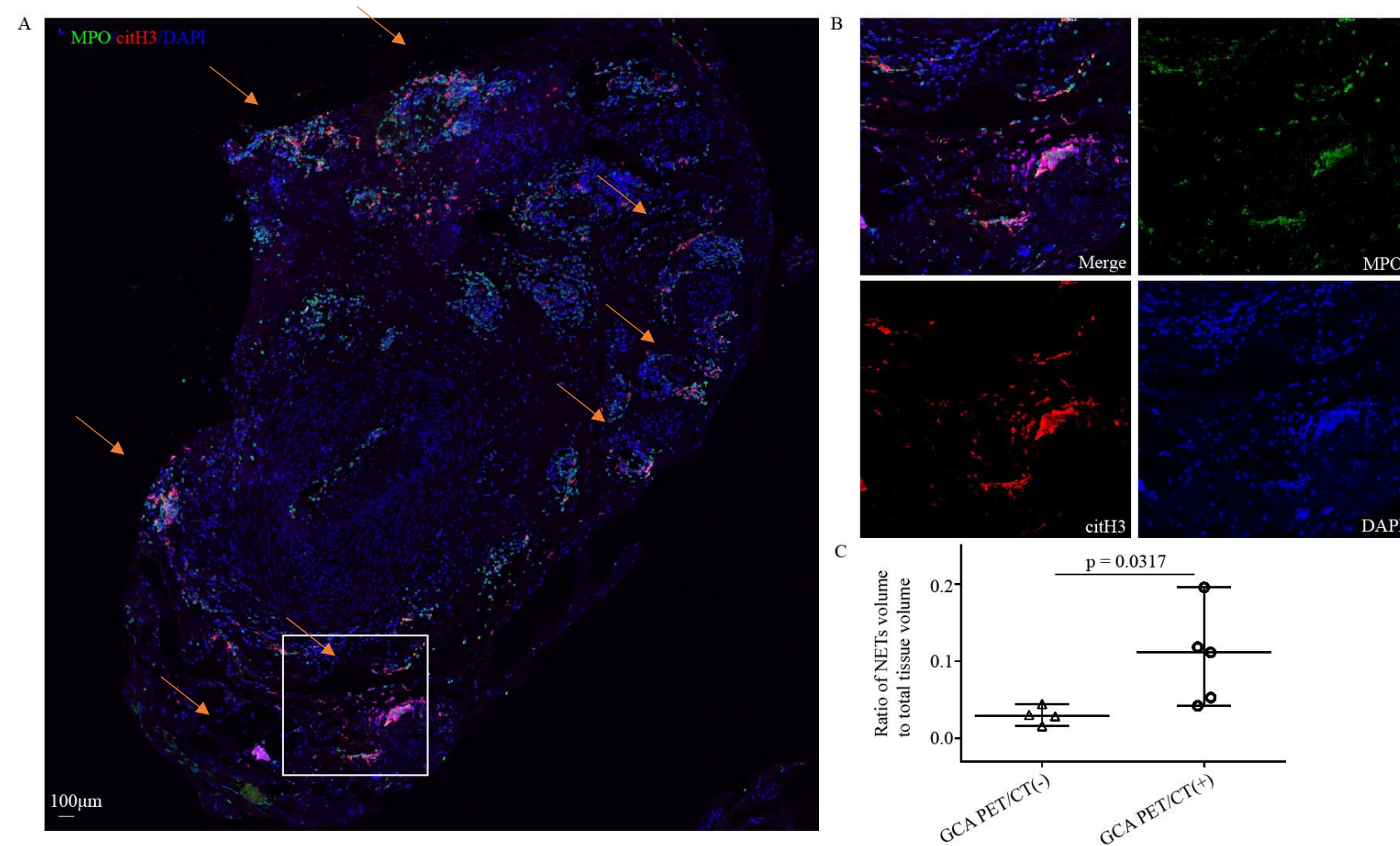
“NETs are large extracellular structures of neutrophils composed of cytoplasmic and nuclear proteins located in a deconcentrated chromatin/histone scaffold”

- Extracellular DNA -> genomic and mitochondrial
- Present in chronic inflammation (SLE, RA, ANCA –Vasculitis ect).
- Permanent in tissue injury (poor clearance).
- Decorated with inflammatory cytokines and/or autoantigens

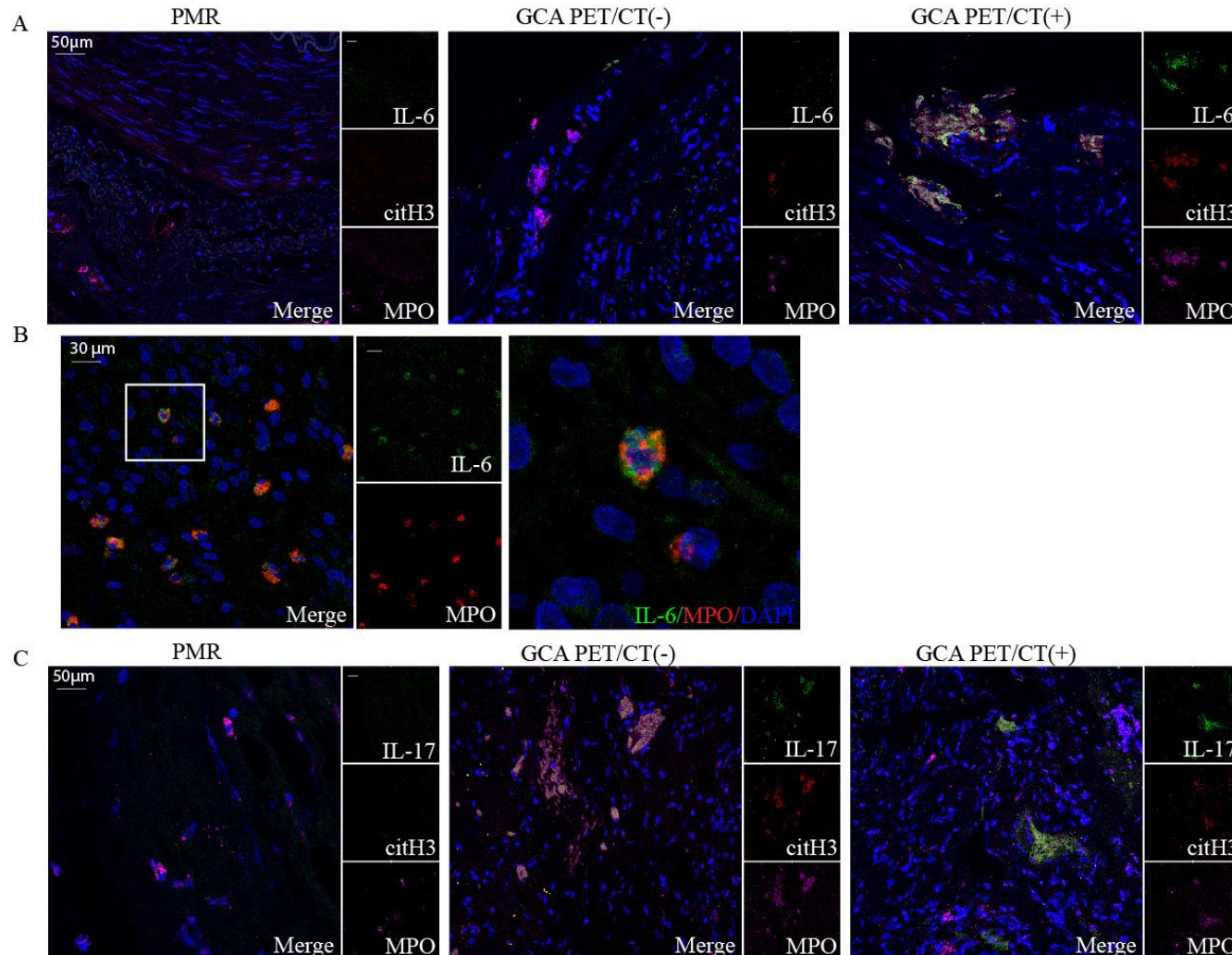


# Neutrophil extracellular traps in GCA biopsies: presentation, localization

- Neutrophil Extracellular Traps in GCA TABs are mainly located in the adventitia close to the vasa vasorum.



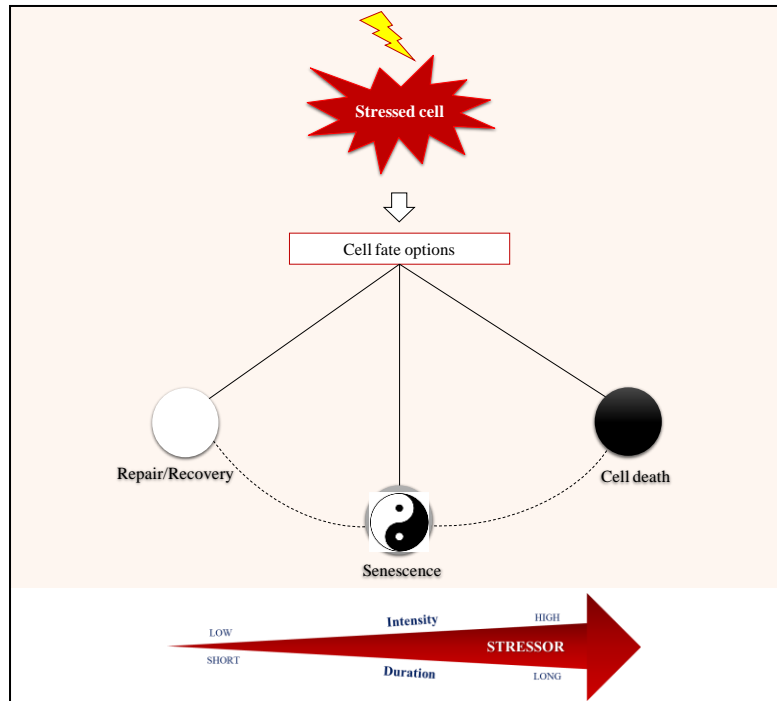
# Neutrophil extracellular traps in GCA biopsies: co-expression with inflammatory cytokines



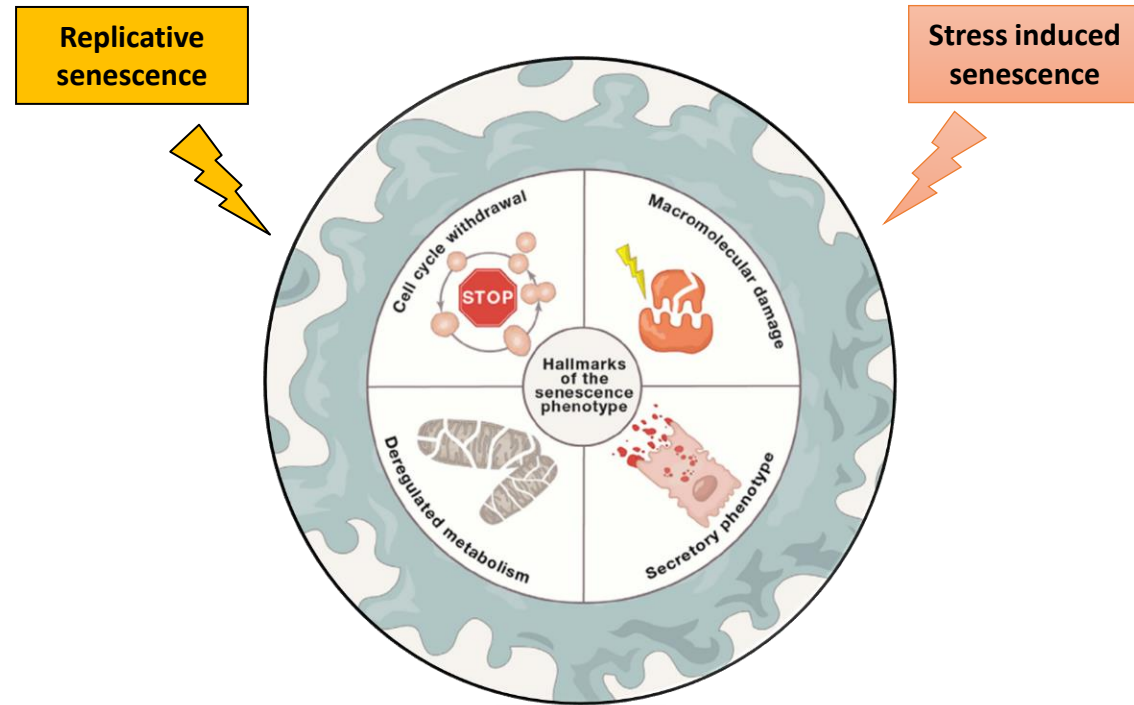
- Decoration of neutrophil extracellular traps with IL-6 and IL-17A may suggest a pro-inflammatory and/or immunoregulatory role
- IL-6 may participate actively through neutrophils in the tissue inflammatory loop



# Cellular Senescence: a stress response mechanism that preserves cellular homeostasis



Cellular senescence is a cell state triggered by stressful insults and certain physiological processes

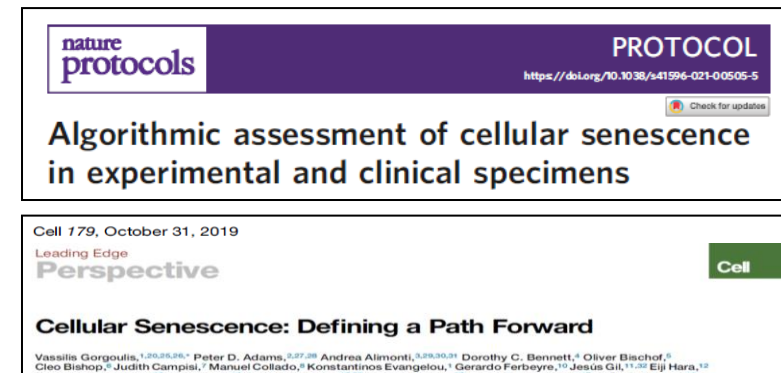
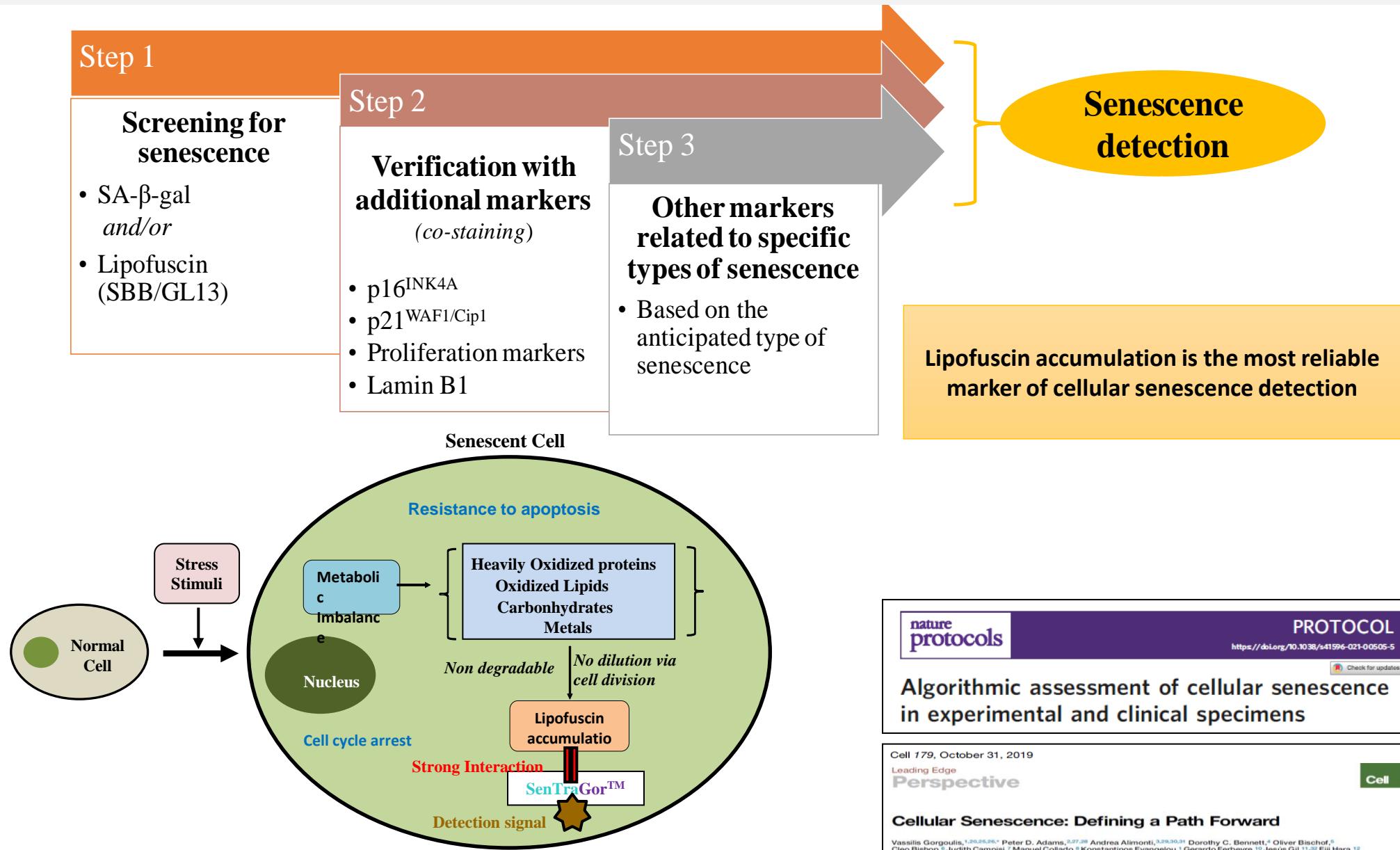


Senescent cells secrete a plethora of factors (SASP) including pro-inflammatory cytokines and chemokines, growth modulators, angiogenic factors, and matrix metalloproteinases (MMPs) (MAJOR PLAYER IN INFLAMMAGING)

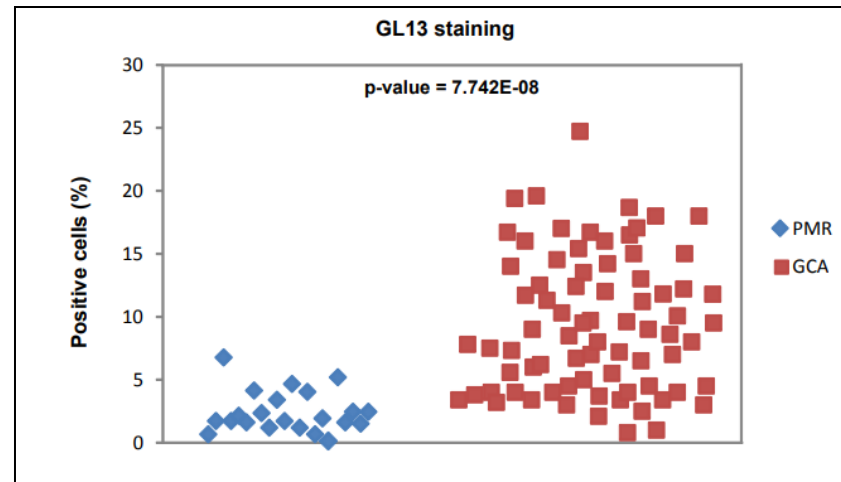
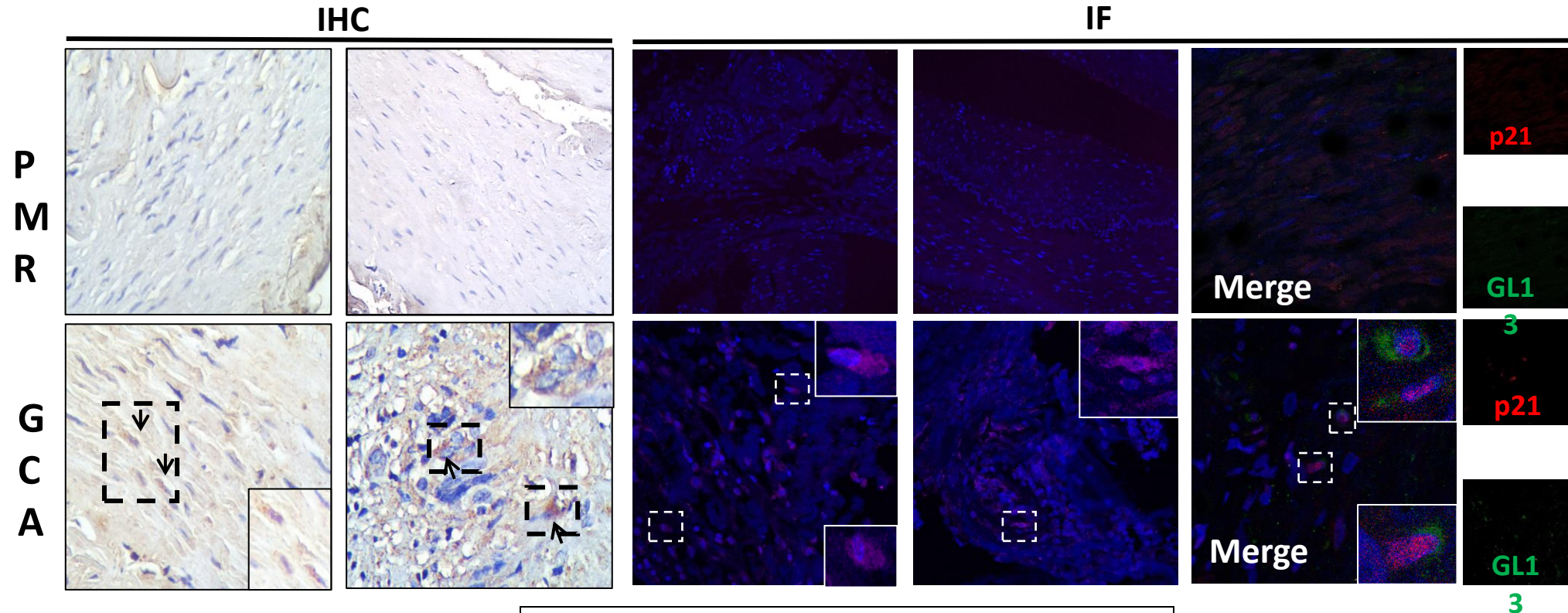
**Table 2. Senescence-Associated Secretory Phenotype (SASP) Components**

Class	Component
Interleukins	IL-6; IL-7; IL-1; IL-1b; IL-13; IL-15
Chemokines	IL-8; GRO- $\alpha$ , - $\beta$ , - $\gamma$ ; MCP-2; MCP-4; MIP-1 $\alpha$ ; MIP-3 $\alpha$ ; HCC-4; eotaxin; eotaxin-3; TECK; ENA-78; I-309; I-TAC
Other inflammatory molecules	TGF $\beta$ ; GM-CSF; G-CSF; IFN- $\gamma$ ; BLC; MIF
Growth factors; regulators	Amphiregulin; epiregulin; heregulin; EGF; bFGF; HGF; KGF (FGF7); VEGF; angiogenin; SCF; SDF-1; PIGF; NGF; IGFBP-2, -3, -4, -6, -7
Proteases and regulators	MMP-1, -3, -10, -12, -13, -14; TIMP-1; TIMP-2; PAI-1, -2; tPA; uPA; cathepsin B
Receptors; ligands	ICAM-1, -3; OPG; sTNFR1; sTNFR2; TRAIL-R3; Fas; uPAR; SGP130; EGF-R
Non-protein molecules	PGE2; nitric oxide; ROS
Insoluble factors	Fibronectin; collagens; laminin

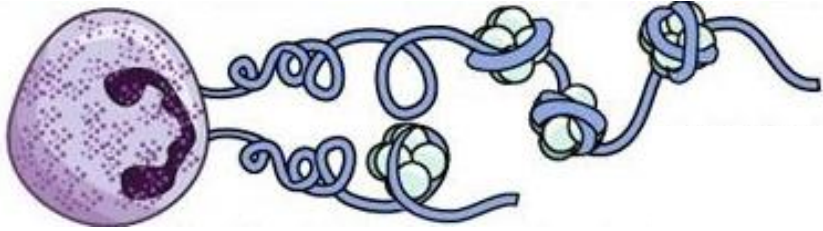
# Based on SenTraGor™ methodologies a guideline algorithmic approach for the detection of senescence is recommended (Cell 2019, Nat Protoc 2021)



# Cellular senescence detection on PMR and GCA tissues



## NETs

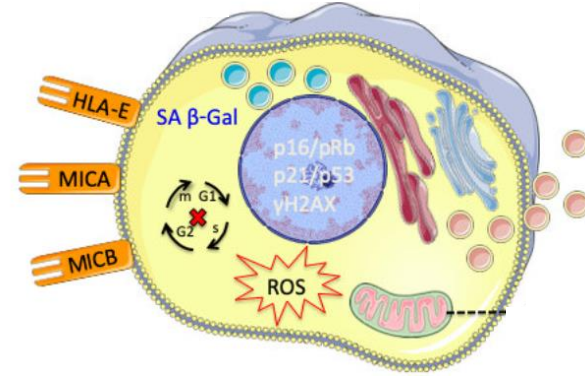


Turnover time/Clearance from tissue is unknown.  
They have been found in fibrotic lesions in NSIP  
several months after inflammatory phase.

They carry various inflammatory cytokines in a  
disease specific manner, such as IL-1 $\beta$ , IL-6, IL-17.

They are involved in tissue remodeling

## Senescent cells



They remain in tissues for prolonged periods past  
inflammatory phase.

They acquire SASP producing IL-1 $\beta$ , IL-6, matrix  
metalloproteinases etc.

They are involved in tissue remodeling

**Senescent cells can attract neutrophils and produce  
NETs through SASP, resulting in tissue remodeling**

# Summary

- ❑ GCA is a prototype disease to study acute and chronic autoinflammatory responses
- ❑ The predominant cells appear to be the activated macrophage-monocytes
- ❑ Predominant pathogenetic mechanisms involved those of the innate immunity arm
- ❑ The inflammaging through long permanent inflammatory structures seems to play a role in both relapses of the disease and remodeling



# Future directions

❑ Multidimensional approaches with a variety of data in both active and inactive forms of the disease are anticipated to provide:

A) new disease relevant biomarkers

B) stratify patients more precisely according to the endotype of the disease

C) disclose new targets for treatment

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